



Tipton Rosemark Academy

September 2019 Lunch Menu for Grades 1-12

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
The Classics	No School	Poppy Seed Chicken Turkey Breast	Chick-Fil-A Nuggets	Cheeseburger Pasta Baked Chicken	BBQ Sandwich BBQ Chicken
Sides		Mashed Potatoes, Peas Steamed Broccoli	Waffle Fries	Buttered Noodles, Green Beans, Vegetables	Roasted Potatoes Baked Beans, Baked Apples
Passport Café		Sub Sandwiches	Baked Potato Caesar Salad	Giant Pretzels	Foot long Corn Dogs Baked Potato
Grille Feature		Chicken Bacon Ranch	Chick-Fil-A Sandwich		
 Labor Day					
	9	10	11	12	13
The Classics	Creamy Italian Chicken Hamburger Steak	Crunchy or Walking Taco Chicken Enchiladas	Rebel Chicken Tenders	Chicken Spaghetti Baked Ham	Marcos Pizza Cheese, Sausage or Pepperoni
Sides	Oven Roasted Potatoes Peas, Vegetables	Fiesta Rice Corn, Refried Beans	French Fries	Mashed Potatoes Broccoli, Green Beans	
Passport Café	Cheese Nachos	Warm Cookies	Baked Potato Caesar Salad	Bosco Sticks with Marinara	Baked Potato Caesar Salad
Grille Feature	Spicy Chicken	Chicken Bacon Ranch	Chicken Sandwich		
	16	17	18	19	20
The Classics	Beef Stroganoff Chicken Teriyaki	Sweet & Sour Chicken Beef & Broccoli	Chick-Fil-A Nuggets	Herb Chicken Glazed Meatloaf	Rebel Burgers Rebel Dogs
Sides	Roasted Potatoes, Peas Glazed Carrots	Rice, Steamed Broccoli Roasted Vegetables	Waffle Fries	Mashed Potatoes, Green Beans, Vegetable Medley	French Fries
Passport Café	BBQ or Cheese Nachos	Sub Sandwich	Baked Potato Caesar Salad	Macaroni & Cheese	Boneless Wings Baked Potato
Grille Feature	Spicy Chicken	Chicken Bacon Ranch	CFA Sandwich		
	23	24	25	26	27
The Classics	Chicken Cheese & Rice Rotisserie Chicken	Soft Chicken Taco Beef Enchiladas	Rebel Chicken Tenders	Baked Lasagna Chicken Parmesan	Marcos Pizza Cheese, Sausage or Pepperoni
Sides	New Potatoes, Peas Vegetable Medley	Rice Pilaf, Corn Refried Beans	French Fries	Butter Noodles, Steamed Broccoli, Glazed Carrots	
Passport Café	Cheese Nachos	Warm Cookies	Baked Potato Caesar Salad	Baked Ravioli with Marinara	Baked Potato Caesar Salad
Grille Feature	Spicy Chicken	Chicken Bacon Ranch	Chicken Sandwich		
	30				
The Classics	Beef Ravioli w/Marinara Shrimp Jambalaya				
Sides	Sweet Potatoes Peas, Vegetable Medley				
Passport Café	Cheese Fries or Cheese Nachos				
Grille Feature					



Grab & Go Freshly-made Wraps, Hoagies, & Parfaits	 Wednesdays Baked Potatoes	Daily Grille Items Hamburgers Hot Dogs & Corndogs Pizza Sticks	Twice A Month Marcos Pizza	Contact Us Stacey Gutierrez Food Service Director 901-829-4225 www.troacademy.com
		Meal Deal 1 Entrée 2 Sides 16 oz Drink	 Chick-Fil-A Sandwiches	 Pay online and view purchases at www.mypaymentsplus.com



\$4.25

