

# Suffield High School

## Meet Your Certified Athletic Trainer

### Kelly Kenney

Head Athletic Trainer

**Kelly Kenney ATC, LAT** serves as the Head Athletic Trainer at Suffield High School since 2019. She is a 2011 alumna of Suffield High School. Kelly earned her bachelor's degree in Athletic Training and Physical Education from Westfield State University in 2015. Prior to graduating, she received her National Athletic Training Board of Certification in April of 2015. In May 2018, Kelly earned her master's degree in Athletic Training Administration from Springfield College.



Before Suffield High School, Kelly has worked at a variety of high schools and colleges including: South Windsor High School, Mount Holyoke College (South Hadley, MA), Elms College (Chicopee, MA) and most recently High School of Commerce (Springfield, MA).

Kelly also works as an injury prevention specialist through Select Physical Therapy at Cardinal Health in Chicopee, MA.

#### What is an Athletic Trainer?

"Certified ATC's are healthcare professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations and disabilities. Athletic training is recognized by the American Medical Association as a healthcare profession." -Board of Certification

#### Are they qualified?

All certified and/or licensed athletic trainers must (as of 2020) have a master's degree from an accredited college or university and pass the Board of Certification National Exam in order to practice athletic training.

#### Select Physical Therapy

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