



La Bonne Cuisine Catering
 301 West 118th Street • Suite 8b
 New York, NY 10026
 Tel. 914 • 714 • 5860



PreSchool Lunch Menu



from 12/2/19 to 12/20/19

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Monday	Tuesday	Thursday	Friday
Honey Roasted Chicken 2 Mashed Potatoes Green Peas Green Salad	Bœuf Bourguignon 3 w/ Organic Carrots and Mushrooms in Light Tomato Jus Rice Green Salad Lentil Stew	Honey Roasted Chicken 5 Mashed Potatoes and Sweet Potatoes Sautéed String Beans Green Salad Baked Fish w/ Tomato Sauce	Smoked Turkey 6 Pasta Marinara Mixed Green Salad with Tomatoes and Cucumbers Broccoli Soup
Smoked Turkey 9 Couscous Sautéed String Beans Mixed Green Salad with Tomatoes and Cucumbers	Pasta Bolognese 10 Mixed Green Salad with Tomatoes and Cucumbers Broccoli Pasta With Salmon Bolognese	Chicken Curry 12 Quinoa Broccoli Green Salad Fish Curry	Fish Tacos 13 w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro Rice Green Salad Mushroom Soup
Herb Roasted Chicken 16 Pasta String Beans Tomato & Cucumber Salad	Hachis Parmentier 17 Green Salad Organic Carrot Salad Vegetarian Nuggets	Chicken Parmigiana 19 Rice Sautéed String Beans Tomato & Cucumber Salad Ratatouille & Scrambled Eggs	Salade Niçoise 20 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Pasta Marinara Sweet Potato and Carrot Soup
23 School Closed	24 School Closed	26 School Closed	27 School Closed



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