



La Bonne Cuisine Catering
 301 West 118th Street • Suite 8b
 New York, NY 10026
 Tel. 914 • 714 • 5860



Middle School

Lunch Menu



from 12/3/19 to 12/20/19

Dessert is either a choice between a Fresh Fruits or an Organic Yogurt (or an Apple Sauce occasionally)

Tuesday	Wednesday	Thursday	Friday
Bœuf Bourguignon 3 w/ Organic Carrots and Mushrooms in Light Tomato Jus Rice Green Salad Lentil Stew	Pasta Bar 4 Pasta Sampling of Three Classical Recipes Mixed Green Salad with Tomatoes and Cucumbers Sauteed String Beans	Honey Roasted Chicken 5 Mashed Potatoes and Sweet Potatoes Sauteed String Beans Green Salad Baked Fish w/ Tomato Sauce	Smoked Turkey 6 Pasta Marinara Mixed Green Salad with Tomatoes and Cucumbers Broccoli Soup
Pasta Bolognese 10 Mixed Green Salad with Tomatoes and Cucumbers Broccoli Pasta With Salmon Bolognese	Chicken Schnitzel 11 Potatoes Green Salad Sauteed Spinach	Chicken Curry 12 Quinoa Broccoli Green Salad Fish Curry	Fish Tacos 13 w/ Fish, Red Peppers, Tomatoes, Onions and Cilantro Rice Green Salad Mushroom Soup
Hachis Parmentier 17 Green Salad Organic Carrot Salad Vegetarian Nuggets	Salad Bar 18 w/ Choice of Ham or Smoked Turkey String Bean & Tomato Salad w/ assorted vegetables w/ assorted bread	Chicken Parmigiana 19 Rice Sauteed String Beans Tomato & Cucumber Salad Ratatouille & Scrambled Eggs	Salade Niçoise 20 w/ Tuna, Eggs, Green Salad, Green Peppers, Tomatoes and Cucumbers Pasta Marinara Sweet Potato and Carrot Soup
24 School Closed	25 School Closed	26 School Closed	27 School Closed

