Lady Cougar Skills Academy

Academy Dates and Location

September 23rd, 30th October 7th, 14th, 21st 6 p.m. - 7:30 p.m.

Walk ups are welcome HOSTED BY SMNW STAFF AND PLAYERS \$30

Academy Feautures

- This camp will help improve the skills of the beginners and will challenge the advanced players.
- Basic basketball fundamentals will be stressed, with emphasis on shooting, ball handling, and individual and team defense.
- Expert instruction from current SMNW players and coaches.
- 45 minutes of skill work and over 45 minutes of scrimmaging.
- Opportunity to learn, to make new friends and to have fun!

Questions?

Coach Stewarts Skills Academies are open to any and all. Participation is limited only by capacity, age, gender, and grade. If you have any questions, contact nwcoachstew@gmail.com

Location SM Northwest Main Gym 12701W 67th St. Shawnee, KS 66216



Registration

Forms can be printed at smnwcougars.com PLEASE MARK WHICH CURRENT (19-20) GRADE YOUR DAUGHTER IS IN

| (19-20) GRADE YOUR DAUGHTER IS IN |
|-----------------------------------|
| 2nd 3rd 4th 5th 6th 7th 8th |
| STUDENT'S NAME: |
| GUARDIAN NAME(S): |
| PARENT EMAIL ADDRESS: |
| HOME ADDRESS: |
| CITY ZIP HOME PHONE:() |
| DATE OF BIRTH:// |