



2019 DE LA SALLE BASKETBALL COACHES CLINIC

Come join our De La Salle Basketball Staff in preparation for your upcoming season. We will go into detail on a variety of topics that will help all youth coaches get ready for the season ahead!

What Will We Cover?

- Skill Development- How can you help your players improve?
- Demonstrating drills for ball handling, passing, shooting, and rebounding
- Running and preparing for practice
- Offensive strategy and principles
- Defensive strategy and principles
- X's and O's – How to attack a Zone Defense
- Question and Answer Segment

Coach Justin Argenal File

- De La Salle Graduate - BVAL MVP
- Chico State Graduate – 4 Year Team Captain
- All-Time CCAA Leader in Assists and Steals
- 2010 – 2016 Collegiate Coach
- Ole Miss, The Citadel, Louisiana Tech, Southeast Missouri State, Cal State Dominguez Hills
- 2016 – Present Head Varsity Coach at De La Salle High School (78-19)
- 2017, 2019 NorCal Preps Coach of the Year
- 2017, 2019 NCS Champions
- 2019 EBAL Champions

When:
WEDNESDAY,
September 25th

Schedule:
6:15-6:30PM Check In
6:30-8:30pm Clinic
8:30-9pm Q&A

Cost:
\$25

**Open to all Youth /CYO
COACHES**

**Register online today
at De La Salle Camps
and Clinics!**

**[https://www.dlshs.org/athletics/ca
mps-clinics](https://www.dlshs.org/athletics/ca/mps-clinics)**

DE LA SALLE HIGH SCHOOL

1130 Winton Drive
Concord, CA, 94518

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