

The background of the poster is a photograph of two people in silhouette, performing a yoga or stretching pose with their arms raised and legs in a wide stance. They are positioned on a grassy bank next to a body of water, which reflects their figures. The sky is a mix of blue and orange, suggesting a sunset or sunrise. In the top left corner, there is a large white circle containing the text 'PE' in red, with 'EXPECTATIONS' in smaller red text below it.

PE

EXPECTATIONS

**NO ITEMS OF JEWELRY SHALL BE WORN DURING ANY PHYSICAL ACTIVITY;
FIT BANDS MAY BE SUITABLE IF DEEMED BY THE TEACHER**

**IF EARS HAVE RECENTLY
BEEN PIERCED
THEN STUDENTS
MUST TAPE THEM USING
MEDICAL TAPE OR
BAND-AIDS**

**STUDENTS WITH LONG HAIR MUST HAVE
IT TIED BACK FOR ALL LESSONS**

**STUDENTS ARE NOT
PERMITTED IN THE LOCKER
ROOMS WITHOUT
A TEACHER PRESENT**

**ALL STUDENTS ARE EXPECTED TO BE READY
FOR THEIR LESSONS WITHIN FIVE MINUTES
OF THE LESSON START TIME**

TEACHERS ARE NOT RESPONSIBLE FOR YOUR VALUABLES

**ALL STUDENTS
WILL BE EXPECTED TO
PHYSICALLY PARTICIPATE
IN PE LESSONS
UNLESS THE CLASS
TEACHER HAS RECEIVED
A NOTE FROM A
STUDENTS PARENTS OR A DOCTOR**

**IF A STUDENT
IS INJURED OR SICK
DURING THE SCHOOL DAY, THEY
SHOULD GET A NOTE
FROM THE SCHOOL NURSE**