

Shelton After School Activities FALL 2019
Summary Of Offerings Listed By Division as of 8/27/19

SEE FOLLOWING PAGES FOR THE DESCRIPTION OF EACH OFFERING.

Lower School (Early Childhood, Pre-Primary, 1 – 2) After School Activities:

Animal Antics, Age 5 (EC/PP) – 2	Creativity in Motion, EC-2
Art Club, Pre-Primary - 2	Lego Mania, EC-2
Broadway Bound, PP - 2	Making Movies Club, 1 - 2
Cheerleading (Jr. Chargers), 2	Martial Arts, 1 – 2
Cook-a-Book, EC – 2	Simply Wacky Science, PP - 2

SEE FOLLOWING PAGES FOR THE DETAILS OF EACH OFFERING.

Upper Elementary (3/4 & 5) After School Activities:

Animal Antics, 3 – 5	Homework & Study Skills Studio, 3-5
Art Club, 3 – 5	Life Skills, 3 - 5
Art of STEAM, 3 - 5	Makerspace, 3 - 5
Band, 4 - 5	Making Movies Club, 3 - 5
Broadway Bound, 3 - 4	Martial Arts, 3 - 5
Cheerleading (Jr. Chargers), 3/ 4, 5	Private Voice Lessons, 5 only
Cook-a-Book, 3 - 5	Shelton Singers Choir, 5 only
Drama (Let's Talk About It), 5 only	Sports Club, 3 – 5
	Video Games for Science, 3 - 5

SEE FOLLOWING PAGES FOR THE DETAILS OF EACH OFFERING.

Middle School (6, 7, 8) After School Activities:

Band, 6 - 8	Martial Arts, 6 – 8
Cheerleading (Jr. Chargers), 6 only	Private Voice Lessons, 6 - 8
Drama (Let's Talk About It) 6 with 5; 7 & 8	Shelton Singers Choir, 6 – 8
ISEE Prep Class, 8 only	Sports Club, 6 only

SEE FOLLOWING PAGES FOR THE DETAILS OF EACH OFFERING.

Upper School (9-12)After School Activities:

Band, 9 - 12
Martial Arts, 9 - 12
Private Voice Lessons, 9 – 12

ANIMAL ANTICS

Grades: age 5 (EC, PP) - 5

Each week we will visit with a new animal and find out all about it. We will look at the habitat, habits, and characteristics of each new animal friend through books, film, and hands-on experiences. The goal is to become familiar and comfortable with fun, new animals. Each week, every student will have the opportunity to hold the animal friend, and a photograph will be sent to the parents. We will visit with reptiles, amphibians, mammals, and birds. Some of the children will have the opportunity to bring their pet. An after school snack is also provided. Come have fun with some new furry, scaly, and slick animal friends this semester.

Choose: Wednesday OR Thursday, 3:30 - 4:30 pm, Room 165 and 167

When: Wednesday, Sept. 4 or Thurs. Sept. 5; ends either Wed., December 11 or Thurs., Dec. 12

Fee: \$300; payable to Susan Sutton

For more information or to register, contact ssutton@shelton.org, 972-774-1772, x 2493

ART CLUB

Grades Pre-Primary – 5

We will have fun and learn as we create interesting and diverse artworks and explore techniques, such as: painting with watercolors, acrylics, and tempura; drawing with a variety of media; sculpture; kiln-fired clay pottery; paper mache'; printmaking; sand art, and more. We will have 14 sessions, guided by Mrs. Stevens, who will share her knowledge and enthusiasm for working with these varied techniques and materials. Choose either Tuesday or Wednesday. All projects will be different than ones made in the spring. Snacks are provided. Come get creative!

Choose: Tuesday OR Wednesday, 3:30 - 4:30 pm, Room 173

When: Tuesday, Sept. 3 or Wed. Sept. 4; ends either Tues., Dec. 10 or Wed., Dec. 11

Fee: \$350 (Fee: of \$700 for both days), payable to Jennifer Stevens

Contact: Jennifer Stevens (jstevens@shelton.org) for registration form

ART OF STEAM

Grades 3 – 5

STEAM (Science, Technology, Engineering, Art, and Math) for your artsy kids! Hands-on, minds-on activities to build problem-solving skills with creativity. This class will use various art disciplines to engage students to build confidence, creativity and self-expression while learning science. Using all kinds of mediums (including recycled materials), we will create gravity art, make a kaleidoscope, as well as an exploding paint rocket! Prepare to get messy!

When: Monday, September 9 through December 9; 3:30 – 4:30 pm, Room 264

Fee: \$350, payable to Gabrielle Steinberg or Glynn Rasor

Contact: Gabrielle Steinberg (gsteinberg@shelton.org) or Glynn Rasor (grasor@shelton.org)

BAND

Grades 4 – 12

Students enrolled in the fall do not need to re-register for the spring semester. The Shelton Band is open to all 4th – 12th grade students of all experience levels. Band meets every Tuesday and Thursday afternoon on campus; some students only attend one day. Students can choose any instrument to play including flute, clarinet, saxophone, trumpet, trombone, bass guitar, and drums. To learn more, please visit: http://www.musiclearningband.com/Shelton_Band.pdf Attend our **information meeting** on Wednesday, **August 28, 6:00 pm**, Band Room 130 or contact Jerry Bishop or Ken Utz, Shelton Band Directors, at jbishop@shelton.org, kutz@shelton.org or 972-499-0831, option 6.

All bands focus on performance and both the social and educational aspects of being a member of a band and learning an instrument. *Beginner* band requires no previous experience, while *Concert* band requires at least one year of experience on your instrument. Fifth through eighth grade band members can also be a part of Middle School *Drumline*. Both ensembles will perform on campus for pep rallies, Mayfest, concerts, and other activities through the fall and spring semesters. Students are also eligible to attend the Spring Concert Tour during spring break in March. Both bands will perform in the Richardson Christmas Parade in December and at a Dallas Stars game at the AAC in March.

Meets Tuesdays and Thursdays, Room 130

When: Tuesday, September 3; ends December 12; will continue in spring semester

Beginners & Drumline meet from 3:30 to 4:15 pm. Concert Band members must be in the chaperoned study hall until 4:15. Concert Band rehearses from 4:15 – 5:00 pm.

Fee: \$399; multiple payment options depending on frequency of payment, OR \$729 for year

Payable to *Music Learning Band*.

BROADWAY BOUND!

Grades Pre-Primary, 1 – 4

Do you love to put on a show? We are going to do just that in Broadway Bound! Ms. Gonzalez and Ms. Riggs will be teaming up to direct the group in a great musical theater extravaganza!! Come join the fun!!

When: Tuesdays, September 3 through December 10; from 3:30 – 4:30 pm, Room 157

Fee: \$300, payable to Donna Gonzalez

Contact Donna Gonzalez (dgonzalez@shelton.org) if you have any questions.

CHEERLEADING – Junior Chargers

Grades 2, 3, 4

Grades 5 and 6

For athletes interested in representing Shelton School at pep rallies, sporting events, and spirit-related activities! This class is designed to enrich confidence and self-esteem while preparing athletes to lead fans with crowd responsive cheers and chants using signs, stunts, and poms. All levels are welcome to join. Practices will be held in a safe, challenging and rewarding environment enhancing motion, jump and stunt technique, as well as dance and showmanship skills.

New this year for the Junior Chargers will be the coaching from the Varsity Cheerleading Coach, Britt Mitchell, and the Varsity Chargerettes Coach, Christina Rosen. They look forward to working with our younger athletes to help grow and prepare them for their future within our Shelton Spirit Organization.

Practice schedule: (outside)

2nd through 4th grade: Wednesdays, 3:30 – 4:30 pm Starts: September 4; ends December 4

5th through 6th grade: Fridays, 2:30 – 3:30 pm Starts: September 6; ends December 6

Fees (for 2nd – 6th): \$375 per semester (includes performance fee) plus \$150 *uniform fee and bows

(*for NEW only: returning cheerleaders do not have to buy a uniform)

Fees payable to Britt Mitchell Enroll: bmitchell@shelton.org

Class size is limited; please return registration/waiver and payment promptly to secure your spot on the team.

COOK-A-BOOK

Grades EC - 5

Does your child love to watch Master Chef Junior or Kids Baking Championship? How about getting creative in the kitchen? Then this is the class for them! Each class students will prepare, cook, and eat a fun creative snack. We will also read a book that goes along with our food theme for that class.

Children love to explore and get creative with food and now they can. This class will also help develop skills including independence, life skills, following directions, and cooperation with others. They will also have the opportunity to engage in the world of children's literature building on their language skills, inferencing auditory processing, vocabulary, problem solving skills, and imagination. At the end of the semester the students will have created a recipe book full of all the recipes made during the semester to allow them to continue working on their cooking skills at home.

When: Tuesday, September 3 – Tuesday, December 10; 3:30 – 4:30 pm, Room 167

Fee: \$350, payable to Nicole Miller

Contact: nmiller@shelton.org for registration

CREATIVITY IN MOTION

Grades EC – 2

Your child is going to love our fun-filled class exploring art through music and movement! Creativity in Motion combines all three in a fun atmosphere both indoors and outdoors! This combination helps to enrich, inspire, and enable your child's sense of joy and well being, while discovering their hidden artistic vision and creative expression.

When: Tuesdays September 3 - Tuesday, December 10; 3:30 – 4:30 pm, Room 151

Fee: \$375, payable to Lisa Winkler

Contact for registration: lwinkler@shelton.org or Christina Rosen (crosen@shelton.org)

DRAMA - LET'S TALK ABOUT IT

Grades 5 & 6

Grades 7 & 8

We will incorporate creative drama and improv techniques utilizing language-based foundations. This fun and energetic drama club will include many drama games (e.g. statues, etc.) improvisational scene work and character study. Language and social thinking skills will be emphasized. Each member will get a t-shirt. Snacks will be provided.

For 5th and 6th grade:

Thursdays, September 5 – December 12; 3:45 – 4:30 pm, Room A210

For 7th and 8th grade

Tuesdays, September 3 – December 10; 3:45 – 4:30 pm, Room A210

Fee: \$350; payable to Georgana Jinks or Rachel Stock

Contact: Georgana Jinks, gjinks@shelton.org (MS Drama & Reading Specialist) OR Rachel Stock, rstock@shelton.org (MS, CCC-SLP, Speech Language Pathologist)

HOMEWORK & STUDY SKILLS STUDIO

Grades 3 – 5

Struggling to find time and a quiet, learning environment for your child to complete homework? Need an experienced teacher to teach organization and study skills that foster independence, self-control, self-confidence, and success? Whether your child needs to stay on track or soar ahead, Ms. Chen can help! The Club provides: help on Shelton campus, small group, homework assistance, academic enrichment, organizational skills, study skills, and affordable rates.

When: Choose one, two, three, four times a week, Monday through Thursday

Begins: Tuesday, September 3; ends: Thursday, December 12; 3:30 – 4:30 pm, Room 260

First class for Mondays is September 9th.

Fee: \$400 (1 x week); \$800 (2 x week); \$1,200 (3 x week); \$1,600 (4 x week)

Make checks payable to Siew Chen For registration contact: Siew Chen (schen@shelton.org)

ISEE PREP CLASS

Grade 8

Take advantage of this great opportunity to prepare your child for the ISEE standardized test if he or she plans on applying to another private school for the Fall 2020. This valuable test preparation is an intensive program consisting of eight classes, each three hours over a five-month period. The course focuses on verbal, math, and writing topics, and emphasizes test-taking strategies for completing the ISEE and any standardized test more accurately and efficiently. If you are interested in your child participating, please contact Lauren Sanders for the enrollment form. *Remember that class size is limited, so reserve your spot early!*

Class meets 9:00 am – 12:00 pm 8 Saturdays: 9/28, 10/5, 10/12, 11/2, 11/9, 12/14, 1/11, 1/18
(test dates: 1/25/20 and 2/8/20) Rooms 335 and 360

Course Cost \$775, payable to lsanders@shelton.org

For registration: Lauren Sanders (lsanders@shelton.org) or Suzanne Crawford (scrawford@shelton.org)

LEGO CLUB

Grades Early Childhood – 2

Whether your child is a beginner builder or a master builder, he or she will love this opportunity to be with others who share the same passion for Legos. Each class will consist of weekly building challenges and free-build times, giving the children an opportunity to develop and expand their creativity and imagination.

When: Thursdays, September 5 ends: December 12; 3:30 – 4:30 pm, Room 151

Fee: \$375, payable to Lisa Winkler Registration: contact Lisa Winkler lwinkler@shelton.org

LIFE SKILLS

Grades 3, 4, 5

Is your child interested in learning things that directly transfer to everyday life? Would you like to best prepare your child for the real world? Does your child enjoy hands-on activities? Life Skills is an after school club dedicated to teaching dependence in the real world. Students will learn basic kitchen skills, money management personal care, and care of their environment. Some activities will include an overview of meal planning, cutting and dicing skills, sorting and washing a variety of fabrics, ironing clothes, sewing a button, writing a check, and the difference between an ATM and a bank, etc. We look forward to building your child's practical life skills with hands-on practice as we collaborate as a group.

When: Tuesdays, September 3, ends: December 10; 3:30 – 4:30 pm, Room 253

Fee: \$350, payable to Womble or Hilbert.

For registration contact: Beth Womble (bwomble@shelton.org) or Lena Hilbert (lhilbert@shelton.org)

MAKERSPACE

Grades 3 – 5

Is your child curious, always looking for something new to discover, create, explore and make connections? Makerspace is the ultimate workshop that provides a hands-on approach to designing and creating. The jump off point will be books, but then the students will take the projects to multiple dimensions and beyond. For example, using *Welcome to Mars*, students will plan a trip to Mars and build a shelter to live in when they get there. Modeling after Nobel Peace Prize winner Wangari Maathai, students will plant tree seedlings, recycle coffee pods and mix up seed bombs, make a deterrent for birds to strike a window, use stripes of fleece to make cat toys, make a braided dog toy from tennis balls, create kindness rocks, and investigate a recipe for mummy. A new project occurs each week. Guaranteed fun and practical learning for everyone.

When: Thursday, September 5; end Thursday, December 12; 3:30 - 4:30 pm, Lower School Library

Fee: \$375, payable to Mary Drexler, enroll: mdrexler@shelton.org

MARTIALS ARTS

Shotokan Karate Do Academy
Grades 1 - 12

Jorge Decena, owner and Chief Instructor of Shotokan Karate Do Academy, is offering a Martial Arts Program on the Shelton campus. Classes will be held on Mondays and Wednesdays in the Dining Hall, except on holidays when school is closed or classes are not scheduled.

When: begins on Wednesday, September 4 and ends December 11.

Grades (1st to 2nd) will be held from 3:15 pm to 3:55 pm.

Grades (3rd to 12) will be held from 3:55 pm to 4:35 pm.

The rate is \$475 per student; there are additional fees for uniform and protective equipment.

Shotokan Karate -Do Academy (SKDA) is responsible for collecting the payments from the parents, responsible party and/or Karate students.

Use this link to registration: <https://fs8.formsite.com/MYuk27/wndqbzrtgm/index.html>

Call 817-303-6441 for questions. The payments will be collected upon registration of the students.

Students will be evaluated and promoted at the end of each semester, based on their performance, growth and development.

Shotokan Karate-Do is the main of the five major Japanese Karate styles. Characterized by its powerful, linear, evasive and controlling techniques coupled with deep strong stances which were developed to accommodate the physical statures of the practitioners. As self-defense utilizes strong punching, kicking, blocking, striking, take-downs, controlling and re-directing techniques to overcome an opponent. These techniques are developed through consistent training and study of body dynamics and pressure points. Specific breathing and timing are essential parts of this development. Repetition and mastering the basics are the keys to the success of Shotokan practitioners as it helps to create muscle memory for natural reaction and maintain an excellent level of awareness at all times.

The Karate Academy's program for children and young adults helps them develop their body dynamics, balance, coordination, and posture through consistent study of the art. They also develop important social skills through regular activities with other team members in our carefully supervised and competitive environment. Increased (maintained) self-confidence, self-esteem and focus are gradually achieved while engaging in the challenges of Karate training as our students learn self-defense. We believe in positive re-enforcement, encouraging and praising the children for academic excellence as well as for their personal development. Our Karate ranking system is consistent with the educational system and it's based on the values of setting goals and working to meet them, then setting higher goals as the students work towards their Black Belts. All students, regardless of age, gender, religion or culture are treated with respect and are taught to respect others. Patience is exercised in our program, since we understand that every student is different and has different attributes. Our students develop a sense of positive competition, fair play, discipline, dedication, determination and self-motivation that are of great value for a successful life. Studies show that, children who train in an effective martial arts program may be more focused, disciplined and get better grades. Through our positive, fun and structured training environment, children with ADD and ADHD and Dyslexia tend to increase their focus and improve their self-control.

MAKING MOVIES CLUB

Grades 1 - 5

Come make a great movie with your friends! After we choose our story, we will learn how to act for film, how to film our scenes, how to costume actors, and how to use simple lighting, green screen and special effects. At the end of the class invite friends and family for our Epic Movie Premiere! Come join us for the first time or return for more movie making fun!

When: Mondays, September 9 – December 9 3:30 – 4:30 pm, LS Drama Room 157

Fee: \$300, payable to Donna Gonzalez

Contact: Donna Gonzalez, LS Drama Teacher, dgonzalez@shelton.org for registration

PRIVATE VOICE LESSONS

Grades 5 - 12

Private voice lessons are available for students in grades 5 through 12 who seek training in good vocal technique, want to learn and perform solo music, receive performance coaching, learn and practice music reading skills, and to generally have fun singing. All styles of music including pop, Broadway, country, and classical may be included.

Fee: 30 minute (\$35) or 1 hour (\$70) increments. Timeslots available by appointment.

When: Thursday September 5 - Wednesday, December 11; choose day of the week: Monday through Friday

Contact Blair King to schedule lesson time (after school) or for any questions: bk@shelton.org

NOTE Private Voice Lessons: No supervision is available for students enrolled in private lessons before or after their scheduled lesson. Students must be picked up or leave campus at regular dismissal time and return at their lesson time. Alternately parents can enroll 5th through 8th grade students in Shelton After Care, if space is available, for an additional fee.

SHELTON SINGERS CHOIR

Grades 5 – 8

Enjoy music? Love to sing? Want to perform? Here's your chance to do both. *Shelton Singers* is an after school choir now open to all students in 5th – 8th grades. Beginners to advanced singers are welcome! Students will learn and improve verbal technique and breath management, experience a variety of musical styles and literature, and have the opportunity to work within a TEAM to reach a common goal. Fall performance opportunities include singing the national anthem at The Star, a fall concert November 7, Grandparents' Day on November 22, and more.

Rehearsals will be every Monday and Wednesday from 3:30 to 4:30, beginning Wednesday, September 4. {Monday, September 2 is a school holiday.}

Mr. King is willing to work with students who have schedule conflicts. Just call or email to discuss. One or two extra rehearsals may be scheduled around performance time. Choir t-shirt, music folder, and all music are included.

When: Monday AND Wednesday, starts: Wednesday, September 4; ends December 11;

Fee: \$350 total for the semester 3:30 – 4:30 pm, Room A210

Contact Blair King, bk@shelton.org if you have any questions or schedule issues.

SIMPLY WACKY SCIENCE

Grades Pre-Primary, 1 – 2

What would you do with a seed ball; how can you make the biggest bubble; how can you capture a rainbow in a jar; find out what pepper can do to soap; how can you create crystals; discover volcanoes; make sand slime, make a sandwich in a jar; discover how a coin gets sucked into a jar; find out how drinking with a straw doesn't always work; and much more. Each week we will have fun creating, discovering, exploring new science experiments, and projects that perk your imagination. Remember science isn't always pretty, and sometimes it doesn't work the way it was planned.

When: Mondays, September 9 - December 9, 3:30 – 4:30 pm, LS Library

Fee: \$375, payable to Mary Drexler; enroll: Mary Drexler (mdrexler@shelton.org)

SPORTS CLUB

Grades 3 - 6

We will meet after school on Mondays to play an organized sport. Throughout the semester we will play a number of different sports, some team oriented and others more individually oriented. There will be a strong emphasis on sportsmanship and playing as a team rather than as an individual. The vision of the club is to offer a time students can come together to have fun playing sports under the guidance of Coach Riemer. The club is not an organized team that will play other schools or teams and is not meant to train your child to be an elite athlete. Students will get basic instruction on sports and everyone, no matter their skill level, will be part of the game. If you love sports and love being active, come join Coach Riemer's Sports Club.

When: Mondays Starts Monday, September 9; ends December 9; Time: 3:30–4:30 pm

Fee: \$375 per student for the semester.

Make checks payable to Will Riemer and return to his room, Room 271 or Division office.

Where: We will play sports at the Upper Elementary recess area, at the corner of Hillcrest & Arapaho.

Contact Will Riemer at 214-870-4252 or at wriemer@shelton.org for sign-up form.

Students will meet in Mr. Riemer's Room 271 to drop off backpack and will be allowed to change if they bring clothes to play in. Students will be picked up at 4:30, at the Hillcrest Rd. entrance.

VIDEO GAMES FOR SCIENCE

Grades 3 – 5

The teacher will demonstrate games and guide the students to choose from over *1000 Legends of Learning* video games that teach science based on the *NGSS science standards*. These games will reinforce and expand upon curriculum-based topics they have covered in class (or have a special interest in). Research shows students who played games as part of their regular curriculum were significantly more engaged, and outperformed their peers on both factual knowledge and depth of knowledge. Our goals will be to learn and have fun. A snack will be provided at the beginning of class. Food and drink will not be allowed once the computers are in use.

When: Tuesday, September 3; ends December 10; 3:30 – 4:30 pm, Room 165

Fee: \$285, payable to Leigh Taylor

Contact to enroll: Leigh Taylor, ltaylor@shelton.org