

FEARLESS MARRIAGE™



Successful Relationships



Successful Lives

A four-week program for couples who want to enhance their relationship!



LEARN TO:

- ◆ Replace communication danger signs with proactive strategies for respectful talking and listening.
- ◆ Explore sharing fun and satisfying needs by working as a team to nurture and support each other.
- ◆ Practice managing stress and reducing the negative effects of stress on a relationship.
- ◆ Recognizing and communicating issues and expectations, including planning for the future.



Start Dates: Thursday, September 19—Doxey Elementary
Thursday, November 7—Heritage Elementary
Thursday, January 9—Kaysville Elementary
Thursday, February 6—Knowlton Elementary
Thursday, March 5—Lincoln Elementary
Thursday, April 9—Orchard Elementary
Thursday, May 7—Windridge Elementary

Time: 5:30 to 8:00 (Dinner provided)

To Register: Contact Angie Smith 801-773-7060 ext. 502 OR online at www.dbhprevention.org

DAVIS

BEHAVIORAL HEALTH



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