

Physical Education/Sport Independent Study

St. Mary's Academy offers a physical education/sport independent study option for those students who participate in an activity that is not offered through the athletics program during the fall, winter, or spring season.

Examples of independent study requests: equestrienne, martial arts, ice skating, gymnastics, etc.

The following sports are offered at St. Mary's Academy and an independent study credit is not allowed.

- Fall: Field Hockey, Volleyball, Cross Country, Softball
- Winter: Basketball, Swim and Dive, Dance (some dance programs will qualify for independent study)
- Spring: Golf, Tennis, Soccer, Lacrosse, Track and Field

PE/Sport credit received: 0.5

PE/Sport credits needed to graduate: 2 total (0.5 credit each school year)

Process for obtaining independent study approval and credit:

1. Complete the PE/Sport independent study proposal form and submit to the athletics director.
2. Obtain activity approval by the athletics director on the PE/Sport independent study proposal form.
3. Submit tracking log and evaluation form that has been signed by your instructor to the athletics director before the end of the school year. You must have at least 72 hours with an instructor in order to receive credit.
4. Athletics director will sign tracking log and evaluation form and return to you.
5. Athletics director will add 0.5 credit to student transcript.

Athletics Director: Dr. Kelli Logan (office located in HS)

Email: klogan@smanet.org

Phone: 303-762-8300 ext 310

PE/SPORT INDEPENDENT STUDY PROPOSAL FORM

Student Name: _____ Grade: _____ Date: _____

Independent study activity (include name of gym, organization, etc.)

Description of activity

Instructor Contact Information

Name of instructor monitoring activity: _____

Email address of instructor: _____

Phone number of instructor: _____

Acknowledgement Statement

I acknowledge that I am required to track and log the individual date and hours of the approved activity, totaling a minimum of 72 hours during the 2018-2019 school year on the tracking log and evaluation form. My instructor is required to sign and date my tracking log and evaluation form verifying I have completed at least 72 hours of the approved activity.

Student and Parent Signatures

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Athletics Director Approval

Approved: _____ Not Approved: _____

Athletic Director Signature: _____ Date: _____

Name: _____ Grade: _____ Activity: _____ Date: _____

Instructor Name: _____

Total Hours Completed: _____

Instructor signature verifying at least 72 hours completed: _____

Date: _____

Athletics Director Approval: _____
Date: _____

[illegible]

[illegible]

[illegible]

[illegible]