



ADULTS WITH COGNITIVE DISABILITIES PROGRAMS

*We had
summer fun
in the
summer sun!*



A Community Education Program supported by the North St. Paul-Maplewood-Oakdale, South Washington County, Roseville, White Bear Lake and Mahtomedi School districts.

Daily Opportunity



Indoor Walking

Walk the hallways of Skyview Community School and/or John Glenn Middle School and forget the worries of inclement weather. Walk Monday through Thursday from

6:30–8:30 pm and 9–11:30 am on most Saturdays. After you register, you will be sent a Walking Club Card and a list of dates the buildings are not available. The \$15 fee is for unlimited walking October 2019 through March 2020.

CBNE1	Mon–Thurs	6:30–8:30 pm
\$15	Sat	9:00–11:30 am

October 2019–March 2020
 Skyview, 1100 Heron Ave N, Oakdale, 55128
 John Glenn, 1560 E County Road B, Maplewood, 55109

Volunteer Opportunity

SoWashCo CARES Volunteer Opportunity Night

Enjoy the satisfaction that comes from volunteering! This one evening event is designed to bring the community in to pack boxes of food that will be distributed to families. Your “job” will be to help give out the contents of the boxes (food pantry items) as the families walk by your table. The boxes that are assembled will then be given to families in need. This fun event is sponsored by SoWashCo CARES.

CBSV2	Nov 19	
Free	1 session	5:00–7:00 pm

Oltman Middle School
 6625 Goodview Ave S, Cottage Grove, 55016

Sundays

Fall Riverboat Cruise

Join your friends from around the state for a two-hour narrated cruise of the Mississippi River. The Anson Northrup Paddleboat will depart from Harriet Island located across the river from downtown St. Paul. Travel up the river through the wooded Great River National Park to Fort Snelling. Fall color viewing should be spectacular! The Mississippi River has a tremendous history that all Minnesotans should encounter. Come and enjoy an afternoon on the “Ol’ Miss!”



A box lunch with a turkey sandwich wedge, chips, apple, cookie and beverage is included. A vegetarian and gluten free option is available. Please indicate if you need the vegetarian or gluten free option when registering. Meet Kathy Ader at the Paddleford Riverboats Dock on Harriet Island between 10:30–10:45 am.

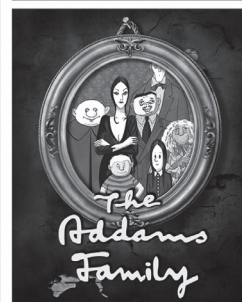
CBNT1 Oct 6 Register by Sep 24, No refunds after this date
 \$30 (\$30 Staff) Boarding begins at 10:30 am, Cruise leaves the Dock at 11:00 am **SHARP**, and returns to dock at 1:00 pm
 Paddleford Riverboats Dock on Harriet Island
 Directions can be found on the website <https://www.riverrides.com/pages/misc/mappl.html>

Addams Family No Online Registration

The Addams Family is sure to make you laugh as you watch the wackiness in this unusual family. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family – not what her father had in mind. Everything will change for the whole family on the fateful night that they host a dinner for Wednesday’s “normal” boyfriend and his parents. Stay afterward to get a close-up look at the set and meet the cast! Arrive by 1:45 pm to get your tickets from Judy Ptacek. Play runs approximately 2 hours.

Judy Ptacek
 CBSSE3 Nov 17
 \$10 (\$10 Staff) 1 session 1:45–4:30 pm
 Woodbury High School Theater
 2665 Woodlane Dr, Woodbury, 55125

PLAYBILL



Mondays

Line Dance: Thriller

Halloween is “creeping” up and it isn’t just for kids anymore! Get into the “spirit” with this fun line dance version of a dance that still inspires us all! No partner needed for “thrilling” night of fun! *Monica Mohn*

CBWR1 Oct 7
\$10 1 session 6:00–7:00 pm
WBL High School South Campus, Cafe
3551 McKnight Rd, White Bear Lake, 55110
Enter thru Door A

Pumpkin Painting

Get in the Halloween spirit! Listen to haunting Halloween music while painting one small and one medium pumpkin. Will yours be a spooky ghoul or a royal princess? If you have Halloween music, please bring it. *Renee Turner*



CBRC1 Oct 14
\$12 1 session 6:00–8:00 pm
Fairview Community Center, 103
1910 W County Rd B, Roseville, 55113

Bingo and Pizza Costume Party

Join your friends for pizza and bingo and wear your costumes. Prizes for most original, funniest and of course the scariest costumes. You will receive 2 pieces of pizza, a drink, and veggies. *Renee Turner*

CBRR1 Oct 28
\$12 (Staff \$5) 1 session 6:00–8:00 pm
Fairview Community Center, Great Rm
1910 W County Rd B, Roseville, 55113



CB Challenge

Enjoy an evening of lighthearted competition Community Bridge style! Some challenges will be individual and for others you will work as a team to finish first. Individual immunity or trial council are not at stake in this challenge sequence, just some good old fashioned party games each guaranteed to make you laugh more than the previous.

Cheryl Gysbers and Ron Sushak

CBNR1 Nov 11
\$8 1 session 6:30–8:00 pm
Gladstone, Gym
1945 Manton St, Maplewood, 55109

Holiday Kazoo and Rhythm Band

Bring down the roof at Gladstone with your musical tribute to the season using cymbals, tambourines, drums, kazoos, windpipes and more. All that is missing is you the music maker! *Karen Hillmann*

CBNM1 Dec 9
\$8 1 session 6:30–7:45 pm
Gladstone, Gym
1945 Manton St, Maplewood, 55109

Open Gym, Movies and Crafts Formerly VFW Flyers

New name! New location! Laughs and fun guaranteed!
Join your friends or make new friends and enjoy an evening of crafts, games and much more.

Monday Evenings, Beginning Oct 7 6:00–7:30 pm

\$5 per night or purchase a punch card for \$40

The punch card contains 10 punches and may be used for individuals of the entire group home

Drop-in, pay at the door: No pre-registration necessary

**White Bear Lake Area Learning Center, Gym
2449 Orchard Lane, White Bear Lake, 55110**

Closed on the following dates: 12/23, 12/30, 1/20, 2/17, 5/25

Mondays Continued

Holiday Ornaments

Listen to holiday music as you make festive ornaments. If you have a favorite holiday CD please bring it. *Renee Turner*

CBRC2 Dec 16
\$12 1 session 6:00–8:00 pm
Fairview Community Center, 105
1910 W County Rd B, Roseville, 55113



Name that Tune

Karen Hillmann will try her best to stump you during this Community Bridge favorite activity! Be the first to guess the title of a popular or not so popular song and win a prize. *Karen Hillmann*

CBNM2 Jan 6
\$8 1 session 6:30–7:45 pm
Gladstone, Gym
1945 Manton St. Maplewood, 55109

Net Games

Not the inter“net”, just some good old fashioned gym games that include a net. Rotate through a circuit of games with a Community Bridge twist including volley-beach-ball, paddleminton, dunking hoops, floor ball, and more.

Cheryl Gysbers and Ron Sushak

CBNR2 Jan 27
\$8 1 session 6:30–8:00 pm
Gladstone, Gym
1945 Manton St. Maplewood 55109

Tuesdays

How to Connect With Your Community

What is community involvement and why is it important? Learn what it means to volunteer so you can make a difference in the world. Engage in meaningful discussions with others as Tiffany Ostrom from the Metropolitan Center for Independent Living (MCIL) helps you explore topics like how to become a better community leader, advocate for yourself, and find the perfect volunteer position that suits your interests and abilities. This four-session course is FREE and open to individuals aged 18+ with disabilities who are eager to make an impact in their community. Receive the tools needed to become a dynamic volunteer! *Tiffany Ostrom*

CBSV1 Oct 1–29, no class Oct 15
Free 4 sessions 6:00–7:30 pm
East Ridge High School, 1014 Blue
4200 Pioneer Drive, Woodbury, 55125



Hayride and Tour at Afton Apple Orchard

Take a fun hayride through the apple orchard and to the pumpkin patch! You'll pick 2 apples and be able to choose your own small pumpkin, plus sample apple cider. On this private tour, you will learn how to pick apples, why bees are important, and what the orchard staff does to protect their trees. Dress for the weather. This tour is not wheelchair accessible. Meet Judy Ptacek at the orchard.

Judy Ptacek

CBSSE1 Oct 15
\$12 (\$12 Staff) 1 session 6:00–7:00 pm
Afton Apple Orchard
14421 S. 90th St, Hastings, 55033

Be a Barista for a Night! Behind the Scenes at a Coffee Bar

Join our Senior Center Coffee Bar Barista, Jodi Olson, as she gives you a behind-the-scenes look at how she serves up specialty coffee drinks. You'll practice greeting “customers” (your fellow classmates), taking a drink order, and making a fancy soda or coffee drink. In addition, you'll learn helpful customer service tips and participate in a few get-to-know-you games while you enjoy the drink of your choice! Staff will need to pay for a beverage if they purchase one. (Participant's drink is included.) *Jodi Olson*

CBSF1 Nov 12
\$5 1 session 6:15–7:30 pm
District Program Center, Sr Dining
8400 East Point Douglas Rd S, Cottage Grove, 55016



Tuesdays Continued

POUND: Rockout Workout

Find your inner rock star with this heart-pounding, cardio jam! Using lightly-weighted drumsticks, the class is guided by upbeat music and literally thousands of stick strikes to the ground and overhead! Get ready to sweat, tone and more importantly rock out to POUND! *Sara Monson*

CBSE2 Nov 12–Dec 3,
\$20 4 sessions 6:15–7:00 pm
Woodbury Elementary Cafeteria

No Bake Holiday Sweets

When visions of “sugar plums” dance in your head, it is time for Holiday Sweets! Come shape, trim and decorate festive cookies and candies. *Cheryl Gysbers*

CBNF1 Dec 3
\$10 1 session 6:30–8:00 pm
Gladstone, 107A
1945 Manton St Maplewood, 55109



No Sew Hat

Make a great winter hat without sewing a stitch! All you need are your two hands! *Michelle Hubbard*

CBWA3 Dec 10
\$10 1 session 6:00–7:30 pm
WBL Learning Center, 106
2449 Orchard Lane, White Bear Lake, 55110



Tour a Craft Soda Factory

Get the full Northern Soda experience! Participate in the operation of this new soda factory by mixing ingredients plus see and assist on the canning and packing lines. On the business side of the operation, you get to create a commercial for a soda flavor and work quality control by sampling the soda, but also by locating the “bad” cans in the canning area. The best is yet to come—hanging out with a can of this 1950’s style craft soda and popcorn playing board games or just visiting. Cost includes one can of soda and samples of as many flavors as you want. If you wish, you may purchase cans of your favorite flavors so feel free to bring additional money. **Tour starts promptly at 6:30 pm so please don’t come late.**

Cheryl Gysbers

CBNT2 Nov 26, 1 session, 6:30–8:00 pm,
\$15 (\$15 Staff) Northern Soda Company, 3747 Dunlap St N, Arden Hills MN 55112

Wednesdays

Pumpkin Jar

Why carve a pumpkin with all that mess when you can paint one! Enjoy painting your own glass jar pumpkin that you can use for years to come. Plus this pumpkin can hold your candy!

CBWA1 Oct 9
\$12 1 session 6:00–7:30 pm
WBL Learning Center, 106
2449 Orchard Lane, White Bear Lake, 55110



“Thriller” Line Dance

Halloween is just around the corner and it’s time for the “Zombies” to come out to dance! If you are thrilled by the moves in this classic Michael Jackson song, then join in!

Monica Mohn

CBSR6 Oct 30
\$10 1 session 6:30–7:30 pm
Woodbury Elementary, Gym 1
1251 School Drive, Woodbury, 55125

Wednesdays Continued

The WOW Factor! Behind the Scenes of the Learning Jet

Look up and wonder. How do airplanes fly? What makes them work? How do the pilots know where to go? Can I catch a cloud in this Mason jar if I hold it out the window? Get the answers to your questions and prepare to be amazed. View a short aviation presentation, enjoy a fun hands-on activity, and sit in the Pilot's seat. The Learning Jet is an actual Boeing 727 Jet that is located at the downtown St. Paul Airport! Meet Gretchen Carlson at The Learning Jet. (Note: you must be able to walk up 12 steps to get to the inside of the plane.) *Gretchen Carlson and Learning Jet staff*

CBSSE2 Oct 30, 1 session, 6:00–8:00 pm

\$12 The Learning Jet, 770A Bayfield, St. Paul, 55107



Pine Cone Flowers

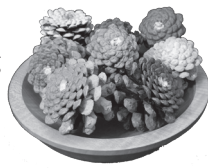
Create a beautiful fall flowers by painting pine cones. *Michelle Hubbard*

CBWA2 Nov 20

\$10 1 session 6:00–7:30 pm

WBL Learning Center, 106

2449 Orchard Lane, White Bear Lake, 55110



Art Night

Create your one of a kind masterpiece. You will be provided a canvas and an assortment of materials to use in your creation. A new paper sculpture build-up on canvas will be demonstrated. Listen to some classical music as you create. *Renee Turner*

CBRA1 Nov 20

\$12 1 session 6:00–8:00 pm

Fairview Community Center, 105

Line Dance: Can't Stop the Feeling

A fun hour of dance-dance-dance-dancing to Justin Timberlake's energetic song; a catchy tune with great moves! *Monica Mohn*

CBWR2 Dec 11

\$10 1 session 6:00–7:00 pm

WBL High School South Campus, Cafe

3551 McKnight Rd, White Bear Lake, 55110

Enter using Door A

New Year's Pizza and Bingo

Ring in the New Year while playing pizza and bingo. You will receive 2 pieces of pizza, a drink and veggies.

Renee Turner

CBRR4 Jan 8

\$12 (\$5 Staff) 1 session 6:00–8:00 pm

Fairview Community Center, 108

1910 W County Rd B, Roseville, 55113

Line Dance: Uptown Funk

Grab some friends and enjoy an hour of fun, "funky" moves to the energetic Bruno Mars' song that will have you dancing the night away! *Monica Mohn*

CBWR3 Jan 15

\$10 1 session 6:00–7:00 pm

WBL High School South Campus, Cafe

3551 McKnight Rd, White Bear Lake, 55110

Enter using Door A

Birch Tree Painting

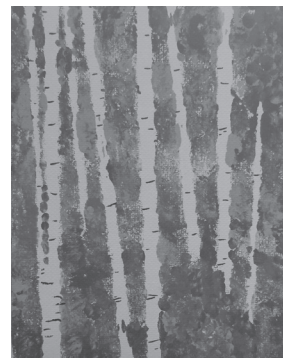
Paint a summer birch tree scene using cotton balls and markers instead of a brush. *Michelle Hubbard*

CBWA4 Jan 22

\$12 1 session 6:00–7:30 pm

WBL Learning Center, 106

2449 Orchard Lane, White Bear Lake, 55110



Turkey Bingo

Calling all Turkeys! This may be your last party before that special Thanksgiving meal. Gobble Gobble, of course, non turkeys can sign up too! While you won't win a real turkey, but you will have lots of fun and laughs. *Renee Turner*

CBRR2 Nov 27

\$9 1 session 6:00–8:00 pm

Fairview Community Center, Great Room

1910 W County Rd B, Roseville, 55113

Thursdays

Moving and Grooving "Rocky" Style!

Want to try something completely different? Being healthy takes work but that doesn't mean it can't be fun! Certified trainer Nick Boyer will have you stretching and moving in creative ways that will make the time fly. Meet new friends, play relay games, discuss healthy choices, and even put on boxing gloves. Get your Rocky groove going in this focused yet playful way to burn calories. All fitness and mobility levels will benefit. *Nick Boyer*

CBSE1 Oct 10–Nov 21, No class Oct 31
\$30 6 sessions 6:15–7:15 pm
Royal Oaks Elementary Cafeteria
7335 Steepleview Rd, Woodbury 55125

Cupcakes and Canvas

Learn how to paint by understanding the essentials including brush strokes, color mixing, blending and more. Your painting will be done using acrylic paints on a 9x12 inch canvas board. Guess what you will paint? A colorful cupcake, of course! There will also be cupcakes for snacking, donated by Kowalski's Market in Woodbury. *Deborah VanDoren*

CBSA1 Oct 17
\$18 1 session 6:00–8:00 pm
East Ridge High School, 1039
4200 Pioneer Drive, Woodbury, 55125



Let's Go Bowling!

Enjoy a memorable evening of bowling and pizza. Bowl 2-3 games, depending on time and end by 8:00 pm. Four people will be assigned per lane. One pitcher of soda and one pizza per lane. Start dreaming of those spares and strikes! If caregivers will be eating, they should register separately at a \$5 price. *Judy Ptacek*

CBSR1A Oct 17
\$16 (\$5 Staff) 1 session 6:00–8:00 pm
Park Grove Bowl, St. Paul Park
1020 Hastings Ave, St. Paul Park, 55071

CBSR1B Nov 14
\$16 (\$5 Staff) 1 session 6:00–8:00 pm
Park Grove Bowl, St. Paul Park
1020 Hastings Ave, St. Paul Park, 55071

CBSR1C Dec 5
\$16 (\$5 Staff) 1 session 6:00–8:00 pm
Park Grove Bowl, St. Paul Park
1020 Hastings Ave, St. Paul Park, 55071

All About Dogs

Do you love dogs? Do you like to try new things? Come and learn all about dogs in this fun class taught by an experienced educator and her therapy-trained education dog. Investigate the canine species through a variety of fun games, educational activities, and dog crafts. Build confidence and social skills, while exploring the canine species and practice dog safety skills. Plus, you'll get to spend time with Reggie, the instructor's large and loveable Australian Labradoodle! *Melissa Shamblott*

CBSR5 Dec 12
\$9 1 session 6:45–8:00 pm
Bailey Elementary, 181
4125 Woodlane Dr, Woodbury 55129

Holiday Bingo

Play bingo and win fun prizes, maybe even a gift for someone special. *Renee Turner*

CBRR3 Dec 19
\$9 1 session 6:00–8:00 pm
Fairview Community Center, Great Rm
1910 W County Rd B, Roseville, 55113



Thursdays Continued

Frosty the Sock Snowman

Create a jolly happy soul with a pipe cleaner nose and eyes made from buttons, not coal. You laugh and say "My Frosty the snowman won't melt away!" *Cheryl Gysbers*

CBNC1 Jan 9
\$10 1 session 6:30–8:00 pm
Gladstone, 107A
1945 Manton St, Maplewood, 55109



Snowman Carnival

Have fun with all things SNOWMAN. You will play games, do crafts and eat snacks. *Renee Turner*

CBRR5 Jan 23
\$12 1 session 6:00–8:00 pm
Fairview Community Center, Great Room
1910 W County Rd B, Roseville, 55113

Fridays

Friday Night Pizza & Games

Enjoy a quiet evening of pizza, crafts, and games. There will be a variety of activities that you can do at your own pace. If you have a favorite game or music you'd like to play, bring it along! Staff fee: \$5 is for pizza. *Judy Ptacek*

CBSR2A Oct 11
\$9 (Staff \$5) 1 session 6:30–8:30 pm
Middleton Elementary, Cafeteria
9105 Lake Road, Woodbury 55125

CBSR2B Dec 13
\$9 (Staff \$5) 1 session 6:30–8:30 pm
Middleton Elementary, Cafeteria
9105 Lake Road, Woodbury 55125

Fridays Continued

Friday Night Dance

Enjoy a fun evening of dancing to the music you love.

Tricia Wood

CBSR7A Oct 4
\$10 1 session 6:30–8:00 pm
Lake Middle School, Cafeteria
3133 Pioneer Drive, Woodbury, 55125

CBSR7B Nov 15
\$10 1 session 6:30–8:00 pm
Cottage Grove Middle School, Cafeteria
9775 Indian Blvd S, Cottage Grove, 55016

Halloween Costume Dance

Costumed dancers, music and more will abound at the Gladstone Gym on this haunted October eve. Costumes are encouraged and fun is guaranteed! *Tricia Wood*,

CBNSE1 Oct 25
\$10 1 session 6:30–8:00 pm
Gladstone, Gym
1945 Manton St, Maplewood, 55109

Friday Night Fun and Pizza with Friends!

Get ready to laugh and meet up with old and new friends! Start with a group ice breaker activity then play games and dance. There will even be an open mic for you to share your favorite jokes! Staff fee: \$5 is for pizza. *Judy Ptacek*

CBSR4 Nov 8
\$9 (Staff \$5) 1 session 6:30–8:30 pm
Middleton Elementary, Cafeteria
9105 Lake Road, Woodbury 55125

Bingo and Pizza Party - Cottage Grove

Join your friends and have fun playing B-I-N-G-O! Win prizes and enjoy a delicious pizza dinner. *Sandy Diegnau*

CBSR3 Nov 22
\$12 (Staff \$5) 1 session 6:30–8:00 pm
District 833 Program Center, Sr Dining
8400 East Point Douglas Rd S,
Cottage Grove, 55016

December Snow Ball

When it snows, it is thrilling, though your nose gets a chilling. To frolic and prance, now is your chance to dance in a winter wonderland. *Tricia Wood*

CBNSE2 Dec 6
\$10 1 session 6:30–8:00 pm
Gladstone, Gym
1945 Manton St, Maplewood, 55109

Saturdays

Food With Friends

Let's go out to eat! Visit local restaurants with others for plenty of laughter, talking and great food. Choose what you want to eat off the menu, meals vary in cost from \$7-\$17. Bring money as you will be paying for your own meal, beverage, tax, and tip at the restaurant. Please note that there is a registration deadline for each Food with Friends date. The table reservations will be under the name *Community Bridge*. Please arrive 15 minutes early to get settled and view the menu. *Faith Hagestuen*

CBWR4A Oct 5, Register by Sept 28
\$5 1 session 5:00–7:00 pm
Jimmy's Food & Drink
1132 County Rd E East,
Vadnais Heights, 55110

CBWR4B Nov 2, Register by Oct 26)
\$5 1 session 5:00–7:00 pm
Old Chicago
2100 Snelling Ave N, Roseville, 55113

CBWR4C Dec 7, Register by Nov 30
\$5 1 session 5:00–7:00 pm
Olive Garden
1749 Beam Ave, Maplewood, 55109

CBWR4D Jan 4, Register by Dec 28
\$5 1 session 5:00–7:00 pm
Applebee's
1018 Meadowlands Dr.
Vadnais Heights, 55127

PLAYBILL



Monty Python's Spamalot No Online Registration

This merry musical comedy finds King Arthur and his misfit Knights of the Roundtable on a laugh-filled quest for the Holy Grail that includes flying cows. You will laugh until your sides hurt during this silly production. Meet Kathy Ader in the North High School lobby between 1:30 – 1:45 pm to get your tickets.

The performance starts promptly at 2 pm. *Kathy Ader*

CBNSE3 Nov 9
\$10 (\$10 Staff) 1 session 1:30–4:00 pm
North High School, Lobby
2416 E 11th Ave, North St Paul, 55109

Sunfish Lake Park Adventure

Join Kerri Kolstad from Wahoo! Adventures on this



exploration of Sunfish Lake Park. Visit the new Sally Manzara Interpretive Nature Center and listen to a presentation by the naturalist.

Take an invigorating hike along the grass trails of the park. End your experience with a roasted hotdog and s'more lunch. Staff \$5 for lunch *Kerri Kolstad*

CBNR3 Oct 5
\$10 (\$5 Staff) 1 session 10:00–12:30 pm
Sunfish Lake Park, Lake Elmo
3554 Kelvin Ave. N, Lake Elmo, 55042

Your Donations are Needed and Appreciated

Consider making a tax deductible donation to the Community Bridge Consortium to support the costs associated with running the Community Bridge—brochure printing and postage, reduced fees, special events, and transportation. We can also use white elephant items for activity prizes. Please make checks payable to and send to: Community Bridge, 1945 Manton Street, Maplewood, MN 55109



Community Bridge Consortium Guidelines for Participation

Community Bridge Consortium classes and activities are customized for adults with cognitive disabilities. Reasonable accommodations will be provided to ensure an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Preregistration is required for all classes, activities and trips. No walk-ins will be accepted except for Open gym, Games and More. This includes dances.
2. You will be notified if classes, trips or activities are cancelled. Plan to attend unless you are notified of cancellation.
3. Participants must be accompanied to the classroom. The instructor/facilitator is in the classroom no earlier than 15 minutes before class starts. Be prompt in picking up participants following a class or trip.
4. A care provider must attend if medication needs to be administered during event.
5. Participants who require one to one personal attention for physical and/or behavioral issues must be accompanied and supervised in classes and on trips by a primary care giver.
6. If more than 3 people are registering from same address, a care provider should attend the class or trip and supervise the participants.
7. If a behavioral incident occurs, a primary care giver may be required to accompany the participant to all future classes and trips.
8. Cancellations - See below
9. Refunds - See below
10. All Community Bridge activities are school sponsored, so there is no smoking or drinking.
11. Transportation to and from the class/activity is the responsibility of the participant or care provider.

Cancellations

- Cancellations must be made at least one week before the start of the class or by the registration date indicated.
- The cost of supplies or tickets that have been purchased or committed to are non-refundable regardless of cancellations date.

Refunds

- A check refund will be issued for classes/activities that cost \$10 or more or if multiple classes are refunded at once.
- A refund voucher will be issued for classes that cost less than \$10.
- Payments made by credit card—a refund will be made to the card.
- Refunds or vouchers cannot be given after the start of a class; or for missed/forgotten classes.

Safety Disclaimer

There is an inherent risk of accident and injury in any activity. It is the responsibility of the participant to be aware that there are assumed risks in participation. Community /Bridge member school districts assumes no responsibility for injuries received during activities. Any changes in participants' activity level should be done under approval and directions of their physician and/or health care provider(s).

Closing Due to Weather

In case of bad weather, you will be notified if your class or activity is cancelled. You may also tune in to local media—broadcast, print and online for information on school closures, or check the district website at www.isd622.org for the most current updates. Classes are not held when schools are closed due to the weather.

COMMUNITY BRIDGE REGISTRATION - PARTICIPANT FORM

Name _____ Day Phone _____ Evening Phone _____

Address _____ City _____ Zip _____

Group Home Name _____ Contact Person _____ Phone _____

Group Home E-Mail _____

Class #	Class Name	Location	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Wheelchair/Mobility Access _____ Requires one-to-one assistance? _____

List any medical, seizure, behavioral, diet or other condition the instructor needs to be aware of: _____

Checks payable to Community Bridge. Mail: Community Bridge 1945 Manton St, Maplewood, MN 55109

or charge Visa / MasterCard _____ Exp _____ Total Charge \$ _____

Signature _____ Name on Card _____

STAFF REGISTRATION FORM - When staff fee is required.

Number	Activity	Staff Fee	# of Staff	Total Fee per Activity
CBRR1	Bingo and Pizza Costume Party	\$5	_____	\$ _____
CBRR4	New Year's Pizza and Bingo	\$5	_____	\$ _____
CBSR2A	Friday Night Pizza Party	\$5	_____	\$ _____
CBSR2B	Friday Night Pizza Party	\$5	_____	\$ _____
CBSR3	Bingo and Pizza - Cottage Grove	\$5	_____	\$ _____
CBNT1	Fall Riverboat Cruise	\$30	_____	\$ _____
CBSR1A	Let's Go Bowling	\$5	_____	\$ _____
CBSR1B	Let's Go Bowling	\$5	_____	\$ _____
CBSR1C	Let's Go Bowling	\$5	_____	\$ _____
CBNT2	Craft Soda Brewery Tour	\$15	_____	\$ _____
CBSR4	Friday Night Fun With Friends	\$5	_____	\$ _____
CBSSE3	The Addams Family	\$10	_____	\$ _____
CBNSE3	Monty Python's Spamalot	\$10	_____	\$ _____
CBSSE1	Hayride & Tour at Afton Apple Orchard	\$12	_____	\$ _____
CBNR3	Sunfish Lake Park Adventure	\$5	_____	\$ _____
Total Staff Fee				\$ _____

Independent School District 622
2520 E 12th Ave
North St Paul MN 55109

NON-PROFIT ORG
U.S. POSTAGE
PAID
TWIN CITIES MN
PERMIT NO. 4263

Community Bridge Consortium Office

1945 Manton St
Maplewood, MN 55109
Cheryl Gysbers, Coordinator
651-748-7232
Mary Kay Olson, Clerk
651-748-7232

Hours

Monday–Friday
8:00 am–3:30 pm

Mission

Community inclusion is the heart of our mission. It assures that all adults have the same opportunities to participate and benefit from Community Education.

Open Gym, Movies and Crafts
Formerly VFW Flyers



New Name! New Location! New Time!

**Join Faith Hagestuen and Amy Lewellen-Contras
for Open Gym, Movies and Crafts
on Monday evenings beginning in October.**

See page 3 for more information.

Be the Heart of Community Bridge!

Community inclusion is at the heart of Community Bridge's mission. It assures that all adults have the same opportunities to participate in and benefit from Community Education.

Advisory Council members partner with the Community Bridge Coordinators from the five school districts to consider how to best meet the needs and interests of Community Bridge participants.



Participants, group home staff, family, and staff from organizations serving people with cognitive disabilities, please consider joining the Community Bridge Advisory Council. The Advisory Council meets three Mondays a year from 3:30–5:00 pm. For more information, please contact Cheryl Gysbers at cgysbers@isd622.org or 651-748-7252.