

Westchester SBEC

BREAKFAST					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Turkey Sausage Breakfast Pizza w. Tater Tots OR Breakfast Pastry Bar (Cinnamon Toast Crunch or Cocoa Puffs)	Sausage Eggs & Waffle Platter OR Cinnamon Burst Bread	Cinnamon Glazed Pancakes w. Tater Tots OR Kolache with Cheese w. Tater Tots	Turkey Sausage & Cheese Breakfast Sandwich OR Cinnamon Burst Bread	Glazed WG Donut w. Turkey Sausage Link OR French Toast Sticks w. Turkey Sausage Link
Fruit & Juice	Fresh Orange Pineapple Tidbits	Fresh Apple Mandarin Oranges	Fresh Orange Peach Cup	Fresh Banana Mixed Berry Cup	Fresh Apple Sliced Peaches
	Apple, Grape or Orange Juice	Apple, Grape or Orange Juice	Apple, Grape or Orange Juice	Apple, Grape or Orange Juice	Apple, Grape or Orange Juice
Offered Daily	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Yogurt & Granola Parfait	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Yogurt & Granola Parfait	CEREAL: Cocoa Puffs, Lucky Charms & Cinnamon Toast Crunch Pop Tarts (cinnamon or strawberry)
Milk	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)	While Milk (1%) or Chocolate (non-fat)

NO ITEMS CONTAIN PORK

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CYCLE 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	All American Meal (Mini Hot Dog, Chicken Slider and TX Toast)	Chicken Tenders w. Texas Toast	Italian Pasta Bake	Crispitos w. Cheese Sauce	Chicken Biscuit with Cheese
Daily Options	Chicken Tender Basket (Chicken Tenders, TX Toast & Gravy) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Fajita Chicken Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Popcorn Chicken Basket (Popcorn Chicken, Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Bacon Chicken Ranch Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Mini Corn Dog Basket (Mini CornDog, Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken
Fruit	Fresh Apple or Mandarin Oranges	Fresh Orange or Sliced Peaches	Fresh Banana or Mixed Berry Cup	Red Grapes or Pineapple Tidbits	Fresh Apple or Peach Cup
Veg	Baby Carrot Package and/or Roasted Zucchini	Mashed Potatoes w. Gravy and/or Steamed Green Beans	Steamed Corn and/or Parmesan Broccoli	Peas and Carrots and/or Veggie Dippers	Baked Beans and/or Sweet Potato Waffle Fries
Milk	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)

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CYCLE 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Chicken Nuggets w. Texas Toast	Beef Nachos	Teriyaki Chicken w. Brown Rice & Eggroll	Chicken Alfredo	Chili Cheese Hotdog
Daily Options	Chicken Tender Basket (Chicken Tenders, TX Toast & Gravy) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Fajita Chicken Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Popcorn Chicken Basket (Popcorn Chicken, Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Bacon Chicken Ranch Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Mini Corn Dog Basket (Mini CornDog , Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken
Fruit	Fresh Apple or Mandarin Oranges	Fresh Orange or Sliced Peaches	Fresh Banana or Mixed Berry Cup	Red Grapes or Pineapple Tidbits	Fresh Apple or Peach Cup
Veg	Carrots and/or Green Beans	Black Beans and/or Street Corn	Roasted Broccoli and/or Steamed Sugar Snap Peas	Peas and Carrots and/or Veggie Dippers	Baked Beans and/or Sweet Potato Waffle Fries
Milk	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)

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CYCLE 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Oven Baked Breaded Chicken w. Mac & Cheese	Frito Pie and Cornbread	Chicken & Waffles	Spicy Boneless Wings with WG Roll	Chicken Fried Steak Sandwich
Daily Options	Chicken Tender Basket (Chicken Tenders, TX Toast & Gravy) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Fajita Chicken Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Popcorn Chicken Basket (Popcorn Chicken, Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken	Hamburger or Cheeseburger or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Bacon Chicken Ranch Salad or Pizza: Personal 5" Pepperoni or Cheese Pizza	Mini Corn Dog Basket (Mini CornDog , Ranch & Texas Toast) or Spicy or Regular Chicken Sandwich or Baked Potato w. Breadstick or Yogurt Parfait with Granola or Pizza: Cheese, Pepperoni or Buffalo Chicken
Fruit	Fresh Apple or Mandarin Oranges	Fresh Orange or Sliced Peaches	Fresh Banana or Mixed Berry Cup	Red Grapes or Pineapple Tidbits	Fresh Apple or Peach Cup
Veg	Mashed Potatoes and/or Parmesan Broccoli	Corn and/or Peas & Carrots	Veggie Dippers and/or Sweet Potato Waffle Fries	Carrots and/or Roasted California Blend Veg	Baked Beans and/or Tater Tots
Milk	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)	White (1% or Non-fat) or Chocolate (Non-fat)