



Fresh Salads,
Wraps and
Sandwiches
available daily

**Fruit and
Vegetable Bar**

Served at the Main Line
Only

Monday

Chopped Romaine
Tomatoes/Cucumber
Chilled Fruit
Whole Fruit
Carrots
Side Salad

Tuesday

Chopped Romaine
Tomatoes/Cucumber
Whole Fruit
Chilled Fruit
Celery
Spicy Roasted
Garbanzo Beans

Wednesday

Chopped Romaine
Tomatoes/Cucumber
Peas
Whole Fruit
Chilled Fruit
Carrots
Side Salad

Thursday

Chopped Romaine
Tomatoes/Cucumber
Whole Fruit
Chilled Fruit
Spicy Roasted
Garbanzo Beans

Friday

Chopped Romaine
Tomatoes/Cucumber
Whole Fruit
Chilled Fruit
Carrots/Broccoli
Side Salad

**Condiments & Low Fat
Salad Dressings**

Dana Middle School's August/September 2019 Menu (Grades 6-8)



August 26	August 27	August 28	August 29	August 30
PUPIL FREE DAY	Minimum Day: Lunch Offered	Minimum Day: Lunch Offered	Shortened Day: Lunch Offered	Shortened Day: Lunch Offered
September 2	September 3	September 4	September 5	September 6
NO SCHOOL - HOLIDAY 	Zesty Meatballs with WG Pasta and Green Beans <i>Finishing Bar</i>	Korean Chicken Bulgogi with Brown Rice and Seasoned Broccoli <i>Finishing Bar</i>	Turkey Nachos with Refried Beans <i>Finishing Bar</i>	Mashed Potato Chicken Bowl With Peas Or OUTDOOR BBQ <i>Finishing Bar</i>
September 9	September 10	September 11	September 12	September 13
Breakfast For Lunch WG Bagel Turkey Sausage Links and Tater Tots <i>Finishing Bar</i>	Baja Beef and Rice Bowl Mexicali Corn <i>Finishing Bar</i>	Teriyaki Glazed Chicken Brown Rice Sliced Carrots <i>Finishing Bar</i>	BBQ Pulled Pork Sandwich Waffle Fries and Coleslaw <i>Finishing Bar</i>	Beef Hard Shell Tacos With Refried Beans Or OUTDOOR BBQ <i>Finishing Bar</i>
September 16	September 17	September 18	September 19	September 20
Breakfast For Lunch Pancake and Sausage on a Stick with Tater Tots <i>Finishing Bar</i>	Chicken Alfredo Pasta With Seasoned Broccoli <i>Finishing Bar</i>	Mini Corn Dogs with Seasoned Waffle Fries <i>Finishing Bar</i>	Chicken Nuggets with Seasoned Curly Fries <i>Finishing Bar</i>	Cheese Stuffed Breadsticks with Marinara Sauce OUTDOOR BBQ <i>Finishing Bar</i>
September 23	September 24	September 25	September 26	September 27
Breakfast For Lunch WG French Toast Sticks, Turkey Sausage & Hash Brown Patty <i>Finishing Bar</i>	Popcorn Chicken with Tater Tots and Seasoned Corn <i>Finishing Bar</i>	Orange Chicken with Brown Rice and Broccoli <i>Finishing Bar</i>	Beef Sloppy Joe Sandwich with Seasoned Wedge Fries <i>Finishing Bar</i>	Turkey Nachos with Refried Beans Or OUTDOOR BBQ <i>Finishing Bar</i>



All pizzas made w/ reduced fat cheese
& whole grain crust.
Classic Cheese and Pepperoni Pizza served
daily

Monday: Cheese or Pepperoni
Tuesday: Cheese, Pepperoni or Sausage
Flatbread
Wednesday: Cheese or Pepperoni
Thursday: Cheese, Pepperoni or Buffalo
Flatbread
Friday: Cheese or Pepperoni



Served Daily:
Breaded Chicken Burgers, Hamburgers, and
Cheeseburgers
Monday: Jalapeno Cheeseburger
Tuesday: Toasted Ham and Swiss
Wednesday: Triple Cheese Grilled Cheese
Thursday: Bacon Cheeseburger
Friday: Beef Hot Dog

Milk: 1% white and
Non-fat chocolate milk
Offered daily with lunch

Wiseburn USD is an Equal
Opportunity Employer and Provider
Menus are subject to change
without notice