

GO AMHERST COMETS!

SEPTEMBER AJH Lunch Menu

2019

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>No School</i> 2	3 CHATTERBOX LUNCH CHICKEN NUGGETS Spicy Chicken Patty Comet Star Fries	4 CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Bowl Mashed Potatoes w/gravy Corn	5 CHATTERBOX LUNCH MOZZARELLA STICKS W/ MARINARA SAUCE OR MEATBALL SUB DESSERT	6 Cheeseburger or BBQ Pulled Pork Corn Dog Baked Beans Baked potato Smiles
9 CHATTERBOX LUNCH Fiestada or Beef Burrito Fiesta Rice w/refried beans	10 CHATTERBOX LUNCH CHICKEN STICKS Crispy Chicken Wrap Baked Tater Tots	11 CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Baked Potato Smiles	12 ITALIAN SUBS Pasta w/meatsauce w/ brd stick Chicken Parmesan Sandwich DESSERT	13 Hot Dog or Cheeseburger Baked Beans Tri Taters
16 CHATTERBOX LUNCH TACO WEDGES or WALKING TACO or Fiesta Rice w/refried beans	17 BREAKFAST FOR LUNCH breakfast sandwiches breakfast pizza Baked tri - taters	18 CHATTERBOX LUNCH Popcorn chicken bowl CHicken Patty Mashed Potatoes w/gravy Corn	19 ITALIAN SUBS LASAGNA OR CHEESE RAVIOLI W/ A BREADSTICK DESSERT	20 Cheeseburger BBQ PULLED PORK TOASTED CHEESE Baked Beans Baked Potato Smiles
NO SCHOOL 23	24 CHATTERBOX LUNCH BBQ Riblet CHICKEN RINGS Baked Tater Tots	25 SUB SANDWICHES Chicken Patty Baked Potato Smiles	26 MACARONI & CHEESE W/A BREAD STICK OR Mozzarella Sticks w/marinara DESSERT	27 HOT DOG OR Cheeseburger Baked Beans Tri Taters
30 CHATTERBOX LUNCH CRSIPITOS TACO SALAD FIESTA RICE REFRIED BEANS			OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK	<i>Lunch price of \$3.50 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>

This institution is an equal opportunity provider

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:

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