



September 2019 Breakfast Menu



Mon	Tue	Wed	Thu	Fri
2 School Closed Labor Day	3 School Closed Superintendent's Conference Day	4 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	5 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	6 Whole Grain Muffin Cereal Fruit/ Juice Milk
9 Mini Pancakes 100% Juice Milk /Fruit	10 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	11 Cereal with Honey Graham Crackers 100% Fruit Juice Milk	12 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	13 Whole Grain Muffin Cereal Fruit/ Juice Milk
16 Cereal with Honey Graham Crackers 100% Fruit Juice Milk	17 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	18 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	19 Mini Pancakes 100% Juice Milk /Fruit	20 Whole Grain Muffin Cereal Fruit/ Juice Milk
23 Whole Grain Muffin Cereal Fruit/ Juice Milk	24 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	25 Mini Pancakes 100% Juice Milk /Fruit	26 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	27 Cereal with Honey Graham Crackers 100% Fruit Juice Milk
30 School Closed Rosh Hashanah	Meal Prices ES: \$2.90 MS/HS: \$3.10 Breakfast: \$1.60 Milk: \$0.50		REMEMBER TO TAKE A FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS TO COMPLETE YOUR MEAL. EVERY COMPLETE MEAL IS SERVED WITH A CHOICE OF HUDSON VALLEY FRESH MILK. USDA is an equal opportunity provider and employer	



September 2019 Lunch Menu



Mon	Tue	Wed	Thu	Fri
2 School Closed Labor Day	3 School Closed Superintendent's Conference Day	4 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit	5 All Beef Hot Dog on a Whole Wheat Bun Tomato Cucumber Salad Vegetarian Baked Beans Chilled Peaches Fresh Fruit	6 Cheese or Specialty Pizza Fresh Salad Bar Green Beans Fresh Fruit 100% Fruit Juice
9 Chicken Patty or Veggie Burger Cheese/Lettuce/Tomato Crinkle Cuts Vegetarian Baked Beans Chilled Peaches	10 Meatball on a Whole Wheat Bun Homemade Coleslaw Steamed Carrots Fresh Fruit Chilled Pears	11 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit	12 "SANDWICH DAY" Choice of Ham ,Turkey and Chicken Salad Pasta Salad Potato Salad Fresh Fruit Chilled Mixed Fruit	13 Cheese or Specialty Pizza Fresh Salad Bar Green Beans Fresh Fruit 100% Fruit Juice
16 "MEATLESS MONDAY" Zesty Bean & Cheese Quesadilla Seasoned Rice Vegetarian Baked Beans Fresh Fruit Chilled Peaches	17 All Beef Hot Dog on a Whole Wheat Bun Tomato Cucumber Salad Vegetarian Baked Beans Chilled Peaches Fresh Fruit	18 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit	19 Chicken Fajita Seasoned Rice Corn Chilled Mixed Fruit Fresh Fruit	20 Cheese or Specialty Pizza Fresh Salad Bar Green Beans Fresh Fruit 100% Fruit Juice
23 Crispy Chicken Dunkers Silly Potato Smiles Vegetarian Baked Beans Chilled Peaches Fresh Fruit	24 "TACO TUESDAY" Hard/Soft Shells With all the Toppings Refried Beans Seasoned Rice Fresh Fruit Chilled Pineapple	25 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit	26 Burgers on a Whole Wheat Bun Vegetarian Baked Bean Oven Fries Chilled Peaches	27 Cheese or Specialty Pizza Fresh Salad Bar Green Beans Fresh Fruit 100% Fruit Juice
30 School Closed Rosh Hashanah	Meal Prices ES: \$2.90 MS/HS: \$3.10 Breakfast: \$1.60 Milk: \$0.50	 Fresh Local Produce	REMEMBER TO TAKE A FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS TO COMPLETE YOUR MEAL. EVERY COMPLETE MEAL IS SERVED WITH A CHOICE OF HUD- SON VALLEY FRESH MILK. USDA is an equal opportunity provider and employer	