

Course Descriptions

Students will be assigned to learning groups prior to the start of camp. Each student will participate in the ridge hike, climbing wall, new games, the night hike, and A.S.E., as well as several of the class sessions explained below.

ACTION SOCIALIZATION EXPERIENCE (A.S.E.) – Students learn the importance of group cooperation and gain listening and teamwork skills while overcoming a series of physical obstacles on our low ropes course.

APPLE CIDERING - Colonial skills classes focus on the history of colonial times, trades, and life-style, while students become aware of the hardships and reality of everyday life in a colonial household. In Apple Cidering, students use an antique cider press to make apple cider. They also learn more about apples and the cidering process.

BOATING/CANOEING – Water safety, equipment use, and paddling techniques are stressed.

CLIMBING – Students develop self-confidence through a personally challenging activity. With encouragement from the instructor and classmates, students climb to reach their goal. Emphasis is based on personal achievement, not height climbed.

COLONIAL COOKING – Colonial skills classes focus on the history of colonial times, trades, and life-style, while students become aware of the hardships and reality of everyday life in a colonial household. In Colonial Cooking, students role play the life of early colonists working together to prepare a meal. We will focus on cooking over an open fire while discussing the life-style of the colonists.

GEOLOGY – The Lake property is a striking example of glaciation and the geological formations associated with it. The camp runs adjacent to the Appalachian Mountain Range which gives us a fine opportunity to study the varied rock strata and weathering patterns. Students also learn about rock formation, glacial activity, erosion, and sedimentation through hands-on activities and exploration.

LAKE LIMNOLOGY – Students journey across the half mile wide, one mile long lake on a 8' X 24' pontoon boat. With the use of a plankton tow, dredge, secchi disk, and a thermometer, students try to discover the difference between ponds and lakes.

NATIVE AMERICANS – A hands-on approach leads students to an understanding of the Native Americans' spirituality. Native American lifestyle, specifically in the Northeast is discussed with many participatory activities.

NEW GAMES – Non-competitive field games that assist and aid in group cooperation and communication skills.

NIGHT HIKE – A walk into the night opens up children’s senses and perceptions to night life. Various sensory awareness activities are designed to explore the potential of the other senses in a nocturnal environment.

ORIENTEERING – Basic compass skills will be taught that will enable students to orient themselves and take part in one of our three orienteering courses.

RIDGE HIKE – Take the opportunity to hike up to Kittatinny Mountain, 1500 feet above sea level and enjoy the breathtaking view of the lake and the surrounding area. Along the hike we will discuss various points of interest.

SURVIVAL – Students learn various tips for surviving in everyday life along with some hands-on opportunities to learn how to survive in the woods. While cooperating in small groups, students work together to build a shelter and discuss basic survival steps.

SWAMP WALK – Through a guided tour and hands-on activities, students grow to understand the various aspects of a wetland which make them so important. Activities revolve around environmental concerns, the interrelationship to other ecosystems, wild edible identification, and specific characteristics indigenous to swamps.