

2019-2020

Good Shepherd Athletics Guidelines

Respect

Athletes are expected to represent Good Shepherd with the utmost integrity. Respect should always be shown toward your parents, teachers, coaches, team, and self. The team comes before the individual – “there is no I in TEAM.” An athlete’s appearance, effort, and conduct on and off the athletic field, are a reflection of our school and their character.

Attendance

Athletes are expected to attend all practices and competitions. Written notification in advance is required to excuse an absence other than for an illness. Athletes must attend school on days of competition to be eligible to participate. If an athlete is listed on the daily report posted in the middle school office as absent, they must check in with the coaches before 1 pm to be eligible to participate with the team. Be sure to set priorities and communicate. *Failure to attend games and/or practice unexcused will affect an athlete’s physical education quarterly grade.*

Practices: One day’s advance notice is needed to excuse an absence.
One unexcused absence – an athlete may not start the next game.
Two unexcused absences - an athlete may not participate in the next competition.
Three unexcused absences – an athlete will lose their place on the team.

Competitions: Two day’s advance notice is needed to excuse an absence.
One unexcused absence – probation and an athlete may not participate in the next competition.
Two unexcused absences – an athlete will lose their place on the team.

*Athletes are expected to attend competitions even when they are not participating in the competition. Emergency situations will be excused.

Punctuality

It is important for an athlete to manage their time well for class work as well as extracurricular activities. Please note team calendar for practice start times - don’t be late, as the team is counting on each athlete to be on time. For competitions athletes need to be at the site and check in with the coaches at least thirty minutes prior to the competition to warm-up.

Detentions for tardiness to class or turning in late assignments are also not acceptable. This reflects poorly upon the athlete, the team, and the athletic program.

Team Academic Eligibility

Academics are more important than athletics. Give 100% in the classroom at all times. Each athlete’s grades will be checked during and end of a trimester grading period. Athletes must pass all subjects with an average of 70 or above.

Any subjects with an average below 70 **during the trimester grading period** will result in a two-week probation period (may still practice and play during probation status). Any grades still below 70 on the next grade check will result in immediate suspension from the team. Athletes will remain ineligible until all subjects are above 70.

Any subjects with a final average below 70 on the **end of the trimester grading report** will result in an immediate two-week suspension from the team. Athletes will regain their eligibility after the two week suspension IF all subjects in the new trimester grading period are 70 and above.

Athletes placed on academic suspension will stay in afternoon study hall and will be released to afternoon carpool. Please note: upon regaining team eligibility athletes may receive limited practice/playing time as their coach works them back into the team's rotation.

Good Shepherd students participating in school athletics will receive a physical education grade from their coach. An athlete's grade assessment is as follows: 40% participation, 40% game/practice attendance, 10% dress out, and 10% study hall utilization.

Discipline

Remember that you are a representative of Good Shepherd athletics. Detentions reflect poorly on the entire program. If an athlete receives a detention during a sport season, they will be placed on discipline probation. Two or more detentions during a sport season will result in an athletic administration review of the athlete's eligibility.

Athletes must utilize their study hall time wisely. They are required to follow the classroom study hall procedures.

School suspension (on or off campus) will result in a minimum one game suspension and athletic administration review of the athlete's eligibility going forward.

Miscellaneous Items

For on campus/YMCA practices, pick up location is Middle School Carpool. All athletes, regardless of sport, must meet their ride at this location (athletes are not allowed to walk to the YMCA to meet their ride). Any athlete not picked up 15 minutes after the conclusion of practice will be escorted to the Cottage building for pick up (located on the east side of campus). **A late fee will be assessed to all late rides.**

**** At the conclusion of each sport season athletes must return all issued uniforms/equipment. Lost or damaged uniforms/equipment will incur a replacement fee (arraigned through the business office). **Uniforms/equipment not returned or replaced will prohibit athletes from participating in additional school sports and/or denied taking of semester exams.**

Please view our website <http://www.gseschooldallas.org/> for Good Shepherd athletic department information. Game and/or practice changes will be posted on the athletic main page.

Print Athlete Name

Athlete's signature

Date

Parent's Signature

(I have read and agree to the above guidelines)

Trimester 1 End Date: November 8

Trimester 2 End Date: February 21

Grade Check Dates:

September 18	October 2	October 16	November 13	
December 11	January 15	January 29	February 12	February 26
March 11	March 25	April 8	April 22	