

# Middle School Breakfast Menu

**WELCOME BACK  
TO SCHOOL!**

### Breakfast Pricing

Full Price: \$1.50  
Reduced Price: \$0.30  
Milk Only: \$0.50  
Staff Breakfast: \$2.75

### Free & Reduced-Price Meals

The Application for Free & Reduced-Price Meals is available online at [GrotonSchools.org](http://GrotonSchools.org) on the Food Services page.

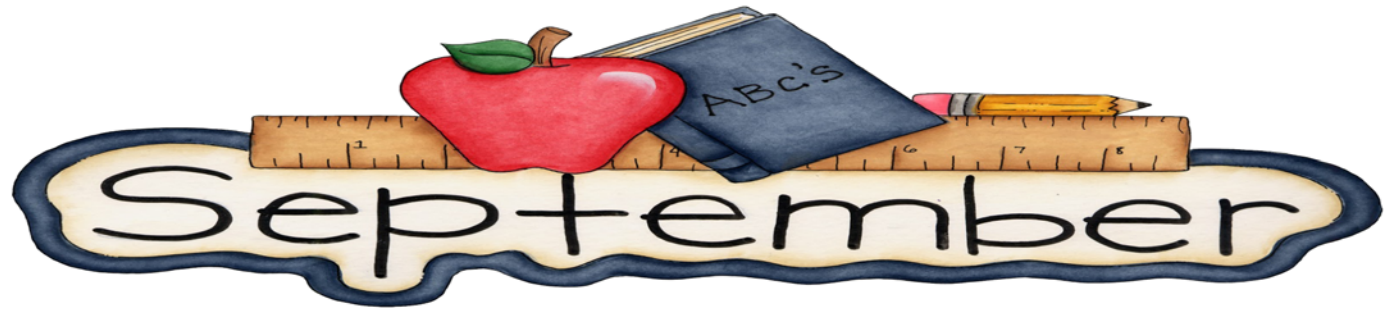
**REMINDER:** If your child qualifies for free or reduced-price lunches, you also qualify for free or reduced-price breakfast.

Join us today!

**STUDENT  
NUTRITION  
PROGRAM**



**GROTON PUBLIC SCHOOLS**



Mon	Tue	Wed	Thu	Fri
			August 29 Freshly Baked Blueberry Muffin String Cheese Mac Apple	August 30 Banana Bread Non-Fat Yogurt Peel & Eat Banana
2  No School Today! Happy Labor Day	3  Assorted Cereal Non-Fat Yogurt Diced Peaches	4  Yogurt Parfait with Berries & Granola Annie's Bunny Grahams Red Seedless Grapes	5  Egg, Chicken Sausage & Cheese Croissant Apple Slices	6  Mini Bagel Bar! WOW Butter Spread or Cream Cheese Peel & Eat Banana
9  Assorted Cereal Non-Fat Yogurt Diced Pears	10  Apple Cinnamon Muffin String Cheese Applesauce	11  Egg & Cheese on a Mini Bagel Diced Peaches	12  Pancakes Non-Fat Yogurt Fresh Florida Orange	13  Banana Bread String Cheese Fresh Cut Strawberries
16  Assorted Cereal Assorted Muffins Raisins	17  French Toast Sticks Assorted Fruit Cup	18  Egg, Ham & Cheese on an English Muffin Diced Pineapple	19  Yogurt Parfait with Berries & Granola Annie's Bunny Grahams Apple Slices	20  Mini Bagel with Cream Cheese Spread Peel & Eat Banana
23  Assorted Cereal Non-Fat Yogurt Fresh Plum	24  Freshly Baked Blueberry Muffins Diced Pears	25  Zucchini Bread Non-Fat Yogurt Peel & Eat Banana	26  Egg & Cheese on a Croissant Diced Peaches	27  Assorted Cereal Assorted Muffins Apple Slices

8 oz. low fat or fat-free milk and 100% fruit juice are offered every day with breakfast

\*\*Please note: Menu is subject to change\*\*