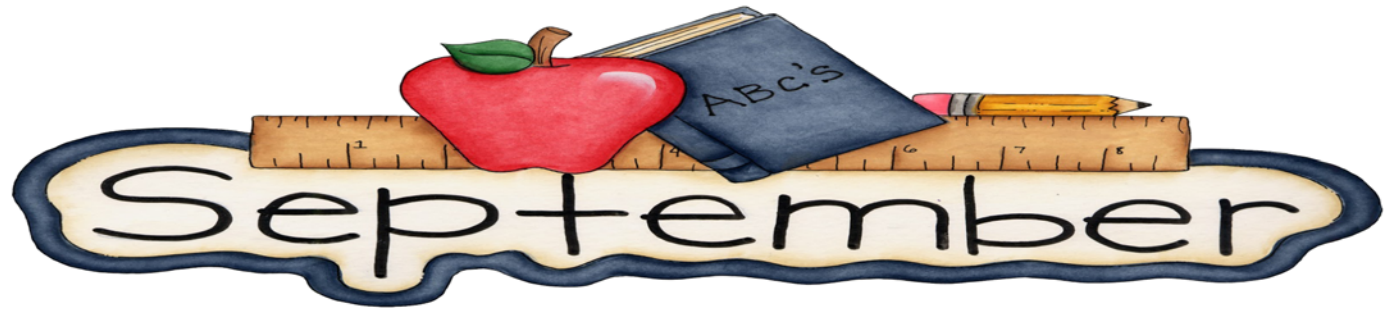


Middle School Lunch Menu



WELCOME BACK TO SCHOOL!

Lunch Pricing

Full Price: \$2.80
 Reduced Price: \$0.40
 Milk Only: \$0.50
 Staff Lunch: \$4.25

ALTERNATE LUNCHES AVAILABLE DAILY

Contact your school's kitchen manager for daily options.

All meals include
 2 oz. Meat / Meat Alternate
 2 oz. Whole Grains
 8 oz. Milk
 1/2 c. Fruit
 3/4 c. Vegetables



Mon	Tue	Wed	Thu	Fri
<u>Free & Reduced-Price Meals</u> The Application for Free & Reduced-Price Meals is available online at GrotonSchools.org on the Food Services page and covers both breakfast and lunch offerings.			29 Chicken Tenders with Honey Mustard Potato Wedges Fresh Apple	30 Pizza Day! Garden Salad Fresh Florida Orange
2 No School Today! Happy Labor Day	3 Mozzarella Sticks OR Cheese Bites Marinara Sauce Roasted Mixed Squash Fresh Apple	4 Beefy & Cheesy Nachos OR Cheeseburger Brown Rice Salsa Cups Fresh Pear	5 French Toast Sticks OR Pancakes Hash Brown & Chicken Sausage Patty Cinnamon Carrots, Banana	6 Pizza Day! Spinach Salad with Kidney Beans 100% Juice Italian Ice
9 Popcorn Chicken OR Spicy Jumbo Chicken Leg Wheat Dinner Roll Seasoned Yellow Corn Fresh Mac Apple	10 Elbow Pasta served with Meat Sauce OR Lasagna Garlic Knot Kale Caesar Salad Diced Pears	11 Meatball Grinder OR Hot Dog on a Wheat Roll Confetti Coleslaw Ripe Fresh Peach	12 Jalapeno Cheeseburger OR Beefy Cheesy Nachos Brown Rice Salsa Cups Fresh Apple	13 Pizza Day! Spinach Salad with Chickpeas Fresh Florida Orange
16 Chicken, Bacon & Ranch Sandwich OR Spicy Chicken Sandwich Steamed Broccoli Crowns Fresh Plums	17 Cheese Bites OR Mozzarella Sticks Marinara Sauce Garlic Bread Apple Slices	18 Cheeseburger OR All Beef Hot Dog Waffle Fries Baked Beans Fresh Cut Strawberries	19 Turkey & Cheese OR Ham & Cheese Grinders Bag of Doritos Cherry Tomato & Corn Salad Assorted Fruit Cup	20 Pizza Day! Garden Salad Fresh Mac Apple
23 Teriyaki Chicken Dippers OR Mandarin Orange Chicken Brown Rice Stir Fry Veggies Fresh Mac Apple	24 Macaroni & Cheese with a Garlic Knot OR Grilled Cheese Sweet Green Peas Ripe Peach	25 Meatball Grinder OR Chicken Parmesan Grinder Sesame Roasted Green Beans Watermelon Chunks	26 Oven-Roasted Turkey & Gravy OR Chicken Nuggets Mashed Potatoes Dinner Roll Roasted Squash, Fresh Pear	27 Pizza Day! Romaine Caesar Salad Peel & Eat Banana

8 oz. low fat or fat-free milk and our **NEW Rainbow Vegetable Tray** offered daily with all lunches.

Please note: Menu is subject to change.