# ALBANY AREA SCHOOLS COMMUNITY EDUCATION

FALL 2019



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Albany Area Schools Community Members,

As another precious summer draws to a close, we are looking forward to an exciting fall in the Community Education office. Here's why!

- We will be ushering in our second BEAT Performing Arts Series season, which has sold over 500 season tickets;
- We will be welcoming over 130 preschool students into our elementary buildings for their first school experiences;
- We will be offering several new programming opportunities, including a self-defense class, a garden tour night *Blooms & Beverages*, and several new youth programs see page 8 (more information coming soon)!

On a personal note, my husband and I are also excited for fall as we will be welcoming our first child sometime in early September. I will be out of the office for a majority of September and October, returning part time in November. While I am out, feel free to contact Kelly, Brad or Alisa with any Community Education related business.

Enjoy these remaining days of summer, and have a wonderful fall!

Cassie Novak Community Education Director Albany Area Schools #CE745

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@ISD745 "Albany Area Schools"

# STARGAZING LIVE

#### Minnesota Starwatch Party, Ages 7-Adult

#### Mike Lynch

Make the stars your old friends as we watch the great celestial show in the skies over Albany. We'll have giant telescopes aimed at Saturn, Jupiter, star clusters, galaxies, and other great celestial treasures. We'll also check out constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and hear some of their great stories behind them. Along with visual telescopes, we'll have an astronomical camera system to really see distant celestial targets on a video screen. Mike Lynch is a meteorologist at WCCO Radio and has

been hosting star watch parties and teaching astronomy classes for over 48 years. Even if it's cloudy you'll learn a lot and have a great time! Bring lawn chairs to make yourself comfy!

Albany Elem, Door 5 Cafeteria F19401 Tue, Sep 17 \$18 per person \$30 per pair \$38 for entire family \$18-38 1 session 8:00-10:00 pm





#### **Blooms & Beverages**

Adam Hjelm

Let's carpool to some cool gardens in the Albany area that include prairie planting, perennial gardens, annual beds & more. Tour stops include both public & private property. We'll end at Shady's Hometown Tavern with appetizers and a presentation on Minnesota native plants. Participants will receive a native plant book, brochures, handouts and chances to win gift certificates from local garden suppliers. An appetizer is included and there will be a cash bar available. Tour will start at Albany Area High School Door 1.

Albany HS, Door 1 Various Locations F19014 Thu Sep 19 \$14 1 session 5:30 pm-8:00 pm

#### Basic Life Support for Healthcare Providers

#### Renae Illies

Basic Life Support for Healthcare Providers is a CPR certification class for people in any healthcare field or those going into a healthcare field. This class covers recognition of cardiac arrest, use of a pocket mask and bag valve mask, and doing CPR with one or two rescuers for adults, children and infants. This class also covers the use of an AED and how to relieve choking.

Albany HS, Door 1\$41District Office Conference Room1 sessionF19457 Mon Nov 256:30-10:00 pm

#### Heartsaver<sup>®</sup> Pediatric CPR/AED & First Aid

#### Renae Illies

These courses are designed especially for parents and/or those involved in childcare. This course also meets Minnesota State requirements for daycare providers. Topics include first aid basics for medical emergencies, injuries, environmental emergencies, CPR for children and infants as well as use of an automated external defibrillator (AED). Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion CARD, an additional \$15 will be due to the instructor on the night of the class.

#### Heartsaver<sup>®</sup> Pediatric CPR

Albany HS, Door 1\$41District Office Conference Room1 sessionF19459 Mon Sep 236:30-10:00 pm

#### Heartsaver<sup>®</sup> Pediatric First Aid

Albany HS, Door 41\$41District Office Conference Room1 sessionF19460 Tue Oct 16:30-10:00 pm

#### Heartsaver<sup>®</sup> AED/CPR

#### Renae Illies

Heartsaver AED teaches adult, child, and infant CPR and AED use as well as how to relieve choking. This course is designed for anyone who does not work in a health care setting but has a desire to be able to respond in an emergency situation. You will receive a two year certification for CPR/AED. Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion card, an additional \$15 will be due to the instructor on the night of the class.

Albany HS Door 1	\$41
District Office Conference Roo	om 1 session
F19036 Mon Nov 18	6:30-10:00 pm

#### Heartsaver<sup>®</sup> First Aid

#### Renae Illies

This program teaches participants critical skills and knowledge needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Content includes how to help a victim with bleeding, sprains, broken bones, shock and other first aid emergencies. Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion card, an additional \$15 will be due to the instructor on the night of the class.

Albany HS, Door 1\$41District Office Conference Room1 sessionF19037 Tue Nov 126:30-10:00 pm



#### Interested in Becoming a Certified Nursing Assistant (CNA)? Enroll in our FREE CNA course today! This course is offered through a partnership with Mother of Mercy and Albany Adult Basic Education. Contact Sue at 320-845-2195 ext. 207 for more information!



#### Hark the Basement Ladies Sing

HARK! THE BASEMENT LADIES SING is the latest installment in the Church Basement Ladies musical series. It is December 1960, and members of this rural community have gathered around their reel-to-reel tape player to record a special Christmas greeting for one of their boys serving overseas. Throughout it all, you are encouraged to sing along as Beverly Barsness bangs out Christmas carols on the old upright. So come "Fa La La" with the Church Basement Ladies as they deck their fellowship hall. Registration includes ticket, lunch and coach bus. Lunch at 11:30 am, show at 1:00 pm. **Depart Albany City** 

**Hall at 9:15 am.** Other locations to board the bus include: Belgrade- 8:00, NLS- 8:15, Paynesville- 8:45, or Clearwater- 9:45. If you plan on riding from a location other than Albany, please let our office know upon registration. Please register by November 8.

Ames Center, Burnsville\$651 session9:15 am-5:00 pm

#### Mature Driver Training Program: Defensive Driving

#### Minnesota Safety Council

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance. The Defensive Driving Course, developed by the National Safety Council, teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. Pre-registration is required.

#### **Four-Hour Refresher Course**

Albany HS, Door 1\$22District Office Conference Room1 sessionF19042 Thu Nov 215:30-9:30 pm

#### Four-Hour Refresher Course

Pondview Estates\$22Dining Room1 sessionF19041 Tue Oct 221:00-5:00 pm

#### **Eight Hour Initial Course**

Albany HS, Door 1 \$26 District Office Conference Room 1 session F19042 Mon, Tue Jan 27, 28 5:30-9:30 pm

#### **Basic Estate Planning**

Betsey Lund Ross

Estate planning is not just necessary for people with a lot of assets. In this session, Attorney Betsey Lund Ross will be talking about the importance of estate planning for all individuals, proper planning in case of incapacity, and ways to avoid court involvement in administering your estate upon passing. She will also discuss Power of Attorneys, Heath Care Directives, probate, trusts and medical assistance lien recovery.

Albany HS, Door 1 \$9 District Office Conference Room 1 session F19021 Tue Oct 29 6:00-7:30 pm





#### GED Intake Night: Tuesday, October 1 -- 5:00-7:00 pm

For students meeting testing requirements, you could have your GED within one month! Contact Alisa at 320-845-5060 for more information!

#### All GED Testing is currently FREE!

#### Self- Defense & Personal Safety

Adam Patterson, 6th Degree Black Belt In this class you will learn about personal safety and self defense. You will also learn about situational awareness and how to avoid potential dangers. We will discuss levels of threat and ways to defuse a potentially violent encounter. You will learn ways to defend yourself though attacking weak points on the body, and ways to escape holds and grabs. This class is a mix of lecture and hands-on training. Please wear comfortable clothing and something you do not mind if it is grabbed onto. This class is for individuals ages



12 and up. Families are encouraged. to attend together, but be aware that adult topics and discussions will be presented.

Albany HS, Door 1	\$26
Wrestling Room	1 session
F19015 Tue Oct 1	6:00-8:00 pm

#### **Bootcamp & Circuit Training**

Amy Van Beck

Looking for a workout that will work your entire body? Then bootcamp is for you! Bootcamp class will give you a full body workout using a variety of different moves. Each class is different - hitting every major muscle group with each workout. We will use a mix of cardio, high intensity interval training and core work. We use our own body weight with some exercises (i.e. push-ups) and use weights for others. All ages and levels of fitness are welcome. Each move will have modifications for wherever you are at in your fitness journey. Examples of classes are Cardio Blast, Legs and Glutes, Arms and Abs, Mixed Strength or Tabata. November and December fee is \$60 per full session or \$36 per half session (half session is up to 4 classes/month). October fee is \$30 for full session (4 classes) or \$18 for half session (2 classes). Bring an exercise mat, water bottle and 3-5 pound hand weights.

Albany HS, Door 1 BECC Court 1 Half Session/Full Session Tue and/or Thu F19009 Oct 22-31 F19010 Nov 5-26 F19011 Dec 3-19 S:30-6:15 am \$36/\$60



#### Quan Li K'an Karate Adult/ Advanced Class,

Ages 13-Adult Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt This advanced class will focus on the

meaning of Karate and the application of the forms as they apply to real world self-defense. This program will be taught in a smaller group with the instructors helping students perform the self-defense techniques properly. Adult beginners are welcome to attend this class. Uniforms are encouraged but are not needed to attend class. New students who register before the third class will receive a free uniform. Testing: TBA.

Albany HS, Door 1	\$99
Wrestling Room	15 sessions
F19004 Mon Sep 9-Jan 6	7:30-8:45 pm
(No Class 11/4, 12/23, 12/30)	
(12/2-1/6 Class will be held in Albany	Elementary Gym)



#### Current Season Hours (through November 3, 2019)

Walking Track: Monday-Friday -- 8:00 am-4:00 pm Daily Fee: \$1, Monthly Fee: \$5 \*Closed September 2

#### 2019-20 Season Information - Registration Opens Online October 1st Court Hours (November 5, 2019-May 3, 2020):

Monday-Friday: 6:30-9:00 pm Saturday & Sunday: 10:00 am-5:00 pm Off Season Court Hours: TBD

#### Walking Track Hours (November 5, 2019-May 3, 2020):

Monday-Friday: 8:00 am-9:00 pm Saturday & Sunday: 10:00 am-5:00 pm Off Season Walking Track Hours (May 4, 2020-November 1, 2020): Monday-Friday 8:00 am-4:00 pm

\*Please Note: The BECC will occasionally be closed to members due to tournaments, community events, holidays breaks, and inclement weather. Dates known in advance will be posted at the BECC and on our website. Closures due to inclement weather will be communicated via email and social media.

#### 2019-2020 BECC Fees

Walking Track (Individual): Daily: \$1 Monthly: \$5 Yearly: \$30 Senior Citizen (65+) Yearly: Free

#### Courts & Walking Track (Individual and Family):

Individual Daily: \$2Family Daily: \$5Individual Monthly: \$15Family Monthly: \$30Individual Yearly: \$60Family Yearly: \$120Senior Citizen (65+) Yearly: \$30\*Yearly passes include 12 months walking track use and 6 months extended court use.



Middle School Knowledge Bowl,

Grades 6-8 *Carrie Schmitz* 

Knowledge Bowl is a series of interdisciplinary academic competitions. During the competition, teams of students compete in written and oral rounds by answering questions related to all areas of learning typical of elementary or secondary educational programs. Questions test students' recall, problem solving and critical thinking skills. Practices will begin October 21 and there will be two practices each week after school from 3:15-4:15 pm. Each team will have the opportunity to compete in at least two meets this fall. Teams will leave for meets at 3:00 pm and will return around 8:00 pm. Transportation to meets is included in the price of this class. Meet dates TBD. Registration deadline October 1.

Albany HS, Door 1	\$45	
Room 322	7 sessions	
F19520 Mon, Thu Oct 21-Nov 14		
(No Class 11/4)	3:15-4:15 pm	



- Middle School Robotics
- Middle School Play
- Archery
- Dance with the *Continental Ballet*

Watch Facebook and your school announcements for updates!

#### Middle School Speech, Grades 6-8

Dana Amdahl, Mariah Benn

In this active, three-session course, students will gain experience in the fundamentals of public speaking and performance. Activities are designed to develop students' confidence, creativity, and listening skills. Students will sample the 13 categories of MSHSL Speech and prepare a short selection for a mock competition during the third session. Families are welcome to attend the mock meet.

Albany HS, Door 1 \$39 Lecture Hall 3 sessions F19016 Mon, Tue, Thu Nov 18, 19, 21 3:15-5:00 pm



**Snowmobile Safety,** Ages 11 and Up *Rich Gaebel* 

Students will learn all rules and regulations of snowmobiling, general operation of a snowmobile, how to read and understand trail signs, proper hand signals and general safety concerns. Students will need to pass a driving test at the end of the course. Students receive a temporary permit upon passing the course and a permanent permit from the state of MN. Each student must pay an additional \$5 online DNR fee upon completion of the course. Certification becomes valid at age 12. Snowmobile for testing is provided, but the student must provide their own helmet and wear proper winter safety wear.

Albany HS, Door 1	\$7
Board Room	3 sessions
F19017 Mon, Wed Nov 25, 27	6:00-9:00 pm
Test: Sat Nov 30	8:00-11:30 am



**FAST Kids-Staying Safe While Home Alone,** Ages 7-11 *Emergency Outfitters* First Aid and Safety Trained (FAST) Kids is a 6-hour course for 7-10 year olds. Lessons cover basic first aid, water safety, vehicle

safety, home emergencies, injury prevention, personal safety and healthy living. This course helps prepare children for staying at home alone. Receive a book, handouts and a home first aid kit as part of this class. Bring a snack for morning, along with a bag lunch.

Albany HS, Door 1		\$50
<b>District Office Conference</b>	Room	1 session
F19002 Sat Oct 12	9:00	am-3:00 pm

#### **Disney on Ice: Worlds of Enchantment**

Thrill to high-speed stunts as Lightning McQueen, Mater, and the crew of Disney-Pixar's Cars race across the ice. Dive into adventure with Ariel and The Little Mermaid's undersea kingdom. The toys are back in town with heroic action when Buzz Lightyear, Woody, Jessie and the Toy Story gang escape from Sunnyside Daycare and race for home in their most daring adventure! Plus, enter the wintry world of Arendelle with



**Brick Builders - Wild Ride,** Grades 1-5 *Youth Enrichment League* 

Build a wild amusement park ride, a trundle wheel, and a merry-go-round using LEGO® bricks. Use these LEGO® brick models to explore STEM concepts. The {YEL!} Teach It! Practice It! Play It! method engages students to create and innovate. Sign up today! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

Albany Elem, Door 5	\$52
Art Room	4 sessions
F19012 Mon Oct 7- Nov 11 (No Class 10/14, 11/4)	3:15-4:15 pm
Avon Elem, Door 4	\$52
Art Room	4 sessions

Art Room	4 sessions
F19013 Mon Nov 18- Dec 9	3:15-4:15 pm



sisters Anna and Elsa and pals Olaf and Kristoff from Disney's Frozen as they learn that true love comes from within. Register by November 18. Registration includes transportation and ticket. All minors must be accompanied by an adult. **Bus leaves Albany City Hall at 8:45 am**. Additional locations to ride the bus include: New London- 7:45 am, Belgrade- 8:00 am, Paynesville- 8:20 am, and Clearwater- 9:30 am. If you plan on riding from a location other than Albany, please let our office know upon registration.

Xcel Energy Center \$65 1 session F19107 Sun, Dec 8 8:45 am-3:00 pm

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Albany Cribbage Club, Grades 3-5 Nikki Myoqeto

Come join the fun and learn the strategic game of cribbage. Students will practice their mental math, observe and continue patterns, solve basic functions, witness probability concepts, and relate sets and combinations. The final class will be a tournament to see who had the most skill and luck.

Albany Elem, Door 5	\$28
Room 142	4 sessions
F19020 Thu Nov 7 - Dec 5	3:00-4:00 pm
(No Class 11/28)	



#### Jack-O-Lantern.

Grades K-12 PotSpot Get into the Halloween spirit with this fun jack-o-lantern decoration. PotSpot will take the items to be fired and

return to the school within two weeks.

Albany Elem, Door 5 Art Room F19022 Tue Oct 8

\$19 1 session 3:15-4:30 pm

Avon Elem, Door 4 Art Room F19023 Mon Oct 7

#### \$19 1 session 3:15-4:30 pm



#### Snowman Mug,

Grades K-12 PotSpot Paint this fun snowman mug however you wish! It is

perfect for a warm cup of hot chocolate on a cold winter day! PotSpot will take the items to be fired and return to the school within two weeks.

Albany Elem, Door 5		
Art Room		
F19024 Mon Dec 2		

\$19 1 session 3:15-4:30 pm

Avon Elem, Door 4 Art Room F19025 Thu Dec 5

\$19 1 session 3:15-4:30 pm



**Owl Bowl**, Grades K-12 PotSpot This fun bowl is 3.75" H x 5.25" D and ready to be personalized by you! PotSpot will take the items to be fired

and return to the school within two weeks.

Albany Elem, Door 5 Art Room F19026 Thu Nov 7	\$19 1 session 3:15-4:30 pm
Avon Elem, Door 4	\$19
Art Room	1 session
F19027 Tue Nov 5	3:15-4:30 pm

# **Pumpkin Patch Carnival**

**Grades PreK-5** Friday, October 25 -- 5:00-7:30 pm **Albany Elementary School** \$4.00/child

#### Story Hour with Ms. Jen

Come join Ms. Jen at Saturday Story Hour at the Great River Regional Library on September 7, October 5, and November 2! There will be stories, songs, arts and crafts... even a healthy snack! Event is FREE and open to children ages 0-5. Parents are required to stay with their child during class. Time: 10:30-11:30 am.

Sponsored By: Albany Area Community Education & Great River Regional Library



#### Huskie Pups Volleyball Club,

Grades 4-6 Brian Hines

Coach Hines and his staff are offering six sessions to teach and develop fundamentals of volleyball for 4th, 5th and 6th grade girls. Athletes will get repetitions of serving, passing, setting, attacking skills. Team serve receive, offense, and defense will be emphasized as well. Four-on-four, five-on- five and six-on- six competitions will be incorporated. T-shirts not guaranteed after August 31.

Albany HS, Door 1\$36BECC6 sessionsF19005 Sat Sep 7-Oct 128:00-10:00 am

#### Albany Pawettes Fall Dance Team,

Grades 6-11 Anna Schulzetenberg

This opportunity is designed for students going into grades 7-12 who are interested in being a part of the Albany Pawettes dance team. Participants will prepare for the season by working on skills and learning a routine that will be performed at Albany home varsity football games throughout the season. This year will be an 8-week season, as compared to last year's 5-week season, and will feature more football game performances.

Avon Elem, Albany Elem \$159 Gym 24 sessions S19088 Tue, Thu & Sat Aug 20-Oct 15 (No Class 9/7) Practices:

- Tue & Thu 3:30-5:30 pm Avon Elem
- Sat 8:00-10:00 am Albany Elem

#### Quan Li K'an Karate Youth Class,

#### Ages 8-12

Adam Patterson, 6th Degree Black Belt & David Torbert 4th Degree Black Belt The beginner class will focus on the fundamentals of Karate which include kicking, punching and forms. The program is taught using a series of group exercises and interactive games. Students will learn basic Karate moves and personal self defense in a fun and fast paced environment with an emphasis on discipline and self confidence. Uniforms are encouraged but are not needed to attend class. Uniforms are required for testing if the student wants to advance to the next rank. New students who register before the third class receive a free uniform.

Albany HS, Door 1	\$99
Wrestling Room	15 sessions
F19003 Mon Sep 9-Jan 6	6:00-7:15 pm
(No Class 11/4, 12/23, 12/30)	

(12/2-1/6 Class will be held in Albany Elementary Gym)

#### \$36 Quan Li K'an Karate Advanced Class,

6 sessionsAges 13-Adult-10:00 amAdam Patterson, 6th Degree Black Belt & David<br/>Torbert, 4th Degree Black Beltam,This advanced class will focus on the<br/>meaning of Karate and the application of the<br/>forms as they apply to real world self-defense.<br/>This program will be taught in a smaller<br/>group with the instructors helping students<br/>perform the self-defense techniques properly.<br/>The advanced class is required for any<br/>student wishing to become a first-degree<br/>black belt. Uniforms are encouraged but are<br/>not needed to attend class. New students who<br/>register before the third class will receive a<br/>free uniform. Testing: TBA.

Albany HS, Door 1	\$99
Wrestling Room	15 sessions
F19004 Mon Sep 9-Jan 6	7:30-8:45 pm
(No Class 11/4, 12/23, 12/30)	

(12/2-1/6 Class will be held in Albany Elementary Gym)



## **Co-Ed Flag Football**, Grades 5-6

#### Keith Arens

Get out of the stands and onto the field with youth flag football. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action, while learning lessons based on teamwork. Each Saturday will start with practice and then we will break up into teams for short games.

Jewelry, watches or shorts with buckles are not allowed to be worn. **Parent/older sibling** volunteers are essential to this activity. If you are interested in helping (coaching/officiating), please call or text Keith Arens at **320-292-5234**. Parent volunteers will receive \$10 off their child's registration fee. (Coach/officials clinic Sep 7 at 8:15 am). Registration Deadline: August 27 to guarantee a t-shirt. Flag football will take place on the practice field behind the bus garage. There will be an optional scrimmage date TBD in October.

\$40 Albany Secondary School Football Practice Field 4 sessions F19018 Sat Sep 7-28 9:00-11:00 am



Huskie Pup Wrestling Club Join the Huskie Pup Wrestling Club! This program is for both new and seasoned wrestlers! You choose if you would like to wrestle 1, 2 or 3 nights a week. Parents must attend the informational open house Monday, Nov 11 at 6:00 pm at the Albany High School Cafeteria. To speed up the

registration process, please complete the online steps to place your child on a waiting list. Payment will be then be applied after the informational meeting with the card you save on file. The registration fee can also be paid with a check the night of the informational meeting. Please bring a separate check for a \$25 deposit volunteer fee (refundable at the end of the season if parent volunteers at an event). PreK wrestlers must be 4 years old by September 1, 2019. If you have questions contact Matt Carlson at 612-875-3030 or

huskiepupwrestling@gmail.com.

Albany HS, Door 1 Wrestling Room F19302 Mon, Tue, Thu Dec 2-Mar 26 (No Class 12/23, 12/24, 12/26, 12/30, 12/31, 1/20, 2/13, 2/17) 1 Night per week (Tue): \$33 2 Nights per week (Tue & Thur): \$42 3 Nights per week (Mon, Tue & Thur): \$60



# Hockey Association

River Lakes Hockey

Association is offering a free program for children ages 4-10 to check out hockey and learn to skate. Coaches from the River Lakes youth hockey teams will help teach kids the basics of the game and skating fundamentals. Equipment will be provided on a first come first serve basis. If you have any questions please contact Jess Ludwig at ludwigi1125@yahoo.com or Amanda Henry at amccoy41@yahoo.com.

#### **Boys and Girls Beginner Hockey Camp Richmond River Lakes Civic Arena**

Tue Oct 1	5:30-6:30 PM
Thu Oct 3	5:30-6:30 PM
Sat Oct 5	9:30-10:30 AM
Tue Oct 8	5:30-6:30 PM
Thu Oct 10	5:30-6:30 PM
Learn to Skate	
<b>Richmond River Lakes C</b>	ivic Arena
Sat Oct 5	10:30-11:30 AM
Sun Oct 6	2:00-3:00 PM
Sun Oct 6 Sun Oct 13	2:00-3:00 PM 2:00-3:00 PM
Sun Oct 13	2:00-3:00 PM

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#### Youth Bowling Program at ABC, Grades K-12

Steve Bates

Our youth bowling program is a great way to have fun and stay fit. Bowling promotes learning of math skills by calculating scores, figuring averages and learning mathematical systems to adjust to lane conditions and spare shooting. In addition, organized bowling programs provide life skills such as time management and understanding winning and losing. There are no barriers to participation and no one sits on the bench in bowling. Enjoy 3 games of fun each session, free use of bowling shoes, a NEW custom fitted and drilled bowling ball-your choice of colors or a \$40 gift certificate.

Albany Bowling Center 12 sessions F19019 Fri Oct 11-Dec 27



Albany Youth **Basketball Association** (AYBA)

\$144

Boys & Girls Grades 4-8

#### Informational Meeting Attendance at the AYBA

informational meeting is

required for all 4th Grade participants and anyone new to the program. Attendance is also recommended for any families that would like to know more about AYBA or for those that would like to try on uniforms or spirit wear.

#### Monday, September 9th - Albany Elementary Cafeteria

- 6:30 pm Presentation and O&A Required for all 4th Grade participants and any one new to the program.
- 7:00 pm Clothing Sizing Uniform and spirit wear options will be available to try on.

Registration for the 2019-2020 season will take place online at albanyhoops.com (beginning September 1, 2019).

## Fundamentals of Weight Lifting, Boys &

Girls Grades 6-8

#### Alex Evan, AHS Athletes

This course is designed to teach seventh and eighth grade boys and girls how to perform the lifts and exercises associated with the Huskie H.I.T.S. program. A dynamic warm-up will also be covered during the course. This course is highly recommended for all athletes who want to participate in after/before school weight training and the Summer Huskie H.I.T.S. program. Four sections of the same course is being offered. This class will be led by current AHS athletes and coaches.

Albany HS, Door 1 Weight Room 7:00-8:00 am

\$15 6 sessions

F19316 Tue, Thu Sep 10-26 F19315 Tue, Thu Oct 8-29 (No Class 10/17) F19314 Tue, Thu Nov 5 -21 F19313 Tue, Thu Dec 3-19 3:30-5:30 pm



#### Albany Area Gymnastics Association (AAGA)

Ages 2-18

Online Registration will be open on August 11.

Fall 10-week session will begin September 9 and run through November 15.

Website for registration is www.albanyareagymnastics.org.

Please call Shelley Johnson with questions at 320-266-0452.



# **S** Mid-Minnesota Community Aquatics Class Descriptions

Private Swim 1-6 lessons are 25 minutes for 5 sessions or

participant the individualized attention necessary in order

what swim level your student is in upon registration. 1 to

to improve or master swimming skills. Please indicate

30 minutes for 4 sessions. They are designed to give any

#### Semi-Private Lessons

Swim 1-6 classes are 50 minutes and meet 5 times or 60 minutes and meet 4 times. We encourage participants to complete all swim levels to ensure learning all swimming skills and strokes. 3 to 1 instructor ratio.

Fee: \$44

#### Swim 1 (ages 5 and up)

Participants become comfortable in the water learning basic skills. Safety topics include pool rules, recognizing lifequard, safe water entry, being able to recall name and phone number, helping yourself in an emergency and proper use of life jacket.

#### Skills:

- Enter and exit the water
- Blowing bubbles
- Bob underwater
- Pick up object under water
- Front/back floats
- Front/back blast offs
- Flip flops (rolling from front to back)
- Flutter kick on wall
- Front/back paddle
- Treading water motions

#### Swim 4

Participants increase endurance, improve skills learned in Swim classes 1-3 while learning new skills. Safety topics include basic first aid, reaching assist and proper use of life iacket.

#### Skills:

- Feet-first surface dive in deep end
- Somersault
- Open turn: Front crawl
- Open turn: Back crawl
- Treading water
- Flutter kick on front/back with kick with kick board board
- Breaststroke kick with kick board
- Front/back crawl
- Elementary backstroke
- Breaststroke
- Dolphin kick

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#### Fee: \$64

Private Lessons

1 instructor ratio.

Swim 2 Participants learn to swim without support. Safety topics include being able to recall parents/quardians names, home address, proper use of life jackets and boat safety.

#### Skills:

- Jump into chest-deep water and return to the edge of pool
- Bob underwater and hold breath
- Front/back float
- Front/back blast off
- Flip flops (rolling from front to back and back to front)
- Flutter kick with kick board
- Treading water
- Front/back crawl
- Breaststroke kick

#### Swim 5

Participants learn ways to improve efficiency for strokes learned in Swim classes 1-4 while learning new skills. Safety topics include first aid, throwing assist and proper use of a life jacket.

#### Skills:

• Feet-first surface dive to 7 ft. and pick up object

- Flip turn: Front crawl
- Flip turn: Back crawl
- Treading water
- Flutter/dolphin/breaststroke kick
- Front/back crawl with flip turn
- Elementary back stroke
- Breaststroke
- Butterfly

#### Sidestroke

#### Swim 3

Participants learn to be comfortable with new skills in deep water and learn new strokes. Safety topics include helping yourself and others in an emergency, safe weather conditions for swimming and proper use of life jackets.

#### Skills:

• Jump into deep water and return to wall

- •Swim underwater and pick up an object
- Front/back float in deep end
- Flutter kick on front/back with kick board
- Treading water in deep end
- Front crawl with rhythmic
- breathing
- Back crawl
- Elementary backstroke
- Breaststroke kick
- Breaststroke arm motion

#### Swim 6

Participants have learned all strokes and will concentrate on refining their technique. Safety topics include recognizing spinal injury and proper use of life jacket.

#### Skills:

 Feet first surface dive and pick up brick

- Open turn breaststroke/butterfly
- Tread water, kick only
- Flutter/dolphin/breaststroke kick with kick board
- Front/back crawl with flip turn
- Elementary back stroke
- Breaststroke with open turn
- Butterfly with open turn
- Sidestroke

# **Swimming Lesson Registration**

**ONLINE** swim lesson registration will open on **Tuesday, August 27 at 8:30 am**. Devices will be available in the Community Education Office for public use if needed.

**PHONE** swim lesson registration for any <u>remaining</u> lessons will open **Wednesday, August 28 at 8:30 am**.

**Pool Rules:** Dec 2-5 (M-TH) 3:30-4:00 pm: Private 1. Please take a shower before entering pool. A19950 2. Children under 5 years of age must be accompanied by an A19951 adult in the water. A19952 3. No glass, food or beverages are allowed in the pool or 4:05-4:35 pm: Private locker room. A19953 4. Please WALK in locker rooms and on the pool deck. A19954 5. Kick boards are to be used for instructional purposes only. A19955 6. Please do not sit or hang on lifeline. 4:40-5:10 pm: Private 7. Please do not push, dunk or spit water. A19956 8. All flotation devices will remain in the shallow end. A19957 9. Absolutely no diving in the shallow end. A19958 5:15-6:15 pm: Semi-Private **Deep Water Rules:** A19959 - Level 1 1. You must be able to swim the length of the pool using the A19960 - Level 2 American Red Cross Level 3 front crawl. A19961 - Level 3 2. A swim test may be required by the lifequard. Judgment on 6:25-7:25 pm: Semi-Private swimming ability will be at the lifequard's discretion. A19962 - Level 1 3. Starting blocks are to be used by swim team only. A19963 - Level 3 4. Adults are not allowed to catch children jumping off of the A19964 - Level 4 diving board. 7:35-8:05 pm: Private 5. Diving should be done off of diving board or diving board A19965 side of pool only. A19966 6. Diving Board: \*One person at a time \*One bounce only A19967 \*Walk on diving board \*No flips, back dives or turning off diving board.

#### Thank You Advisory Council!

The Community Education Advisory Council meets four times per year and consists of community members, business owners, parents and representatives from various organizations within our communities. The main purpose of the council is to serve as the community's voice and provide feedback in setting goals and objectives for the department. Thank you to our current Community Education Advisory Council members: Liz Berckes, Krista Dirkes, Allison Dudek, Ryan Gaebel, Scott Hansen, Lynn Pennie, Tom Schneider and Darcy Ruesink.

If you are interested in learning more about serving on the advisory council, please contact our office at 845-5060 or email us at <u>communityed@district745.org</u>.

# 2019-20 Early Childhood Family Education

#### What is Early Childhood Family Education (ECFE)?

Early Childhood Family Education (ECFE) is a program for children, ages birth to Kindergarten, and their families. ECFE offers quality classes to strengthen parenting skills and to discover activities to help your child learn and grow. Watch your child thrive and make new friends!

Playing and learning together strengthens the parent/child bond. Come to class and gain knowledge of child growth and development, temperament and discipline techniques. Each class includes parent/child time, learning activities for children and parent discussion. Classes are led by Minnesota State Licensed Parent and Early Childhood Educators.

Fees for the program are based on the annual gross income of your household. We appreciate your honesty as our program relies on the fees we receive from participants. Financial assistance is available and no one will be denied participation due to inability to pay. Please call 845-5060 for more information on scholarships. To avoid disappointment, register early!

#### **Toddler Classes**

Busy, busy, busy! Toddlers and 2's will discover art and sensory play, movement activities, songs and fingerplays in this non-separating class. Come and explore our classroom and meet new friends. Informal parent discussion and observations will be included.

#### 1 & 2 Year Old 8-Week Class

Avon Elem, Door 4 -- 5:30-7:00 pm Room E-1 Tuesdays, January 7-March 10, 2020 (No Class 2/11, 2/25)

#### 2's and 3's Classes

Playful, energetic and on the move! You can see the wheels turning as they make new discoveries. Join us for lots of "hands on" learning as we focus on social skills, language and music, as well as beginning concepts. Parents will separate for discussion covering topics geared for this age.

#### 2 & 3 Year Old 8-Week Class

Albany Elem, Door 5 -- 6:00-7:30 pm Room E-2 & E-3 Session 1: Wednesdays, Jan 8-Feb 26, 2020 Session 2: Wednesdays, Mar 11-May 6, 2020 (No Class 4/15)

#### Mixed Ages Classes

Children learn so much when they explore the world together! This is especially true in our mixed age classes that encourage and challenge language development, social interaction, physical and cognitive development across ages. Parents will separate for discussions, which are parent-driven, covering a wide variety of topics.

#### 0-4 Year Old 8-Week Class

Avon Elem, Door 4 -- 6:00-7:30 pm Room E1 & Staff Lounge Tuesdays, March 17-May 12, 2020 (No Class 3/24)

#### 0-5 Year Old 10-Week Class

Albany Elem, Door 1 -- 9:00-11:00 am Room E-3 & E-2/E-3 Office Session 1: Thursdays, Sep 19-Dec 5 (No Class 10/17, 11/28) Session 2: Thursdays, Dec 12-Feb 27, 2020 (No Class 12/26 or 2/13) Session 3: Thursdays, March 5-May 14, 2020

(No Class 4/16)

ECFE Sliding Fee Scale 2019-20									
Annual gross family income	8 week class	10 week class							
\$0-\$45,000	\$42	\$70							
\$45,001-60,000	\$48	\$80							
\$60,001-75,000	\$54	\$90							
\$75,000 +	\$60	\$100							

# 2019-2020 Preschool

#### Preschool 1 Class Options - Fall 2019 - Age 3 by September 1, 2019

In Preschool 1, your child will be guided through a school year full of hands-on learning activities that are educational and fun! The preschool curriculum provides learning experiences in the following areas: social and emotional skills, art, music, math, science, large motor, dramatic play, language and literacy skills, blocks, library books, games and puzzles.

#### 2-Day Half-Day AM Preschool 1 - Avon Elementary

- Tuition: \$115 per month
- Class Time: 8:00-11:00 am
- No Camp or Wrap-Around Care Option

#### Tuesday Evening Preschool 1 - Avon Elementary

- Tuition: \$315 per year (\$270 after \$45 registration fee)
- Class Time: 5:15-7:00 pm

#### Preschool 2 Class Options - Fall 2019 - Age 4 by September 1, 2019

We prepare students for Kindergarten in our Preschool 2 programs by regularly working on literacy, math, social and emotional, language, arts, large motor and fine motor skills. Our preschool programs offer children a positive group experience in a safe and nurturing environment that encourages exploration and learning.

\*At the time of this publication's printing, space <u>is</u> available in our Avon Elementary 4-Day All-Day Preschool 2 Class.\*

#### 4-DAY ALL-DAY (Mon-Thurs or Tues-Fri)

Avon Elementary School

- Tuition: \$475/month
- Class Time: 8:00 am-3:00 pm
- Preschool Camp Option (Add'l Fees Apply):
  - 5th Day Camp- 8:00am-3:00 pm
- Wrap-Around Care Options (Add'l Fees Apply):
  - Before School- 6:45-8:00 am
  - After School- 3:00-5:45 pm
  - Non-School Day- 6:45 am-5:45 pm



2019-20 Preschoo

#### Is Your Child on the Census?

It is very important for your baby, toddler or preschooler to be registered on the SCHOOL CENSUS (regardless of whether your child will attend public, private or home school). If you have moved to or within the Albany Area School District boundaries, changed your phone number, or have a new baby, you will need to update your census information. Call 320-845-5060 to update information.

### Preschool Camp & Wrap-Around Care -- Preschool 2

#### Avon and Albany Elementary - Available for Eligible Sections of Preschool Only

Albany Area Community Education is excited to offer before and after school Wrap-Around Care for students attending a Preschool 2 class. Students attending 4-Day All-Day Preschool 2, or 4-Day Half-Day Preschool 2 are also eligible to attend Preschool Camp. For more information, contact our office at 320-845-5060.

#### At a Glance...

• <u>Preschool Camp</u> is available after AM preschool for 4-Day Half-Day Preschool 2, and on the 5th day for 4-Day All-Day Preschool 2. The camp model promotes continuity between the preschool day, assists in minimizing the stress of transitions for our preschoolers, and will include collaboration with classroom teachers.

 $\cdot$  <u>Wrap-Around Care</u> is available before preschool/camp (6:45-8:00 am) and after preschool/camp (3:00-5:45 pm) for all Preschool 2 students.

• Please note: Due to the importance of consistency for our preschool students, wrap-around care and camp is only available on a full-time basis (not part-time or drop-in).

Financial Assistance is available through Stearns County Social Services or Milestones Scholarships.
If you register your child for Preschool Camp and Wrap-Around Care during the regular school year, your child is also eligible to attend programming on non-school days during the 2019-2020 school

year and Summer 2020 . Preschool Camp & Wrap-Around Care (Main Line in Avon): 845-5362

Register online with our user-friendly registration software at <u>district745.ce.eleyo.com</u> Go to: Explore All Programs > Preschool Camp & Wrap-Around Care > Registration

#### Kids Company School Age Child Care -- Grades K-5 Avon and Albany Elementary

What are your kids doing after school? Is your child too old for daycare and too young to stay home alone? Need someone to supervise homework time? Kids Company provides a well-supervised, nurturing environment where children can develop friendships and grow in self-confidence, independence and respect for themselves and one another.

#### At a Glance...

 $\cdot$  Programming is available before school (6:45-8:00 am), after school (3:00-5:45 pm), and on non-school and early dismissal days, as well as in the summer.

· Flexible enrollment options available including:

 $\cdot$  Consistent schedule: To be used for children who will be coming the same days of the week every week.

 $\cdot$  Pick Your Days schedule: To be used for children who will be coming on different days of the week every week.

- $\cdot$  Drop In: To be used for children who will be coming on an occasional basis.
- $\cdot$  Financial Assistance is available through Stearns County Social Services.

#### Albany Kids Company 845-5245 • Avon Kids Company 845-5352 Register online with our user-friendly registration software at <u>district745.ce.eleyo.com</u> Go to: Explore All Programs > Kids Company > Registration



# Albany Santa Day

Friday, December 6 Albany Elementary School Sponsored by: Albany Area Chamber of Commerce



# Avon Magic of Christmas

Friday, December 6 Avon Elementary School Sponsored by: Avon Area Chamber of Commerce

#### Join the Albany Area Community Band (Christmas Season)



The Albany Area Community Band invites students and adults to

perform with us. If you have any past instrument experience our band is a great place to brush up on those skills. Our fall season begins Thursday, October 3 and meets each Thursday until early December (excluding Thanksgiving). We perform three to four short concerts featuring all Christmas music. Rehearsals are located at the Albany Community Center, 741 Lake Avenue at 7:00 pm. Plan ahead and consider our summer parade season. Practices begin in early April. For more information, call or text Angela Haynes at 320-247-1701 or email at haynes@albanytel.com.

FOSTER GRANDPARENT PROGRAM Must be 55, no age is too old! Contact Pat at 320.293.0682 pscherf@ccstcloud.org \*This is a paying volunteer position\* Multiple Literacy Tutor Positions Available!

**Pumpkin Patch Carniva** 

Come enjoy themed games, activities and arts & crafts! Toy bingo and concessions are also available for an additional charge.

Friday, October 25

5:00-7:30 pm Albany Elementary School

\$4.00/child

**Grades PreK-6** 



Are you interested in a fulfilling

experience where you will make a difference in children's lives? Minnesota Reading Corps and Albany Area Schools are looking for dedicated literacy tutors! As a literacy tutor, you will work directly with kids each day teaching them essential literacy skills to help them become proficient readers by 3rd grade. Preschool and K-3 positions are available for the 2019-20 school year at Avon and Albany Elementary schools. Go online to www.readingandmath.net to learn more!

#### Early Childhood Screening

Is your child between 3 years 7 months and 4 years old? Is your child 4 years old and has not had an Early Childhood screening yet?

If so, it is your time to schedule your student's Early Childhood Screening Clinic. The screening clinic will take place at Avon Elementary School. The screening will take approximately one hour and will include:



Early Childhood Screening

\*Hearing and Vision Screening \*Developmental Screening \*Summary Interview

This screening is offered at no cost to you and is required by the State of Minnesota to attend Kindergarten. Appointments are available on a first come-first serve basis.

To schedule an appointment, visit <u>https://www.district745.ce.eleyo.com</u> > Early Childhood Screening or call 320-845-5369. If you do not see a screening available, please contact 320-845-5369 before your child turns 4 years old.

#### Application for Educational Benefits

If you have not done so, please review the meal benefits application on the following page. Every family is encouraged to fill out one and a new one is required each year. Funding for our schools is partially based on how many free and reduced families we have, so please review the document and complete if you fee that you may qualify.

#### How to Complete the Application for Educational Benefits

Complete the Application for Educational Benefits form for school year 2018-19 if any of the following applies to your household:

• Any household member currently participates in the Minnesota Family Investment Program (MFIP), or the Supplemental Nutrition Assistance Program (SNAP), or the Food Distribution Program on Indian Reservations (FDPIR) or

• The household includes one or more foster children (a welfare agency or court has legal responsibility for the child)

or

•The total income of household members is within the guidelines shown below (gross earnings before deductions, not take- home pay). Do not include as income: foster care payments, federal education benefits, MFIP payments, or value of assistance received from SNAP, WIC, or FDPIR. Military: Do not include combat pay or assistance from the Military Privatized Housing Initiative. The income guidelines are effective from July 1, 2019 through June 30, 2020.

Household size	\$ Per Year	\$ Per Month	\$ Twice Per Month	\$ Per 2 Weeks	\$ Per Week
1	23,107	1,926	963	889	445
2	31,284	2,607	1,304	1,204	602
3	39,461	3,289	1,645	1,518	759
4	47,638	3,970	1,985	1,833	917
5	55,815	4,652	2,326	2,147	1,074
6	63,992	5,333	2,667	2,462	1,231
7	72,169	6,015	3,008	2,776	1,388
8	80,346	6,696	3,348	3,091	1,546
Add for each additional person	8,177	682	341	315	158

	3
OF EDUCATION	DEPARTMENT

# 2019-20 Application for Educational Benefits

21

Complete one application per household. Please use pen (not a pencil).

STEP 1: List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach another sheet of paper).

Benefits for more information. Definition: A Household Member is "Anyone living with you and shares income and expenses, even if not related." Children in Foster care are eligible for free meals. Read How to Complete the Application for Educational

Child's First Name	MI	Child's Last name	School	Grade	Birthdate	Foster Child (V)

Ş	Child Income
	Weekly
	Bi-weekly
	2x Month
	Monthly

320-845-5060 | www.district745.org/communityed

Printed name of adult signing form D	Minnesota Health Care Programs as allowed by state law.	"I certity (promise) that all information on this application is true and that all income is reported. I understand that this information is give in connection with the receipt of Federal fi (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws." I have checked this box if I do not want my information shared with	STEP 4: Contact information and adult signature. Mail or return completed form to: (School/District Information) Albany Area Schools, 30 Forest Ave PO Box 40,	C. Last Four Digits of Social Security Number (SSN) of Primary Wage Earner or Other Adult Household Member XXX-XX-				Name of Adult Household Members (First and Last) List all Household members not listed in STEP 1 (including yourself) even if they do not receive income. Include children who are temporarily away at school or in college.	Not sure what income to include here? Flip the page and rev	B. All Adult Household Members (including yourself). For each Household Member listed, if they do receive income, report total gross income only. If they do fields blank. You are certifying (promising) that there is no income to report.	somenines children listed in STEP 1.	A. Child Income	Ψ Ψ
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Weekly x 52 Bi-Weekly x 26	Do not fill out: For School Use Only Annual Income Conversion:	d. I understand that thi lose meal benefits, and	istrict Information) Alb	Household Member XXX.	\$ Ş	Ş	Ş	Gross earnings from Work Report income before deductions or taxes, for each source in whole dollars (no cents).	information. "Sources of	If they do receive income,	ncome		e following assistance progr then go to STE :P 2)
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adult income) We Bi-wi ZX N Mon Size Eligi	All Total income ekly lonth thly alize Household profical	s information is give in connection with the receipt of Federal funds, and that school officials may verify I may be prosecuted under applicable State and Federal laws."		XX- Check if no SSN: 🗆 Total Household Members (Children and Adults)	\$	\$	\$ 0 0 0 \$	Monthly Yearly Self-Employment Weekly Bi-Weekly 2x Month	Not sure what income to include here? Flip the page and review "Sources of Income" for information. "Sources of Income" will help you with the Child Income section and All Adult Household Members section.	report total gross income only. If they do not receive income from any source, write 'O' or leave any		Weekly Bi-weekly	ams: SNAP, MFIP or FDPIR? Medical assistance <b>does not</b> qualify. :P 4 ( <u>Do not complete STEP 3</u> ) <b>If NO</b> > Go to STEP 3.

Signature of Household Adult

Street Address (if available)

Apt#

City

Zip

Twice a Month x 24 Monthly x 12

district745.ce.eleyo.com

Date

Determining Official's Signature Date **Confirming Official's Signature** □ Selected for Verification – attach Verification Tracker

Date

# How to Register

#### Online:

https://district745.ce.eleyo.com



#### By Phone:

Registration can be taken over the phone using a Visa, Discover or MasterCard. Call 845-5060 to register by phone.

#### By Mail:

Simply fill out the registration form, attach a check or money order, and mail to:

Community Education PO Box 40 Albany, MN 56307

#### In Person:

Registrations can be dropped off at Albany Secondary School District Office. Office hours are Monday through Friday 8:00 am-4:00 pm.

#### Make checks payable to:

Albany Area Community Education

## Where Are Our Schools?

#### Albany Area Middle & High School

30 Forest Ave, Albany

#### Albany Elementary School

10 Forest Ave, Albany

#### **Avon Elementary School**

410 Avon Ave N, Avon

# **Registration Policies**

#### **Register Early**

Classes fill up quickly. Please register by the deadline indicated after each activity so we can make enrollment decisions. If there is not a deadline listed, please register at least one week in advance. We will accept registrations as long as room is available.

#### Are You Registered?

Assume the course will be held at the time and place indicated and that you are enrolled unless you hear differently from the Community Education Office.

#### Special Needs

If you have a disability and assistance is needed in participating in any Community Education activity, or if you have questions about accessibility, call us.

#### **Inclement Weather**

No classes or recreational activities will be held when school has been cancelled or closed early due to bad weather. Participants will be emailed upon cancellation of class. You may also call 845-5060 for notification of cancellation.

#### **Refund Policy**

We will issue a full credit voucher or refund only if you notify the Community Education Office with cancellations at least 48 hours prior to the beginning of class. Prorated refunds will be issued for classes or activities that have multiple meeting dates. Request for refund must be made and will be handled on an individual basis.

#### **Cancellation Policy**

We reserve the right to cancel classes if enrollment is below the minimum needed. Registrants will be notified of cancellation before the class begins and a full refund will be given.

#### Satisfaction Guaranteed

If you are not satisfied with any Community Education activity in which you participated, please call us at 845-5060. We will make it right!

#### Scholarships Available

Scholarships are available for students (Grades PreK-12) that qualify for free or reduced lunch. Simply fill out the application and receive reduced tuition on Community Education classes. Applications are kept confidential.

#### Anti-Bullying Policy

Albany Community Education is subject to the Albany Area School's anti-bullying policy. All school-aged participants in activities and classes must abide by this policy at all times while participating. Violations of this policy may result in a participant's removal from the activity and/or other consequences as described in the policy.

#### Hold Harmless Policy

In order to participate in any activity, I agree to hold Albany Area Schools and Albany Area Community Education, its employees, agents and contractors harmless and I give up any right I may have to make claims or lawsuits against them. I acknowledge that this is not an essential service provided by Albany Area Schools and Albany Area Community Education. I understand and acknowledge that the activities I am about to voluntarily engage in as a participant have certain risks. I understand that these risks known or unknown, anticipated or unanticipated may result in injury, death, illness, disease or damage to myself or my property or to other persons or their property. I voluntarily agree and promise to accept and assume all responsibilities and injuries, death, illness, disease or damage to myself or my property arising from my participation. I am voluntarily participating in activities with knowledge of the dangers and risks involved and no one is

forcing me to participate.

#### Albany Area Community Education Registration

PO Box 40, Albany, MN 56307 Phone: 320-845-5060

Name	Grade		DOB	Sc	thool		
Address			Home	Phone			
Work/Cell Phone	E-mail						
Parent's Name							
Shirt Size (if applicable)	Youth: S M	L		Adult: S	м	L	XL
Credit Card Number			_ Expiration		Authorizat	ion Cod	de

Course	Course Title	Fee

#### Albany Area Community Education Registration

PO Box 40, Albany, MN 56307 Phone: 320-845-5060

Name	Gra	de		DOB_		Scho	ol		
Address				Hom	e Phone				
Work/Cell Phone	E	-mail _							
Parent's Name									
Shirt Size (if applicable)	Youth: S	м	L		Adult:	s	м	L	XL
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