

September Merlo Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Today	3 Buffalo or Crispy Layered Chicken Bowl	4 Beef or Vegetarian Nachos (V)	5 Teriyaki Beef Bowl Cheese or Pepperoni Pizza Rippers (V)	6 Macaroni and Cheese (V) Chicken Soft Tacos
9 Chicken Drumstick with Potatoes Chicken Filet Sandwich Cheese or Pepperoni Pizza Rippers (V)	10 Buffalo Chicken Tater Bowl	11 Chicken or Vegetarian Nachos (V)	12 Orange Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	13 Chicken Alfredo Pasta Chicken Soft Tacos
16 Rib B Que Sandwich Cheese or Pepperoni Pizza Rippers (V)	17 Buffalo or Crispy Layered Chicken Bowl	18 Beef or Vegetarian Nachos (V)	19 Sweet and Sour Chicken Bowl^N Cheese or Pepperoni Pizza Rippers (V)	20 Pasta with Meat Sauce Chicken Soft Tacos
23 Buffalo or Crispy Popcorn Chicken Cheese or Pepperoni Pizza Rippers (V)	24 Country Steak with Mashed Potatoes and Gravy	25 Chicken or Vegetarian Nachos (V) Chicken Caesar Salad	26 Teriyaki Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	27 Lasagna Roll Ups (V) Chicken Soft Tacos
30 All White Meat Chicken Nuggets Cheese or Pepperoni Pizza Rippers (V)	<p>Lunch Prices Paid: \$3.60 Reduced: No Charge Adult: \$4.50 Milk: .50</p>		<p>Follow us on Facebook: @BeavertonSDNutritionServices Follow us on Instagram: @bsdnutritionservices Follow us on Twitter: @BeavertonSDCafe Visit our Website: http://www.beaverton.k12.or.us/home/departments/nutrition-services/</p>	

Offered Daily

- Bosco Cheese Stuffed Breadsticks (V)
- Buffalo or Crispy Chicken Sandwich
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Roadrunner Cheese or Pepperoni Pizza (V)*
- Variety of Deli Sandwich (V)
- Variety of Prepared Salad (V)
- Yogurt and Granola Cup (V)

V=Vegetarian
* = Pork
N=New Item

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

What is included in your students lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Non-fat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always offered a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!

Just go to <https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!