

September Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday		
2 No School Today	3 Buffalo or Crispy Layered Chicken Bowl Bosco Cheese Stuffed Breadsticks (V)	4 Sweet and Sour Chicken Bowl with Rice^N Roadrunner Cheese or Pepperoni Pizza (V)*	5 Chicken Soft Taco Bosco Cheese Stuffed Breadsticks (V)	6 Macaroni and Cheese (V) Roadrunner Cheese or Pepperoni Pizza (V)*		
9 Rib B Que Sandwich Cheese or Pepperoni Pizza Rippers (V) Tater Tots offered with all meals	10 Buffalo Chicken Tater Bowl^N Bosco Cheese Stuffed Breadsticks (V)	11 Teriyaki Beef Bowl with Rice Roadrunner Cheese or Pepperoni Pizza (V)*	12 Corn Dog Bosco Cheese Stuffed Breadsticks (V) Toasted Cheese Sandwich (V) Cookie Treat	13 Chicken Alfredo Pasta Roadrunner Cheese or Pepperoni Pizza (V)*		
16 Buffalo or Crispy Popcorn Chicken Cheese or Pepperoni Pizza Rippers (V) Potato Wedges offered with all meals	17 Chicken and Waffles Bosco Cheese Stuffed Breadsticks (V)	18 Orange Chicken Bowl with Noodles Roadrunner Cheese or Pepperoni Pizza (V)*	19 Beef or Chicken or Vegetarian Nachos (V) Bosco Cheese Stuffed Breadsticks (V)	20 Pasta with Meat Sauce Roadrunner Cheese or Pepperoni Pizza (V)*		
23 Buffalo or Crispy Chicken Tenders Cheese or Pepperoni Pizza Rippers (V) Tater Tots offered with all meals	24 Country Steak with Mashed Potatoes and Gravy Bosco Cheese Stuffed Breadsticks (V)	25 General Tso's Chicken Bowl with Noodles Roadrunner Cheese or Pepperoni Pizza (V)*	26 Chicken Drumstick with Potato Wedges Bosco Cheese Stuffed Breadsticks (V) Toasted Cheese Sandwich (V)	27 Lasagna Roll Ups (V) Roadrunner Cheese or Pepperoni Pizza (V)*		
30 All White Meat Chicken Nuggets Cheese or Pepperoni Pizza Rippers (V) Potato Wedges offered with all meals	<table border="1"> <thead> <tr> <th>Offered Daily</th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> Buffalo or Crispy Chicken Sandwich Hamburger or Cheeseburger Peanut Butter and Jelly Sandwich (V) Variety of Deli Sandwich Variety of Prepared Salads Yogurt and Granola Cup (V) </td> </tr> </tbody> </table>				Offered Daily	<ul style="list-style-type: none"> Buffalo or Crispy Chicken Sandwich Hamburger or Cheeseburger Peanut Butter and Jelly Sandwich (V) Variety of Deli Sandwich Variety of Prepared Salads Yogurt and Granola Cup (V)
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Lunch Prices
 Paid: \$3.25
 Reduced: No Charge
 Adult: \$4.50
 Milk: .50

V=Vegetarian
 * = Pork
 N=New Item

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

What is included in your students lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

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<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

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