

September High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Today	3 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	4 Chicken Drumstick and Potato Wedges Sweet and Sour Chicken Bowl^N	5 Macaroni and Cheese (V) General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	6 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Orange Chicken Bowl
9 Buffalo or Crispy Popcorn Chicken Orange Chicken Bowl Chicken Filet Sandwich	10 Country Steak with Mashed Potatoes and Gravy General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	11 Rib B Que Sandwich Sweet and Sour Chicken Bowl^N	12 Chicken Alfredo Pasta General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	13 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Orange Chicken Bowl
16 Chicken Soft Taco Orange Chicken Bowl Chicken Filet Sandwich	17 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	18 Chicken and Waffles Sweet and Sour Chicken Bowl^N	19 Pasta with Meat Sauce General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	20 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Orange Chicken Bowl
23 Buffalo or Crispy Chicken Tenders Orange Chicken Bowl Chicken Filet Sandwich	24 Country Steak with Mashed Potatoes and Gravy General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	25 Buffalo or Crispy Popcorn Chicken^N Sweet and Sour Chicken Bowl^N	26 Lasagna Roll Ups (V) General Tso's Chicken Bowl Cheese or Pepperoni Pizza Rippers (V)	27 Buffalo Chicken Tater Bowl All White Meat Chicken Nuggets Orange Chicken Bowl

30 Chicken Soft Taco Orange Chicken Bowl Chicken Filet Sandwich
--

Offered Daily
<ul style="list-style-type: none"> • Beef, Chicken, and Vegetarian Nachos • Beef and Chicken Teriyaki Bowls • Bosco Cheese Stuffed Breadsticks (V) • Buffalo or Crispy Chicken Sandwich • Hamburger or Cheeseburger • Handmade Burritos • Peanut Butter and Jelly Sandwich (V) • Roadrunner Cheese or Pepperoni Pizza(V)* • Variety of Deli Sandwich (V) • Variety of Prepared Salads (V) • Yogurt and Granola Cup (V)

<p>Lunch Prices Paid: \$3.60 Reduced: No Charge Adult: \$4.50 Milk: .50</p>

<p>V=Vegetarian * = Pork N=New Item</p>

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

What is included in your students lunch meal?
Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Non-fat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

Follow us on Facebook: @BeavertonSDNutritionServices
Follow us on Instagram: @bsdnutritionservices
Follow us on Twitter: @BeavertonSDCafe
Visit our Website:
<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

Are you interested in working for Beaverton School District Nutrition Services?
This is fun, fast paced work you can do while your student is in school!
Just go to
<https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?cateqory=SUB+FOOD+SERVICE> click and apply!