

SUFFIELD PUBLIC SCHOOLS

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TELEPHONE 860-668-3800



Illness Guidelines

Illness	Stay Home? Or Go to School?	Details
Chicken Pox	Home	Children with chicken pox must stay home from school until <u>ALL</u> spots are dried and crusted, typically 5-6 days.
Cold with mild symptoms	School	Children may attend if he/she is fever free for 24 hours <u>AND</u> is able to participate in all school activities. Sending in extra tissues is always a good idea.
Cold with severe symptoms	Home	Children with cold symptoms that will affect their ability to perform in school are asked to stay home. Severe symptoms include persistent coughing, copious nasal discharge, excessive sneezing, sore throat and exhaustion.
Persistent Cough	Home	If cough is persistent and irritating, it is disruptive to learning and child should stay home. Examples could be a constant barking or “croupy” cough, a cough with excessive mucous, etc.
Conjunctivitis	Home	Children with purulent discharge (pus) coming from the eye, should seek medical treatment. Children may return after 24 hours of being on medication if prescribed and there is no further infected purulent discharge from the eye.
Pink Eye	School	Children may be in school with pink eye so long as there is no purulent discharge (pus) and it is not disruptive to learning. Extra handwashing/sanitizing precautions will be used in classrooms to prevent further spreading.
Diarrhea	Home	Children should be kept home for 24 hours after the last episode of diarrhea without the use of medication.
Fever	Home	Children should stay home if temperature is 100.0 or more. Keep child home until <u>fever free for 24 hours without the use of medication</u>
Fifth’s Disease	School	By the time the rash appears, children are no longer contagious and do not need to stay home. As long as child is fever free for 24 hours, he/she may return to school.
Flu	Home	Children are asked to stay home until they are fever free for 24 hours without the use of medication <u>AND</u> free from flu related symptoms such as headache, chills, and body aches.
Impetigo	Home	Children may return to school 24 hours after treatment starts. Sores should be kept covered at school.
Lice	School	Lice is a nuisance, but it is not required that children stay home while being treated. It is advised that you remove nits as completely as possible to prevent further spreading.
Ringworm	School	Children may come to school as long as the affected area is being treated and it is covered.
Strep Throat	Home	Children may return to school after 12 hours after the antibiotics are started <u>AND</u> temperature is less than 100.0 degrees without the use of medication.
Vomiting	Home	Children should be kept home for at least 24 hours after the last Episode of vomiting associated with a gastrointestinal illness.