







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Pillsbury WG Frudel (Apple or Cherry) Raisins or Craisins 100% Juice Milk Choice	4 Kellogg's WG Nutrigrain Bar Yoplait "Go Big" Yogurt Orange 100% Juice Milk Choice 	5 Egg & Cheese Breakfast Wrap Richland Hills Sliced Apples 100% Juice Milk Choice	6 Super Bakery Zucchini Bread Banana 100% Juice Milk Choice
9 J&J WG Breakfast Bars Banana Chocolate Chip Apple Sauce Cup 100% Juice Milk Choice	10 Pillsbury Mini Cinnis Raisins or Craisins 100% Juice Milk Choice 	11 J&J WG Breakfast Bar Banana Chocolate Chip Orange 100% Juice Milk Choice <p style="text-align: center;"><i>"This Institution is an Equal Opportunity Provider."</i></p>	12 Egg & Cheese on English Muffin Muffin Richland Hills Sliced Apples 100% Juice Milk Choice	13 Super Bakery Lemon Bread Banana 100% Juice Milk Choice
16 Kellogg's WG Nutrigrain Bar Yoplait "Go Big" Yogurt Apple Sauce Cup 100% Juice Milk Choice	17 CHEF'S CHOICE A Whole Grain Favorite served with Raisins or Craisins 100% Juice Milk Choice	18 Pillsbury WG Frudel (Apple or Cherry) Orange 100% Juice Milk Choice	19 Egg & Cheese Breakfast Wrap Richland Hills Sliced Apples 100% Juice Milk Choice	20 Super Bakery Banana Bread Banana 100% Juice Milk Choice 
23 WG CC Breakfast Round Apple Sauce Cup 100% Juice Milk Choice 	24 Pillsbury Mini Cinnis Raisins or Craisins 100% Juice Milk Choice	25 J&J WG Breakfast Bars Banana Chocolate Chip Orange 100% Juice Milk Choice	26 Egg & Cheese on English Muffin Richland Hills Sliced Apples 100% Juice Milk Choice	27 Super Bakery Cocoa Bread Banana 100% Juice Milk Choice
30 Super Bakery Cinnamon Bun Apple Sauce Cup 100% Juice Milk Choice				<div style="background-color: #00AEEF; color: white; padding: 5px; text-align: center;">2nd Option</div> <div style="background-color: #00AEEF; color: white; padding: 5px; text-align: center;">WG Poptart (2 pack)</div> <div style="background-color: #FFFFFF; color: #00AEEF; padding: 5px; text-align: center;">"NUT FREE" MENU</div> <div style="background-color: #FFD700; color: black; padding: 5px; text-align: center;">One Free Breakfast/Student</div> <div style="background-color: #FF8C00; color: white; padding: 5px; text-align: center;">Second Breakfast \$1.65 Adult Breakfast \$2.25</div> <div style="background-color: #00AEEF; color: white; padding: 5px; text-align: center; font-weight: bold;">2019-20</div>

Middle School Breakfast Menu