

**Season 1:2nd September-22nd November
3:00pm-4:00pm unless specified**

Students not involved in ASA's will be expected to leave the school campus at 3:00 pm on Monday, Tuesday, Thursday, Friday and 2:10 pm on Wednesday

Activity	Descriptor	Location/Other
MONDAY	Grades K-2	
Boys Basketball skills Monday	Develop and strengthen your basketball skills- shooting, passing, dribbling, rebounding, etc. Please note that the ISSAK team will be chosen from this group of students. A player must be under 9 as of 1 September 2019. You may choose only one practice session a week	Upper Court
Break Dance Monday	Breakdance is one of the famous dances practiced globally among children and youth. It's popular because of its format of encouraging grooving, freezes, power-movements, etc	Dr.Gibbons Veranda 90,000 UGX
Cookery Monday	Learn to prepare and make simple but delicious food!	EC Kitchen 90,000 UGX cannot choose Tuesday
Girls Basketball skills Monday	Develop and strengthen your basketball skills- shooting, passing, dribbling, rebounding, etc. Please note that the ISSAK team will be chosen from this group of students. A player must be under 9 as of 1 September 2019. You may choose only one practice session a week	Upper Court
Swim Monday	Open for swimmers of all levels. Swimming is the perfect exercise that works the whole body! Learn various strokes of swimming like the breaststroke, backstroke, butterfly, etc. while building strength and endurance.	Pool
Water Color Painting Monday	Did you know that there are a lot of ways to paint and a lot of styles to follow? During this ASA, students will learn the basics of this kind of painting	2M
TUESDAY		
Cookery Tuesday	Learn to prepare and make simple but delicious food!	EC Kitchen 90,000 UGX cannot choose Monday
Fun with Books Tuesday	Read and explore fantastic children's books and complete fun arts and craft activities in the library	Library
Lego/Puzzle Tuesday	Lego and puzzle club are a great way to build creativity and confidence, develop fine motor skills and helps with problem-solving skills.	TBA
Messy Club	In this club, we love to use our senses to explore, develop our	KR Veranda

Tuesday	imagination and make amazing crafts! Join the messy fun!	
Swim Tuesday	Open for swimmers of all levels. Swimming is the perfect exercise that works the whole body! Learn various strokes of swimming like the breaststroke, backstroke, butterfly, etc. while building strength and endurance.	Pool
THURSDAY		
Boys Basketball skills Thursday	Develop and strengthen your basketball skills- shooting, passing, dribbling, rebounding, etc. Please note that the ISSAK team will be chosen from this group of students. A player must be under 9 as of 1 September 2019. You may choose only one practice session a week	Upper Court
Girls Basketball skills Thursday	Develop and strengthen your basketball skills- shooting, passing, dribbling, rebounding, etc. Please note that the ISSAK team will be chosen from this group of students. A player must be under 9 as of 1 September 2019. You may choose only one practice session a week	Upper Court
Just Play Thursday	Imagine a world in which you duel with dragons, build the biggest fireplace, go on a treasure hunt, conquer the world. Infinite possibilities all in an hour! Students will use their imagination in overdrive and simply play games with friends.	Lower Junior School PlayGround
Science Explorers Club Thursday	Science Explorers offers fun, interactive and educational hands-on activities that will provide our young children with an understanding of science and how it affects the world around them. They will be able to touch, see, hear, feel and taste what science is all about. If you have a child who demonstrates an early interest in science, this after-school activity may be the perfect way to encourage a love for discovery.	KM
Taekwondo Thursday	Certified coaches will introduce you to Taekwondo skills. Split into ability groups. Belt exams can be arranged throughout the year.	Dr. Gibbon's Veranda 135,000 UGX
Tennis Thursday	Develop many physical benefits such as increased reaction time, flexibility, muscle tone, etc. Tennis classes will be divided into 2 groups, beginner and intermediate.	Tennis Courts
FRIDAY		
Capoeira Friday	A dance-based martial art from Brazil. Also a game, a dance, governed by the rhythm of the berimbau, a traditional African instrument.	Dr. Gibbons Hall 90,000 UGX
Football Skills Friday	Develop and strengthen your Football skills-dribbling, passing, ball control and agility.	Grade 3 Pitch
Inline skating Friday	A fun sport using the same techniques as ice skating and skiing. Based on self-confidence, this activity helps build stamina, leg strength and general fitness. No experience needed and the equipment is provided.	Upper court 126,000 UGX

Jewelry making Friday	Make your own jewelry with fantastic African materials. A good way to work on fine motor skills and to make unique jewelry for yourself and friends.	KM Veranda
Painting & Drawing Friday	For all the budding artists! Join us as we paint, draw, illustrate, etc!	JS Art room