



APPROVED NUT FREE SNACKS

- Fresh Fruit / Vegetables
- Popcorn
- Belvita crunchy breakfast bars
- Roasted Chickpeas
- Nature's Bakery Fig bars
- Pirate's Booty
- Pretzels
- Chips
- Cheese (stick, cube, slice, round)
- Graham Crackers or teddy grahams
- Raisins / Dried fruit
- Crackers - Plain Ritz, Saltines - NOT Keebler
- Fruit Snacks
- Anything made by Made Good or Enjoy Life
- Beef Jerky/Turkey Jerky (Jack Links and some others)
- Biscoff Cookies
- Lorne Doones
- Sugar Wafers
- Barnum's Animal Crackers (Nabisco)
- Chex Mix - *original flavor only*
- Goldfish
- Cheez-its
- Oreos
- Fig Newtons

*Please do not send any products that include nutella, almond butter or other tree nut butters, etc.

**Please review the Porter-Gaud Lower School handbook for food allergy guidelines.