

Northwestern Regional High School

Barkhamsted, Colebrook, New Hartford, Norfolk



NORTHWESTERN GRADUATES 194 STUDENTS

The School Counseling Department reports that the class of 2019 will be entering 4 and 2 year colleges and universities, as well as technical schools. Colleges and universities accepting our students are listed below.

Arizona State University, Bay Path University, Bentley University, Boston College, Boston University, Brown University, Bryant University, Carnegie Mellon University, Castleton University, Central Connecticut State University, Champlain College, Clarkson University, Clemson University, Colby College, Concordia University (Canada), Dartmouth College, Denison University, Drexel University, Duquesne University, East Carolina University, Eastern Connecticut State University, Elon University, Emerson College, Fairfield University, Flagler College, Florida Gulf Coast University, Georgetown University, Gettysburg College, Hofstra University, James Madison University, Keene State College, Lasell College, Lesley University, Manchester Community College, Marist College, Middlebury College, Misericordia University, Mount Holyoke College, Naugatuck Valley Community College, New England Culinary Institute, New England Institute of Technology, Northeastern University, Northwestern Connecticut Community College, Pace University, New York University, Pennsylvania College of Technology, Philadelphia University, Plymouth State University, Point Park University, Purdue University, Queen's College (Canada), Quinnipiac University, Rensselaer Polytechnic Institute, Rider University, Rochester Institute of Technology, Roger Williams University, Sacred Heart University, Saint Anselm College, Saint Michael's College, Salve Regina University, Seton Hall University, Siena College, Southern Connecticut State University, Southern Maine Community College, Springfield College, St. John's University, Suffolk University (Madrid), The University of Tampa, Tunxis Community College, University of California, San Diego, University of Connecticut, University of Denver, University of Hartford, University of Maine, University of Massachusetts, Amherst, University of New England, University of New Hampshire at Durham, University of Notre Dame, University of Rhode Island, University of South Carolina, University of Vermont, Utah State University, Virginia Tech, Western Connecticut State University, Western New England University, Westfield State University, Wheaton College (MA), Worcester Polytechnic Institute.



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August 28th First day of School!



Dear Student and Parent/Guardian,

On behalf of the faculty and staff I want to welcome you to the 2019-2020 school year! We are excited about the upcoming school year and looking forward to making this year a successful one for all of our students. The education of young people should be a team effort involving a collaborative partnership between the school and parents. We are very much looking forward to working closely with all of our students and families to assure a quality educational experience for all of our kids and their families at Northwestern.

The high school experience provides young people with the wonderful opportunity to discover their unique interests, talents, and gifts. Northwestern Regional High School offers a large variety of clubs, music programs, academic groups, organizations, and teams that can enable our students to explore new things to learn more about themselves. We encourage all of our students to get involved and try something new!

High School is unlike any other time in your life. Study hard, challenge yourself, set high goals for yourself and have fun! We are very fortunate to have a great school with great students and teachers. Make the time you spend in high school some of the most important and productive of your life.

To be a *Highlander* is to be a part of something truly special. Northwestern Regional High School is a school where everyone is valued. We embrace diversity in all of its forms and recognize that every person in our school, student and adult, has something unique to offer our learning community. If you take the time to get to know your fellow students and your teachers well you will form relationships with your friends and teachers that may last a lifetime. Please know that the faculty, staff, and administration are very excited and looking forward to working with you and helping you along your journey. We want to be a part of your success. Let's work together to make Northwestern the very best school it can be. Along with the faculty and staff, I wish you an exciting and successful school year.

Sincerely,

Kenneth L. Chichester
Principal



NEW FACES AT NORTHWESTERN REGIONAL HIGH SCHOOL



Andrew Bakulski - House 2 Housemaster - will begin his career as an administrator at Northwestern High School on July 1, 2019. Andrew comes to us from Simsbury High School where he teaches Technology and Engineering through Project Lead the Way. He has 13 years of teaching experience and is a veteran of the United States Army. He served in Afghanistan during combat as a helicopter crew member. Andy lives in Colebrook with his wife and two children. We are excited to welcome him to Northwestern for many reasons, but most especially for his passion for working with students of all abilities. He is also a team player who establishes quality, and trusting relationships with colleagues. We are confident in his ability and know that he will be an outstanding leader in our school community for many years to come. Welcome Mr. Bakulski!

Kevin Carey- Technology Teacher – Kevin comes to us with a strong background in Engineering and Technology. He began his career in the realm of business and industry but quickly found that teaching called to his heart. Mr. Carey has experience teaching engineering, Robotics, A/V Production, CAD, Animation, Construction, and Transportation. In the high schools that Mr. Carey has previously worked his students have designed robots, created models of magnetic levitation vehicles, rockets and more. Welcome Mr. Carey!

Mark Prelli – Math Teacher – 13 years as a Mathematics teacher, Mr. Prelli has worked with a diverse population of students, in terms of their cultures, skill sets, economic backgrounds, and ages. He has taught a variety of mathematics courses to all grade levels from 6-12, as well as several courses as an adjunct at the University of Hartford, from Pre-Calculus to Calc III. Mark taught a “Math Boot Camp” at Northwestern Connecticut Community College. Mr. Prelli values his time with kids outside the classroom as a wrestling and tennis coach, computer club advisor, and instructor of various other after school enrichment activities reaching his students on a different level. Welcome Mr. Prelli!

Brooke Ransom – Science Teacher – As a former student and staff member with experience in working with children with special needs, Brooke will bring with her a positive, can-do attitude, an engaging personality, and superior work ethic. An enthusiastic teacher of science certified to teach Biology and Chemistry, Ms. Ransom is very excited to be a member of our dynamic science department. Welcome Ms. Ransom!

Megan Ficke - LINKS Program Coordinator/Special Education Teacher – joins our faculty with leadership experience in both general education and special education. Ms. Ficke is knowledgeable, student-centered, and collaborative. Megan previously worked as an Out of District Placement Coordinator for the Torrington School System where she managed programming for students with IEPs and 504s who were placed in other school districts. Welcome Ms. Ficke!

Ross Griffith - Math Teacher - Ross comes to us with 11 years of combined teaching experience from the CREC Civic Leadership High School in Enfield, Connecticut and the Chestnut Middle School in Massachusetts. Mr. Griffith has worked with a diverse population of students and been a Team Leader for the Senior Class and a Curriculum Facilitator for the Math Department of the school that he formally taught at. Mr. Griffith’s is passionate about showing students the beauty in mathematics and working to tailor his lessons to students with all learning styles. We are confident that Mr. Griffith will be an outstanding math teacher in our school community and will use his sense of humor to form meaningful relationships with his students. Welcome Mr. Griffith!

Hayley Lebreque – School Psychologist - Hayley comes to us with a strong background in school psychology. Over the past three years she has worked in the areas of cognitive and personality assessment, individual and group counseling, school and family relationships and consulted. She did her practicum at Middletown High School and Latimer Lane Elementary School in Simsbury. Ms. Labrecque brings a lot of experience to our district in providing counseling to students in crisis, assessment, implementing classroom level intervention strategies, and group work. We are very excited to have Haley joining us and are confident that she will have an immediate positive impact on the children of the district. Welcome Ms. Labrecque!



COMMUNICATION WITH PARENTS

Communication is an important aspect of successful education. Below is a description of the numerous ways in which parents and staff may keep in touch:

Mailings – Parents will receive several mailings throughout the year to inform them of upcoming events and changes in programs and policy which may occur.

Newsletters (4) – On our Website www.nwr7.com mid-summer, fall, winter, spring

Open House – High School *Open House* will occur **September 12, 2019**

Agenda – Students use this booklet as an organization and communication tool.

E-mail – All staff have e-mail addresses. The address consists of the person's first initial, last name, plus "@nwr7.org". For example, Principal, Kenneth Chichester e-mail address is kchichester@nwr7.org

Voice mail – When not available, you may leave a voice mail message, and the person will return your call as soon as possible.

School Web site – www.nwr7.com

School messenger – receive phone, email notification from the school

PowerSchool – link off main Web site page

Haiku- homework – link off main page web site

Note: The school calendar is updated on a regular basis; to access the calendar online www.nwr7.com you can select calendar: Middle School, District/BOE, High School, Athletics.



Please Note



Often times our school and students are featured in the local newspapers, and occasionally on television. Please be aware that our practice with the media has been to allow students to be photographed and videotaped. Please call our office 379-8525 if you do **not** wish your child's photo to appear in the newspaper, or to be televised. Thank you.



It's the law!

Please be reminded that all drivers are required by state law to **STOP** whenever school buses have their lights flashing and **STOP** arms extended. Failure to do this may result in a fine of up to \$425. For passing a bus with their lights flashing and stop arm extended. This law applies to school yards and parking lots as well as to roadways. Thank you for keeping our students safe.

☎Telephone Messages ☎

Please remind your students that the use of cell phones is restricted during the school day. If a parent has an important message for their son/daughter, they should contact the appropriate House Office, preferably before 1:00 p.m. After 1:00 p.m., it may become difficult to deliver the message before the end of the school day.

☎School Absence ☎

When a student is absent from school, the parent or guardian is requested to call the House Office. If a phone call is not received, the House Secretary will attempt to contact the parent or guardian. Students whose parents or guardians have not confirmed the absence by telephone are expected to present a written excuse to the House Secretary upon returning to school. A student eighteen years or older and not living with a parent or guardian must present a written excuse directly to the House Secretary upon returning to school. Any absence not documented will be considered unexcused. The Housemaster may require written documentation from the student's physician validating the dates of the illnesses.

Partial Days

It is sometimes necessary to have a partial day due to weather events or to accommodate professional learning experiences for teachers. Please be sure to have your child attend classes on these days as our teachers continue moving forward with the curricular material.

✍️ Homework Requests ✍️

The House office will honor homework requests for students who are absent from school for two or more consecutive days due to illness. Requests should be made to Mrs. Donna Williams House 2 Administrative Assistant or Mrs. Denise Melanson House 1 Administrative Assistant by 9:00 AM on the second day of absence.

WORKING PAPERS



Working papers may be obtained in the **Main Office** on any school day and throughout the year. The State of Connecticut requires:

- 1) Written promise of a job from the employer describing exactly and specifically the nature of the job; hourly rate of pay, and hours of employment.
- 2) Evidence of age such as a driver's license or birth certificate, official school records can be used (if currently attending NWR#7).
- 3) Student requesting working papers **must** be present.

Upon change of employment, a new "promise to employ" form must be completed by the new employer and brought to the Main Office. A copy of the original working papers is kept on file in the office. A new copy will be issued.

A REMINDER TO ALL BAND MEMBERS

Band camp will begin the week before school and is required for all band members. Please bring your instrument and sneakers.

Band Camp Dates:

August 21 9 am - 12:30 pm Freshman
August 21 8am to 12:30 pm Percussion & Officers
August 22, 23 8am – 12:30pm All Members
September 12th 6-8 pm Marching Rehearsal

Performance Dates:

September 22, Bristol Mum Parade
(Noon Departure)!

NOTE: Please go to www.charmsoffice.com and log in as szimmerman to see the full band calendar.



PHOTO INFO

Underclassmen and Faculty, Staff and Administration photos for the 2020 High School yearbook will take place on **August 30, 2019**. **NOTE: Retakes for Faculty, Staff, Admin and underclassmen are scheduled for October 29, 2019.**



Senior Yearbook Portraits will take place on the following dates:

Lifetouch Photographers will be photographing the Class of 2020 for inclusion in the 2020 Yearbook on the dates shown below. Appointment cards will be sent to home addresses. PLEASE WATCH FOR THESE APPOINTMENT CARDS in your mailbox! All appointments will be at NWR7 in the Little Theater. There will be both inside and outdoor locations available for the July and August sessions only.*

Prices for the sittings range from **\$20** (refundable) up to **\$70**. Checks should be made out to: **PRESTIGE PORTRAITS.**

SITTINGS:

July 18-19 8am-2pm 1st Enviro Little Theater
August 26-27 from 8am - 2pm Enviro Little Theater
August 28-29 2pm-8pm/ Last Enviro Little Theater

Oct. 10-11 2 2pm-8pm Little Theater
Nov. 5 1pm-8pm Last Date Little Theater

** Lifetouch Photographers is the only photographer whose senior images will be included in the Yearbook.*



REMINDER

Parents /Guardians are asked not to drop off their children at school before 7:10 a.m. because there is no one available to supervise the students. Drop off is in the back of the school (where the track is) as not to impede bus traffic.

August 20	New Student Orientation 4pm-8pm (freshmen), Auditorium
August 26	New Student Orientation Grades 10-12 & Parent Presentation 7pm- Auditorium
August 28	First day for Staff
	First day for Students
September 2	Labor Day – No School
September 12	Highlander Fair 5:00 pm
September 12	HS Open House – 6:30 pm Little Theater
September 19	Senior Parent Planning Night – 6:30 pm Little Theater
September 30-Oct 4	Spirit Week
October 3	Financial Planning for College – 6:30 pm Auditorium
October 5	Homecoming Dance
October 11	No School – Teacher In-Service
October 14	No School – Columbus Day
October 16	Testing Grades 9, 10, 11 (During School Day)
October 26	Project Grad Silent Auction Fundraiser 3:00 pm
November 5	No School – Teacher In-Service
November 18, 19	Early Release Day's MS Conferences
November 20, 21, 22	Fall Theater Production
November 23	Craft Show 9am – 3 pm
November 27-29	Thanksgiving Recess
Dec. 23-Jan 1	Winter Recess
January 16	Jr. Parent Planning Night 6:30 pm /Auditorium/Snow date: 1/23 -Little Theater
January 20	No School - Martin Luther King
February 6	Welcome to HS Class of 2024 6:30 Auditorium/ Snow date 2/13
February 17-18	No School/ President's Day Weekend
April 10, 13-17	No School/Spring Recess/Good Friday
April 24, 25, 26	Spring Theater Production
May 9	Junior Prom 6:30pm-11:00pm Crystal Peak
May 21	HS Awards 6:30pm
May 22	Early Release/Senior Prom 6pm-11:00pm Bella Vista
May 25	Memorial Day
May 26	Senior Picnic High Meadow
June 10	Graduation/Subject to Change 7:00pm Warner Theatre

College representatives will be visiting Northwestern throughout the fall. There will be a schedule posted in Senior Commons.

NWR 7 HEALTH OFFICE

Dorothy Mitchell, RN
dmitchell@nwr7.org
860-379-8525 x-2618

Patricia Severson, RN
pseverson@nwr7.org
860-379-8525 x-2619

Hours: 7:15 AM until 2:45 PM
Fax: 860- 379-8940

A detailed explanation of Region 7 health services and required forms is available on the district website. www.nwr7.com

Immunizations

All students must present proof of immunizations from a physician or local health agency upon enrollment in Region 7. If the student is not immunized due to medical or religious reasons, a notarized statement from a physician and signed by the physician and the parent must be provided. Forms are available on the web site.

7th graders:

The State of CT mandates that ALL 7th graders present proof of immunizations ***before the START*** of the 7th grade year. Region 7 will use the 6th grade physical exam submitted to the elementary school for documentation of mandatory 7th grade immunizations. If you did not submit a 6th grade physical, you will need to present proof of up-to-date immunizations before the end of July. In accordance with CT State law, your child ***will be excluded*** from 7th grade until this requirement is met.

Physical Examinations

NWR 7 Board policy examination (C.G.S. 10-2045a) mandates that all students must present evidence of a physical:

1. Upon enrollment to the district
2. 6th grade (submitted to the elementary school)
3. 10th grade

CT Health Assessment Record (Blue) Form must be completed in its entirety to include vision, auditory & scoliosis screenings. Camp physicals will not be accepted.

All 10th grade students must submit the physical ***before the end*** of the 10th grade academic year. In accordance with CT State law, your child ***will be excluded*** from 11th grade until this requirement is met.

Physician Notes

In keeping with FERPA guidelines for confidentiality & privacy all medical notes must be brought/faxed directly to the Health Office. The nurses will communicate any restrictions to the appropriate staff.

Student Health Emergency Information Forms

This confidential medical information, held on file in the health office, helps us provide for the health and safety of your child. These new “pink” forms must be completed upon entry to NWR7 and updated by the parent/guardian at the beginning of each new school year.

If you indicate that your child has asthma that requires a rescue inhaler or that they have a life-threatening allergy that requires an Epi-Pen, you **MUST** provide both the medication and a physician-signed Medication Administration form that is also signed by a parent. Without these medications and forms, your child will be excluded from all field trips.

Students with Asthma should have an Asthma Action Plan filled out by doctor.

Students with life threatening allergies should have Allergy Action Plan filled out by doctor.

Administration of Medication in School

Nurses must follow CT State law and Board of Education policy re: the administration of medicine to your child. Only FDA medications will be administered during school hours if the desired effect cannot be achieved outside school hours.

1. All medications, including emergency self -carry medications, will be administered only with the following:
 - a. Completion of a NWR Medication Administration Form (available on district site), signed by an authorized prescriber and written authorization of the parent.
2. Medication orders are valid for one academic year.
3. Verbal authorization/request by parents is **not** permitted by law
4. All medications must be brought to the health office by an adult with the exception of emergency medications which may be transported by the student:

- a. Epi pens, Inhaler & Insulin supplies
5. Students who self -carry these emergency medications must have them on their person at all times in case of an emergency (i.e.: a lock down, fire drill etc.)
6. Parents are encouraged to provide a backup medication available in the health office.
7. Standing order for Tylenol, Ibuprofen or Tums is available through the district physician. Parents must complete the (purple) permission form in order for their child to receive medication.
8. All medication will be dispensed in the Health Office only.
9. Parents must pick up all unused medication within one week of the end of the school year, otherwise the school nurse is legally obligated to destroy it.
10. By law, parents MUST pick up all controlled substances at the end of the academic year.

Field Trips

Student must have an updated Health Emergency Form on file in health office. Those who self- carry inhalers, epi pens, or diabetes supplies are expected to bring their medications from home for field trips. If this form is not on file, or medications are not available, your child will be excluded from field trips for their own safety

Sports Participation

Sports registration is handled electronically through Family ID. To facilitate the eligibility validation process parents should complete the registration form a minimum of **two weeks prior to the tryout dates**.

Please be advised registration does not confirm eligibility. The following items are required:

1. A physical that is less than 13 months old on file in the Health Office
Physicals may be uploaded electronically through Family ID, mailed or delivered directly to the Health Office.
2. No current physician-imposed restrictions from previous injuries or conditions
A note for the primary care provider is required to provide clearance from a current injury of condition to resulted in exclusion from sports
3. Those with history of concussion must have on file in the Nurses Office a physician note clearing the concussion, and have completed the return to play protocol with the Athletic Trainer.

You may use Family ID at any time to check for when your physical expires. You will also get an email from Family ID 60 days in advance of the expiration date of your physical.

Illness or Injury

If a student becomes injured or ill in school, he/she should report to the Health Office. The nurse will evaluate the child and contact the parent if necessary. Students must not leave the building because of illness/injury without authorization from the school nurse, as this may result in an unexcused absence.

The following guidelines should be helpful to you in determining if your child should be in school:

1. Fever free (less than 100.0) for twenty-four hours before returning to school.
2. No episodes of vomiting for 24 hours.
3. No active communicable and/ or contagious infections
4. On antibiotics for 24 hours before returning from a communicable infection

Requirements for Return to School after Surgery or Serious Illness/Injury

Students returning to school after surgery or a serious illness, concussion, or hospitalization must provide a note from a physician indicating clearance to return to school.

1. The note should include any restrictions (i.e.: no physical education) or required accommodations (i.e.: elevator use). Continued restrictions must be updated by the physician.

6-15-2019



NORTHWESTERN ATHLETICS



**PRE-SEASON MANDATORY MEETING
FOR
FALL ATHLETES/AND PARENTS
2019-2020
GRADES 9-12
TUESDAY, AUGUST 27, 2019
6:00-7:30
NORTHWESTERN GYMNASIUM**

Attention Fall Athletes

High School sports programs begin their practices before the first day of school. All updated sports physicals must be at the Health Office by Tuesday, **August 6, 2019**. We require the State blue form to participate in our sports program. The form can be down loaded from our web site or be obtained from the Athletic or Health Offices. The form will be reviewed for completeness (dates, signatures, restrictions, etc.) before it can be entered on the athletic eligibility list. Coaches will receive the eligibility list on Thursday at the athlete/coach meeting in preparation for the Thursday initial practice. **DO NOT WAIT UNTIL TUESDAY, AUGUST 27th TO HAND IN YOUR SPORTS PHYSICAL!** If the student athlete's name is not on the eligibility list, the coach cannot allow them to participate. Hundreds of sports physicals arrive over the summer to be reviewed and processed. Late physicals may not be processed in time for the first practice. If you are unsure of physical dates or eligibility requirements, please call the Health Office at 379-8525 ext. 2618.

First Practice Dates

Fall 2019

Team	Date	Time	Site
Boys JV & V Soccer	Aug. 29	2:15pm-5:00pm	Northwestern
Girls JV & V Soccer	Aug. 29	2:15-5:00pm	Northwestern
Girls Volleyball	Aug. 29	2:15pm-5:00pm	Northwestern
Boys & Girls Cross Country	Aug. 22	7:00am-9:00am	Northwestern
Football	Aug. 19	TBD	Gilbert
Field Hockey	Aug. 29	3:00pm-5:50pm	Northwestern

Students wishing to be a member of a team must attend the first day of practice.



Football conditioning starts on **August 19, 2018**. If your sports physical expires prior to that date you will not be allowed to participate until it is updated. It must be on file in the Nurses Office by noon on **August 6, 2019** all other fall sports. The eligibility list will then be given to the coach. Coaches do not accept sports physicals. They need the permission form for you to participate. There are hundreds of forms that come in over the summer that need to be reviewed and processed. When you drop off your physical form please mark in **BOLD** that it is for football so that it can be processed in a timely manner. If you turn in your physical form late you need to bring it to the school nurse and if the form is **complete** you will get an eligibility card.

We are having parents of student athletes register their child online. Go to the <http://www.nwr7.com> then under Athletics it will show "online registration". Any questions contact FamilyID at: support@familyid.com or 888-800-5583 x1.

For all your current athletic information please go to www.nwr7.com link to Athletics or contact Fred Williams, Athletic Coordinator at (860) 379-8525 ext. 2700 or fwilliams@nwr7.org



THE NORTHWEST COMMUNITY BANK BRANCH AT NWR7

One of the most important things young adults can do for their financial futures is to learn to save money and have that money work for them. Northwest Community Bank offers the perfect vehicle for the young adult to use to start that savings habit and build toward their financial futures. It is called **“The Student Savings Club”** targeted for savers between the ages of 2 to 21 who attend a public school or accredited institution at the high school or college level. This account has a special interest rate of 5% for balances of \$1,000 or less. This is a great way for students to earn a little bit more interest on a savings account and get them in the habit of saving money. If young adults learn to save their money today, someday it will return the favor.

Northwest Community Bank also offers a special checking account for 18 to 35-year-old adults called **“GoChecking.”** This account offers free checks, free debit card, free online banking and BillPay, free ATM transactions (no NCB charge for other ATM withdrawals), free mobile banking and free eStatements. The minimum deposit is \$50 to open this account.



HIGHLANDER FAIR-

The Annual Highlander Fair will be held on **September 12, 2019**, in the cafeteria from 5:00 to 6:30. This is a Fair where the community and our school come together to showcase the best of both worlds! School groups, clubs and teams have booths where students can sign up for events or sell fundraising products. Community businesses and vendors are also on hand displaying their products or providing their services. Caps and gowns will be measured and class rings will be available for purchase. Yearbooks and Memory Ads will be available for sale. Food and beverages are available for sale, as well. This date is also the date of the **High School Open House which starts at 6:30**....so come to the Fair before going to Open House, grab a bite to eat and see what the Highlander Fair has to offer!



Project Graduation – 2019 Another Huge Success!!!

Project Graduation 2019 was a huge success! A very high percentage of the Class of 2019 were in attendance and had a great time. It is hard to believe, but our largest fundraiser, the Silent Auction, is fast approaching. The Auction will be held on Saturday, October 26th Please save the date!

More information will follow regarding our first meeting date and details about the Auction.

Northwestern Booster Club: Heather Vacila; President 860 309-5408, Rachel Nelson; VP 860 379-6757, Allison Wheeler; Treasurer 860 738-4409, Holly Sherwood Griswold, Secretary 860-738-8886 and Fred Williams, Athletic Coordinator 860-379-8525 Ext 2700





NATIONAL HONOR SOCIETY

We had another productive year in 2018-2019. We welcomed 42 new members into the National Honor Society at our induction ceremony on November 28, 2018. Many of our seniors participated in the Farmington Watershed Association's river cleanup day in the Fall. NHS students participated in a lip sync and dance-a-thon contest that raised \$1,000 towards the school-wide initiative to build a well in South Sudan. NHS students led the Pennies for Patients campaign for the Leukemia and Lymphoma Society and have raised \$300 to date and are planning our annual walk to finish off the fundraising for this charitable organization.



BOARD OF EDUCATION REPRESENTATIVES 2019-2020

Madeleine Gianconia - Sr. Rep.
TBD - Jr. Rep.



Class of 2020

President, Sarah Carfiro
 V.P., Aidan Bannerman
 Treasurer, Dylan Phillips
 Secretary, Patrick Place
Advisors: Thea Davidson & Jess Varley

Class of 2021

President, Matt Maltby
 V.P., Xavier Langendoerfer
 Treasurer, Natalie Munson
 Secretary, Kelly Oberheim
Advisor: Rhonda LeKang & Shannon North

Class of 2022

President – Drew Kielty
 VP – Eliza Austin
 Treasurer – Katelyn Ogonoski
 Secretary – Alexa Carroll
Cody McClave & Adam Vaccari

Class of 2023

TBD

Advisors: TBD

***CLASS DUES \$25.00 EACH YEAR.**



Anyone can now be on Student Council! Keep your eyes open for the first meeting at the beginning of the year. See Mr. Franklin for more information.

SCHEDULE



SCHOOL SCHEDULE AT NORTHWESTERN REGIONAL HIGH SCHOOL

Sample Day A Schedule

Homeroom: 7:34 – 7:37						
First Period	Second Period	Third Period	Fourth Period	Fifth Period	Sixth Period	Seventh Period
7:40 – 8:21	8:25 – 9:06	9:10 – 9:51	9:55 – 10:36	10:40– 12:37	12:41 – 1:22	1:26 – 2:07

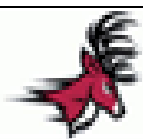
LATE OPENING SCHEDULE (2 Hours)

Homeroom: 9:34-9:37						
First Period	Second Period	Third Period	Fourth Period	Fifth Period	Sixth Period	Seventh Period
9:40-10:04	10:07-10:32	10:35-11:00	11:03-11:28	11:31-1:12	1:15-1:40	1:43-2:07

HALF DAY SCHEDULE

Homeroom: 7:34 – 7:37						
First Period	Second Period	Third Period	Fourth Period	Fifth Period	Sixth Period	Seventh Period
7:40 – 8:10	8:13 – 8:44	8:47 – 9:17	9:20 – 9:51	9:54– 10:57	11:00 – 11:30	11:33 – 12:05

OUR
SCHEDULE!



DAILY SCHEDULE HS 2019-2020

Letter DAY	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>E</u>	<u>F</u>	<u>G</u>
Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37	Homeroom 7:34-7:37
7:40-8:21	1	2	3	4	5	6	7
8:25-9:06	2	3	4	5	6	7	1
9:10-9:51	3	4	5	6	7	1	2
9:55-10:36	4	5	6	7	1	2	3
10:40-12:37 1: 11:09-11:34 LW 2: 11:38-12:03 LW 3: 12:08-12:37 LW	5	6	7	1	2	3	4
12:41-1:22	6	7	1	2	3	4	5
1:26-2:07	7	1	2	3	4	5	6



SCHOOL OFFICE HOURS AND PERSONNEL

The Main Office is open each school day from 7:00 to 4:00. The main phone number is (860) 379-8525.

Principal, Compliance Officer, Title IX, Mr. Kenneth Chichester, 379-8525, Ext. 2103

Administrative Assistant: Ms. Gail Rogers, Ext. 2100 Receptionist: Mrs. Carol Wilson, Ext. 2000

House I Housemaster, Mr. Andrew Bakulski, School Climate Specialist: Andrew Bakulski 379-7027, Ext. 2200

Administrative Assistant: Mrs. Denise Melanson Ext. 2202

House II Housemaster, Director of Student Activities: Mr. Gary Franklin, 379- 7132, Ext. 2250

Administrative Assistant : Mrs. Donna Williams, Ext. 2252

School Counseling Director: Ms. Johanna DeZurik, 379-8525, Ext. 2507

Clerical Assistant: Mrs. Rebecca Wallace, Ext. 2506

High School Athletic Coordinator: Mr. Fred Williams, 738-6983, Ext. 2700

Health Office: Mrs. Patricia Severson, 379-8525, Ext. 2619, or Mrs. Dorothy Mitchell 379-8525, Ext. 2618

Social Workers: Mrs. Lindsey Blanchard, 379-8525, Ext. 2104 or Mrs. Kristin Beaujon 379-8525, Ext. 2105

Psychologists: Mrs. Roz Leibowitz, 379-8525, Ext. 2106 or Mr. Steven Michaud 379-8525, Ext. 2623



HS SCHOOL COUNSELORS CASELOAD DISTRIBUTION 2019-2020

Amy Dressel	Grade 10 A-G, Grade 11- A-Ha, Grade 12 A-J	379-7027 Ext. 2201
Thea Davidson	9th Grade & School to Career	379-7027 Ext. 2204
Trina McHugh	10 Me-Z, Grade 11 Mj-Z, Grade 12 O-Z	379-7132 Ext. 2251
Johanna DeZurik	Grade 10 H-Mc, Grade 11-He-Mi, Grade 12 K-N	379-7027 Ext. 2507



**ACADEMIC HELP AFTERNOON SESSIONS
SCHEDULE
2019-2020**

<u>September (6)</u> <u>9 – Mon.</u> <u>12 – Thur.</u> <u>16 – Mon.</u> <u>19 – Thur</u> <u>23 – Mon.</u> <u>26 – Thur.</u>	<u>October (6)</u> <u>3 – Mon.</u> <u>7 – Thur.</u> <u>10 – Mon.</u> <u>17 – Thur.</u> <u>21 – Thur.</u> <u>28 – Mon.</u>	<u>November (5)</u> <u>4 – Thur.</u> <u>7 – Thur.</u> <u>14 – Thur.</u> <u>21 – Mon.</u> <u>25 – Thur.</u>
<u>December (5)</u> <u>2 – Mon.</u> <u>5 – Thur.</u> <u>9 – Mon.</u> <u>12 – Thur.</u> <u>16 – Mon.</u>	<u>January (5)</u> <u>2 – Thur.</u> <u>6 – Mon.</u> <u>9 – Thur.</u> <u>23 – Mon.</u> <u>30 – Thur.</u>	<u>February (6)</u> <u>3 – Mon.</u> <u>6 – Thur.</u> <u>13 – Thur.</u> <u>20 – Thur.</u> <u>24 – Mon.</u> <u>27 – Thur.</u>
<u>March (5)</u> <u>5 – Thur.</u> <u>9 – Mon.</u> <u>12 – Thur.</u> <u>16 – Mon.</u> <u>19 – Thur.</u>	<u>April (5)</u> <u>2 – Thur.</u> <u>6 – Mon.</u> <u>20 – Mon</u> <u>23 – Thur.</u> <u>27 – Mon.</u>	<u>May (6)</u> <u>4 – Mon.</u> <u>7 – Thur.</u> <u>11 – Mon.</u> <u>14 – Thur.</u> <u>18 – Mon.</u> <u>28 – Thur.</u> <u>June (1)</u> <u>1 – Mon.</u>

NOTE:
Schedule subject to change due to any cancellations



As of 6-28-19

HOMEROOM ASSIGNMENTS 2019-2020 as of 7/9/2019

Grade 9

006	Flannery	A - Br
6B	Varley	Bu - Cz
014	Kodz	D - Dz
135	Burke	E- GZ
213	Sullivan	H- Kz
136	Puhalski	L - Mi
137	Reinert	Mo - Qz
138	Norland	R - Shz
258	Prelli	Si - Tz
259	Rodenberg	U - ZZ

Grade 10

002	Grady	A - Bz
008	Angell	C - Dau
203	Parsons	Dav - Fez
207	Campbell	Fi - Grube
208	Ross	H - Kz
016	Wilson	L - Mcz
253	Stearns	Mi - Oz
255	Coulter	P - Saz
261	Waring	Sc - Tz
437	Leach	U - Z

Grade 11

017	Hull	A - Bz
018	Morus	C - De
019	Truting	Di - Gl
205	Jacobsen	Go - Hea
212	Houldcroft	Heb - Kz
001	Cady	L - Mc
139	Perga	Me - Par
254	Ransom	Pas - Rz
257	Hicks	S - Sz
263	McClave	T - Zz

Grade 12

003	Jones	A - Boz
005	Gallaway	Br - Dz
010	Winegar	E - Hz
209	Russ	I - Kz
020	Calabrese	L - Mz
021	Viets	N - Qz
256	Mitesser	R - Sz
260	Vaccari	T - ZZ

Ag	Collins	Ag Officers
SC	Blanchard	Student Council



CONTACTING TEACHERS

Teachers at Northwestern Regional High School can be contacted in a variety of ways:

- Through your child's School Counselor or House secretary.
- All teachers at Northwestern have been equipped with a personal voice messaging system. The teacher voice mail can be accessed through the main number 860-379-8525.
- All teachers also have the capacity for access through direct email. Email addresses follow this pattern, first initial last name @ nwr7.org; example: kchichester@nwr7.org

jangell@nwr7.org	akodz@nwr7.org	avaccari@nwr7.org
chlazys@nwr7.org	kleach@nwr7.org	jvarley@nwr7.org
iburke@nwr7.org	smachowski@nwr7.org	sviets@nwr7.org
kcady@nwr7.org	cmcclave@nwr7.org	rvincent@nwr7.org
jcalabrese@nwr7.org	tmchugh@nwr7.org	rwaring@nwr7.org
acampbell@nwr7.org	cmitchell@nwr7.org	ewildes@nwr7.org
kcarey@nwr7.org	gmitesser@nwr7.org	rwilson@nwr7.org
mchichester@nwr7.org	mmorus@nwr7.org	hwinterson@nwr7.org
mcoulter@nwr7.org	anorland@nwr7.org	szematis@nwr7.org
dcusati@nwr7.org	jpaniati@nwr7.org	szimmerman@nwr7.org
tdavidson@nwr7.org	eparisi@nwr7.org	
rdelaney@nwr7.org	eparsons@nwr7.org	
jdezurik@nwr7.org	dpedersen@nwr7.org	
adressel@nwr7.org	jperga@nwr7.org	
peagan@nwr7.org	mprelli@nwr7.org	
revans@nwr7.org	rpuhalski@nwr7.org	
jfarrell@nwr7.org	bransom@nwr7.org	
mficke@nwr7.org	jreinert@nwr7.org	
sflannery@nwr7.org	grobertson@nwr7.org	
jgallaway@nwr7.org	frodenberg@nwr7.org	
bgrady@nwr7.org	gross@nwr7.org	
rgriffith@nwr7.org	kruss@nwr7.org	
dgriffin@nwr7.org	dsebach@nwr7.org	
mhaaland@nwr7.org	bstearns@nwr7.org	
douldcroft@nwr7.org	kstiland@nwr7.org	
shull@nwr7.org	jstotler@nwr7.org	
djakobsen@nwr7.org	wsullivan@nwr7.org	
cjones@nwr7.org	jsultaire@nwr7.org	
ckersten@nwr7.org	rtruting@nwr7.org	





2019-2020 MARKING PERIOD SCHEDULE

First Marking Period

Quarter 1 August 28th – November 1st 2019

Second Marking Period

Quarter 2 November 2nd 2019 – January -23rd 2020

(Exams Jan. 17, 21, 22, 23) *Exam Schedule may change due to storm days)

Third Marking Period

Quarter 3 January 24th – March 28th 2020

Fourth Marking Period

Quarter 4 March 29th – June 10th 2020

*(Exams June 4, 5, 8, 9, 10) *Last Day of School Graduation June 10, 2020

***NOTE: Schedule is subject to change due to storm days.**

As of 7-2-19



BE RESPONSIBLE, BE RESPECTFUL, BE PROUD!



We Look forward to seeing you **August 28!**

Regional School District No. 7 School Calendar 2019-2020

Approved 1/9/19
Revision 1 - 1/10/19

<u>August</u>				
Mon	Tue	Wed	Thurs	Fri
19	20	21	22	23
26	27	28	29	30 (3)

<u>September</u>				
Mon	Tue	Wed	Thurs	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				(20)

<u>October</u>				
Mon	Tue	Wed	Thurs	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	(21)

<u>November</u>				
Mon	Tue	Wed	Thurs	Fri
				1
4		6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29 (17)

<u>December</u>				
Mon	Tue	Wed	Thurs	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			(15)

<u>January</u>				
Mon	Tue	Wed	Thurs	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31 (21)

<u>February</u>				
Mon	Tue	Wed	Thurs	Fri
	3	4	5	6
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28 (18)

<u>March</u>				
Mon	Tue	Wed	Thurs	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			(22)

<u>April</u>				
Mon	Tue	Wed	Thurs	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	(16)

<u>May</u>				
Mon	Tue	Wed	Thurs	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29 (20)

<u>June</u>				
Mon	Tue	Wed	Thurs	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			(8)

August 26	First day for Teachers	Dec.23-Jan. 1	Winter Recess
August 28	First day of School	Jan. 20	Martin Luther King
Sept. 2	Labor Day	Feb. 17-18	President's Day Weekend
October 11	Regional Teacher In-Service	April 10	Good Friday
October 14	Columbus Day	Apr. 13-17	Spring Recess
November 5	Regional Teacher In-Service	May 22	Early Release
Nov. 18-19	EarlyRelease-MS Conferences	May 25	Memorial Day
Nov. 27-29	Thanksgiving	June 10	181st Day of School