

SPRING WOODS HIGH SCHOOL

Main Line					
	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
Entrée	Chicken Fried Steak Fingers w. TX Toast	Chicken Fried Steak w. Roll	Chili Cheese Hotdog w. onion rings	Chicken Nachos w. Rice	Chicken Alfredo
	Crispitos w. Cheese Sauce	Oven Baked Chicken w. Roll	Mini Corn Dogs w. onion rings	Beef Nachos w. Rice	Fiestada Pizza
Fruit	Apple or Mandarin Oranges	Peach Cup or Diced Pears	Apple or Sliced Peaches	Mixed Fruit or Oranges	Banana or Diced Pears
Veg	Curly Fries and/or Steamed Green Beans	Mashed Potatoes and/or Parmesan Broccoli	Tater Tots and/or Steamed Carrots	Corn and/or Charro Beans	Roasted Veg and/or Tossed Side Salad
Milk	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate

Snack Line					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Hamburger or Cheeseburger or Chicken Sandwich (Spicy or Reg) or Cheese or Pepperoni Pizza	Hamburger or Cheeseburger or Bosco Stick or Corn Dog	Hamburger or Cheeseburger or Chicken Sandwich (Spicy or Reg) or Cheese or Pepperoni Pizza	Hamburger or Cheeseburger or Bosco Stick or Corn Dog	Hamburger or Cheeseburger or Chicken Sandwich (Spicy or Reg) or Cheese or Pepperoni Pizza
Fruit	Apple and/or Mandarin Oranges	Sliced Peaches and/or Mixed Berry Cup	Apple and/or Sliced Peaches	Mixed Fruit and/or Orange	Banana and/or Diced Pears
Veg	Baby Carrots and/or Curly Fries	Black Bean Salad and/or Sliced Cucumbers	Broccoli Florets and/or Tater Tots	Black Bean Salad and/or Corn	Baby Carrots and/or Celery Sticks
Milk	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate

Build-a-Line					
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Chicken & Cheese Wrap OR Yogurt Parfait OR Popcorn Chicken Salad w. Garlic Knot	Ham or Turkey Sub w. Cheez-its OR Yogurt Parfait OR Chicken Burrito Bowl	Chicken & Cheese Wrap OR Yogurt Parfait OR Popcorn Chicken Salad w. Garlic Knot	Ham or Turkey Sub w. Cheez-its OR Yogurt Parfait OR Salad: Garden Sald, Popcorn Chicken Salad w. Garlic Knot	Chicken & Cheese Wrap OR Yogurt Parfait OR Popcorn Chicken Salad w. Garlic Knot
Fruit	Apple or Orange	Peach Cup or Sliced Peaches	Apple or Orange	Mixed Fruits or Orange	Banana or Diced Pears
Veg	Baby Carrots and/or Celery Sticks	Black Bean Salad and/or Lettuce Stack	Broccoli Florets and/or Baby Carrots	Black Bean Salad and/or Lettuce Stack	Broccoli Florets and/or Fresh Jicama
Milk	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate	1% White or Non-Fat Chocolate