



NIDO DE AGUILAS HEALTH UNIT PROTOCOL

The main purpose of the Health Unit is to attend to, in a professional and accurate way, all the accidents or medical situations that the students might present during school hours, in the school's buildings and facilities, assuring the student's wellness and health.

Currently, the Health Unit has 3 registered nurses that work in different shifts to cover all the school hours and afterschool activities. Also, we have a physical therapist with capacitation in CPR (cardiac pulmonary resuscitation), use of DEA (external automatic defibrillator) and first aid attentions that covers the position for ASA (after-school activities) in the times that students are in practices, games, tournaments or any sports activity. We count with the services of PULSA (company that provides paramedics and/or other professionals, all trained in CPR and use of DEA), that cover all the activities programmed in times when the nurses are not on duty or as a support service during peak time on sport activities or other events (tournaments, graduation, Kermess, etc).

PARENTAL ROLE IN SCHOOL

The family is the first responsible for keeping and promoting the health of their own children. Parents should keep the Health Unit informed about the health condition of their children, especially in case of chronic or acute diseases, or any other medical/psychological condition that could affect the adaptation of the student to the school or/and could require special treatment or attention.

This way the nurse will be able to collaborate with the family in keeping, improving and promoting the good health of their children.

The Health Unit recommends all parents to:

- Read all letters or emails sent by the nurses which inform about contagious conditions in the class and the measures to avoid contagion.
- Keep the Health Unit informed and updated in all medical conditions, allergies, contagious diseases, medical treatments, etc.
- Keep your children at home if they present any signs or symptoms of a contagious disease such as fever, vomiting, diarrhea, and general discomfort.

The Health Unit is not authorized to keep any medications in its facilities nor are the nurses allowed to prescribe any medication. If your child needs any medication to be given during school hours, the nurses will require the medical prescription from the doctor including the diagnosis and dose of it, and you will be able to bring it to be kept for that student's use only according to the doctor's instruction.

HEALTH UNIT RULES AND PROCEDURES

1. All students from EYS (PK and K1) who require attention at any time of the day must always come accompanied by the teacher or assistant.
2. All students from ES, MS and HS should always come with a nurse pass or note from their teachers authorizing the visit to the Health Unit, unless it is an emergency situation.
3. During recess time or break time the Health Unit will only attend to emergencies. Students who would like to visit the Health Unit at that time for any other reason should wait until recess/break is over to get a pass from their teacher authorizing the visit.
4. All attention for EYS and ES students will be filed in the Power School/Health/Office Visit section by the school nurse. The student will receive a Report of Attention (yellow form) to be shown to his/her teacher and then to be sent home for his/her parents if the nurse feels it necessary. Teachers should be responsible for sending the report home through the communication book. Parents will be able to check the office visits information for their child in the Power School at any time using their username and password.
5. All attention for MS and HS students will be filled in the Power School/Health/ Office Visit section by the school nurse. Each student is responsible to communicate with their parents the visit to the Health Unit. Parents will be able to check the office visits information for their child in the Power School at any time using their username and password.
6. All students with fever, vomiting, diarrhea or general sickness will be sent home. The Health Unit doesn't have any medications available for these conditions nor are the nurses allowed to prescribe them. Nurses should follow up on the evolution of the condition and inform the school about it if necessary.
7. Every student sent home by the school nurse will wait at the Health Unit until being picked up, except for cases that are not a risk for him/her or for the rest of the class if the student waits in the classroom. The nurse will contact parents and coordinate the pick-up. In the event that none of the child's parents or guardians can pick up the student, they may authorize a responsible adult to do it or in the event it is necessary the student can be authorized by a parent/guardian to go in a taxi.
8. Students are not allowed to call parents through their cell phones or through another phone from the school for medical reasons. Only the school nurse can send a student home with the confirmation of the parents for a medical reason.

PROTOCOL FOR DISEASES DURING SCHOOL TIME

In case of disease:

- Every student that during school hours presents symptoms of a disease that requires medication or observation should be evaluated by the school nurse and treated in the Health Unit.
- In the event that the student present fever, gastrointestinal symptoms, persistent pain, respiratory symptoms, etc.; the nurse will contact the parents so they could pick him/her up and observe the evolution at home.
- In the event that the school nurse suspects a disease that should receive medical evaluation, she will suggest the parents to take him/her to the doctor or to the emergency room.

The Health Unit does not have the authorization to keep medications in its facilities, neither are the nurses are allowed to prescribe any medication to students. In the event that the student is sick, parents are obligated to pick him/her up to be treated accordingly at home. In the event that the student has a medical condition diagnosed previously, the nurses may keep the student's medications in the Health Unit with the back-up of the medical prescription from the doctor indicating dose and diagnosis which will be used only for that student according to the prescription.

IN CASE OF TRAUMATIC INJURIES

- Every student who has a traumatic accident should be checked at the Health Unit by the school nurses. If the student can walk to the Health Unit he/she will be evaluated in the office. If he/she cannot walk or the accident involved a trauma to head, back, or any part of the body that cannot be moved, the school nurse will go and evaluate the student in the location of the accident and transport him/her according to their criteria.
- If the school nurse considers the trauma to be mild, the student will be attended in the Health Unit and sent back to his/her class as soon as he/she is ready to go.
- If the nurse considers that the trauma requires observation and rest at home she will contact the parents so the student is picked up at the Health Unit.
- **In case of a severe traumatic accident, the school nurse will give the first attention and then will coordinate transportation to the clinic in the best way according to the severity of the accident and condition of the student. Parents will be notified by the school nurse about the accident and will be asked either to pick up the student at school to take him/her to the clinic, or to meet the student at the clinic. The school nurse or another staff member from Nido will accompany the student to the clinic and will stay with him/her until parents arrive in the event an ambulance or helicopter was used for the transportation.**

GENERAL INFORMATION FROM THE HEALTH UNIT:

1. For students with medical conditions diagnosed previously (such as migraines, allergies, diabetes, etc) the Health Unit will be authorized to keep the medications in use in its

facilities ONLY with the medical prescription from the doctor which should indicate diagnosis, doses, and times of administration. In this way, the nurse will be allowed to administrate the medication when needed. Parents are responsible for bringing the medicine.

2. The Health Unit is only allowed to keep some medications that have natural ingredients that may be used for the treatment of some conditions or to alleviate some discomforts (arnika gel and spray, propoleo/honey pills, artificial tears, digestive herbal teas, menthol lotions, etc).

3. For students who are diagnosed with an acute disease and need to take medication during school hours, parents should send the medical prescription indicating diagnosis, medication, doses and times. The medication will be kept in the Health Unit and will be given to the student by the school nurse. It is the responsibility of the student and teacher to send him/her to the Health Unit at the time the medication should be given.

4. The school nurse is not authorized to excuse the students from PE classes or any sports activity. Only permission from parents or a medical certificate excuses the student from that class.

5. Pediculosis checks will be done to the affected class as soon as a case is reported to the nurses in the Health Unit. If a new case is found, parents will be notified so he/she may have the treatment done at home. Students will not be sent home unless the nurse considers it is a severe case. If the same student is found with head lice, he/she will be sent home until treatment is done. The school nurse will send a memo to all parents in the grade affected informing about the case and giving the proper information about it.

6. Vaccination is done at the Health Unit every year for 1st, 4th (only girls), 5th (only girls) and 8th graders according to the Chilean Program of Immunizations. Consultorio Lo Barnechea and its medical staff perform the vaccination. The school nurse should coordinate the permission for each student to get the vaccines. Only students with written permission will be vaccinated in the school.

7. The nurses can screen a student's vision and hearing if requested by the teachers or staff. The results of the screening will be informed to parents suggesting if necessary an appointment with a specialist doctor. Nurses are not able to make a diagnosis with the results found in the tests.

8. In the event that a student requires any medical implement (arm sling, hot/cold compress, etc.) the school will lend it according to availability and it should be returned back when stipulated by the nurse.

9. The school nurse can lend wheelchairs as available and with the responsibility of the student and his family to return it back and in the same conditions as when lent.

SCHOOL NURSES AND SHIFTS:

Claudia de Petris Aguirre	Mondays to Thursdays Fridays	7:00am - 2:45pm 7:00am - 2:30pm
Claudia Quirland Puentes	Mondays to Fridays	8:00am - 4:00pm
Macarena Yob Mazuela	Mondays to Fridays	9:00am - 5:00pm
Rodrigo Marambio Ayala	Mondays to Fridays	4 hours per day
Pulsa coordinator	Felipe Romero	