



## 2019 Knights Cross Country Schedule



Date	Opponent	Location	Time
<b>August</b>			
16 Fri	Battle of the Fairways	Canton, GA	6:00 PM
24 Sat	6th Annual Battle of Sandy Springs	Holy Innocents'	VB 7:30 AM JV G 8:20 AM JV 8:40 AM
29 Thur	15th War Eagle Invitational	Chestatee High School	JV B 5:30 PM JV G 6:10 PM VB 6:50 PM
<b>September</b>			
7 Sat	Bulldogs Distance Classic	Forsyth	VB 8:00 AM V G 8:30 AM JV B & G 9:50 AM
14 Sat	7th Milton Cross Country Invitational	Alpharetta	JV G 9:00 AM JV B 9:45 AM VB 10:45 AM
21 Sat	Wingfoot XC Classic	Cartersville	JV 8:30 AM JV B 8:55 AM VB 10:30 AM
25 Wed	St. Francis MS/HS Meet	St. Francis HS	4:30 PM
28 Sat	15th Annual Darlington Cross Country Festival	Darlington	JV G 8:45 AM JV B 9:20 AM VB 10:25 AM
<b>October</b>			
3 Thurs	MS MAAC Meet (Middle School ONLY)	SFHS	4:00 PM
5 Sat	Alexander/Asics Invitational	Douglasville	VB 9:15 AM JV B 10:30 AM JV G 11:05 AM
8 Wed	Metro 10 Middle School Meet (Middle School ONLY)	SFHS	4:00 PM
19 Sat	Dyslexia Dash	Perimeter Mall	8:30 AM
24 Thurs	REGION MEET	Darlington	TBA

**Coaches: Tom Mejia and Elizabeth Nyitray**