



August & September 2019 Ionia Elementary Schools Lunch Menu

Student Lunch FREE Milk Only \$0.35 Adult Lunch \$3.85

Your lunch includes: An entrée with protein and whole grains, up to two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal. Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
Visit Our Website: https://www.ioniaschools.org/page.cfm?p=54	Additional Daily Lunch Choices: Cheese Pizza Hamburger on WG Bun PB&J with String Cheese (WOW Butter at TR)			
		August 21 Soft Shell Taco Golden Corn Mandarin Oranges	August 22 Pepperoni Calzone Green Beans Peachy Peaches	August 23 Teriyaki Chicken Bowl Asian Vegetables Sweet Pineapple
August 26 Cheese Filled Bosco Breadsticks Green Beans Fruit Cocktail	August 27 Pancakes & Sausage Lima Beans Rainbow Applesauce	August 28 Spaghetti & Meat Sauce & Breadstick Golden Corn Diced Pears	August 29 Mini Corndogs & Goldfish Sweet Potato Tots Tropical Fruit Salad	August 30 NO SCHOOL
September 2 NO SCHOOL LABOR DAY	September 3 Chicken Alfredo with Rotini & Dinner Roll Broccoli Mandarin Oranges	September 4 Macaroni & Cheese Garden Peas Peachy Peaches	September 5 Beef & Bean Burrito Golden Corn Sweet Pineapple	September 6 Pull Apart Garlic Cheese Bread Green Beans Fruit Cocktail
September 9 Chicken Quesadilla Refried Beans Rainbow Applesauce	September 10 Lasagna Rollup & Breadstick Mixed Vegetables Diced Pears	September 11 Turkey Gravy with Dinner Roll Mashed Potatoes Tropical Fruit Salad	September 12 Chicken Patty on Bun Broccoli Mandarin Oranges	September 13 Fiestada Pizza Golden Corn Peachy Peaches
September 16 Grilled Cheese & Tomato Soup Garden Peas Sweet Pineapple	September 17 Chicken Smackers & Breadstick Mashed Potatoes Fruit Cocktail	September 18 HALF DAY SACK LUNCH AVAILABLE	September 19 Chicken Enchiladas Refried Beans Diced Pears	September 20 Cheese Filled Bosco Breadsticks Green Beans Rainbow Applesauce
September 23 Chicken Nuggets & Dinner Roll Mashed Potatoes Tropical Fruit Salad	September 24 French Toast Sticks and Sausage California Blend Diced Pears	September 25 Soft Shell Taco Refried Beans Mandarin Oranges	September 26 Pepperoni Calzone Green Beans Peachy Peaches	September 27 NO SCHOOL

Your school qualifies for FREE lunch for ALL students! Please fill out a Household Income Survey for our district's supplemental programs.



Questions? Comments?
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or call Food Service at 527-1731
 Tracy Nelson, Food Service Director



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