

FALL 2019



FLIP THROUGH OUR FALL 2019 CATALOG TO FIND
AFTER-SCHOOL ACTIVITIES THAT SUIT YOUR
INTERESTS AND SCHEDULE. IT'S EASY TO REGISTER
FOR ENRICHMENT CLASSES ONLINE. JUST GO TO
PEORIAACADEMY.ORG AND GET SIGNED UP TODAY!

CLASSES BEGIN MONDAY AUGUST 19TH!



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A Note about Fall Activities

Before making your AEP selections, please take into consideration all of the activities and/or athletics your students will be participating in this fall to avoid scheduling conflicts. We know that some conflicts are unavoidable, however, our children can sometimes struggle with over-scheduling and remembering multiple activities and times. Try not to double-book your student.

Please be aware of all of the awesome extra-curricular activities Peoria Academy has to offer. Information for IESA sports for students in 5th grade and up can be provided to you by Ken Filipiak

(kfilipiak@peoriaacademy.org). The Fall Musical will be Marry Poppins. Information about how you can get involved can be provided to you by David Blasco

(dblasco@peoriaacademy.org). Information about Girl Scouts can be obtained by Julie Gianessi

(jgianessi@peoriaacademy.org). Information about Boy Scouts can be obtained through Kate Larkins

(klarkins@peoriaacademy.org).

Check your Jupiter ed emails for information about other clubs and activities to get your students involved!

FALL 2019 AFTER-SCHOOL ENRICHMENT PROGRAM



Welcome to Peoria Academy After-School Enrichment Program

Peoria Academy After-School Enrichment Program has been established to offer quality enrichment classes to Peoria Academy students and eligible students from the Greater Peoria community. PA After-School Enrichment Programs are formatted to be both affordable and comprehensive. A variety of courses are offered each semester based on age and ability. This catalog contains course descriptions and registration details. Please read through this information carefully.

If you have any questions, please contact
Jennifer Schertz, Enrichment Program Coordinator, at
jschertz@peoriaacademy.org

***Please note that Enrichment Classes are available from
3:00-6:00 Monday-Friday!

Hours

3:00-6:00 PM

Aftercare Available Until 6:00

*****Aftercare is included with your
enrolment in AEP classes on the
day of your student's class *****

Dates

Fall Semester

Begins: Monday August 19th

Ends: Friday December 13th

****Class Make-up Week:** December 16th

Contact Information

Phone: 309-692-7570

Fax: 309-692-7665

Email: jschertz@peoriaacademy.org

Mail: Peoria Academy

2711 W. Willow Knolls Dr.

Peoria, IL 61614

Attn: Jennifer Schertz



REGISTRATION

Our After-School Enrichment Program Registration is quick and easy on the Peoria Academy website. Head over to Peoriaacademy.org and click on the AEP logo button or, follow the AEP Fall 2019 link. Get ready for a semester filled with fun, creativity, and learning! Classes are filled on a first come first serve basis, so be sure to get registered online before classes fill up!

Online Registration will conveniently send you a confirmation email and bill your account appropriately. Charges will appear on your next statement. We like to have all registrations due by the first day of class, but for your convenience will roll AEP admission throughout the semester. Classes will not be pro-rated because of late registration. (Some exceptions apply.)

Refunds will not be issued for classes once the course has begun unless the lesson is canceled by Peoria Academy. Peoria Academy reserves the right to change or cancel course offerings if deemed necessary. Participation in lessons is dependent upon student behavior. Peoria Academy reserves the right to remove any student who demonstrates unsuitable or disruptive behavior. If a student is removed from class, a refund will not be issued.

PAYMENT AND FEES

1 Credit = \$165

2 Credits = \$330

Individual Lessons: **Cost: 2 credits per semester**

1 meeting per week for 30 minutes

1:1 Student-Instructor ratio

1 Hour class: **Cost: 1 credit per semester**

1 meeting per week for 1 hour

Maximum 16:1 Student-Instructor ratio

2 Hour Class: **Cost: 2 credits per semester**

2 meetings per week for 1 hour each or 1 meeting for 2 hours.

Maximum 16:1 Student-Instructor ratio

Payments may be made by check, credit card or auto-draft. Payments will be reflected on your Peoria Academy statement.



MONDAY CLASSES



Brass Instrument Lessons

Cost: 2 Credits

2nd-8th Gr.

Variable time schedule (contact Mrs. Schertz to arrange a time)

Want to play trumpet, trombone, baritone, euphonium, or tuba? Bring your instrument, and let's play! Skill levels: Trumpet: Beginner Baritone/Euphonium:

Beginner-Advanced Trombone: Beginner-Advanced Tuba: Beginner-Intermediate

***This class will be offered in half hour increments.**

Instructor: Brian Russell

Tae Kwon Do 3:00-4:00

Cost: 1 Credit

K-8th Gr. and Parents Monday and Wednesday offerings

Tae Kwon Do teaches basic self-defense. All forms of martial arts are utilized during instruction. This course is open to both students and parents. Dennis Zehr has been at Peoria Academy as the Tae Kwon Do Instructor for 20 years and received his 1st Degree Black Belt in 1987 and 6th Degree Masters in 2006.

***Limit 22 students per class**

****TKD is available to 4 year old students pending a screening per Master Zehr**

***** PLEASE NOTE; THERE WILL BE A CHARGE WHEN TESTED TO MOVE UP A BELT*****

Instructor: Dennis Zehr

Tiny Training Camp 3:00-4:00

Cost: 1 Credit

3 yr olds, JK, and K

Tiny Training Camp is for our littlest athletes in the Early Childhood age range! Mr. Kissell will use his knowledge and love of athletics to get your kids moving! Students will learn different sporting activities like soccer, play games, and run obstacle courses. Each week will be something new and exciting to get your child moving and excited about exercise!

***Limit 14 Students per class**

Instructor: Andrew Kissell

Lower School Ceramics 3:00-4:00

Cost: 1 Credit

1st-4th Gr.

This lower school class will focus on hand building ceramics for the sake of artistic expression with occasional functional projects. Students will have different techniques demonstrated to them to use as their creativity takes them. There will be instructor guidance with a generous allowance for creative freedom. If time allows we will plan a group project to be auctioned at the annual Gala in the spring. Studio fee of \$30 to cover clay and glaze costs.

Instructor: Katie Vandenberg



MONDAY CLASSES



Piano Lessons: Individual

PLEASE SIGN UP MANUALLY OUTSIDE PIANO ROOM

Cost: 2 Credits

K-8th Gr. Monday, Tuesday, Wednesday, Thursday, or Friday: 3:00-6:00

Throughout this course, students are introduced to the piano keyboard, become acquainted with the theory behind how and why music works as it does. At the appropriate grade level, students are encouraged to participate in the IESA Solo and Ensemble Contest. Most of all, the student is encouraged to let the music they have learned flow from their heart where true music is expressed and comes to life.

***This class will be offered in half hour increments.**

Instructor: Gloria Busman

Guitar or Banjo Lessons: Individual 3:30-4:00, 4:00-4:30, 4:30-5:00

Cost: 2 Credits

1st-8th Gr. Monday: 3:30-5:00, Tuesday: 3:30-5:00, Wednesday 3:30-5:00, Thursday: 3:30-5:00

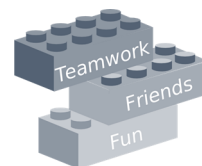
These guitar or banjo lessons are open to students of all levels from beginner to advanced. Basic music theory is incorporated into each lesson with an emphasis on proper technique. Both acoustic and bass guitar lessons available.

***This class will be offered in half hour increments.**

Instructor: Wesley Sedrel



TUESDAY CLASSES



Bulldog Gymnastics 3:00-4:00

Cost: 1 Credit

3 yr. olds-3rd Gr.

Come and learn the basics of tumbling! Bulldog Gymnastics is a progression-based class where skills are broken down into small steps to insure easy, skill-building success. Gymnastics is great for building self-esteem, strong bones, and a healthy heart.

Instructor: Joanie Rankin

LEGO Challenge 3:00-4:00

Cost: 1 Credit plus \$10 materials fee

JK-3rd Gr.

The fun continues with LEGO Challenge! Each week is a new building challenge. We will incorporate a little STEM into the day with challenges for all ability levels. Get ready to be a creative engineer!

Instructor: Julie Gianessi

Peoria Ballet Beginning Ballet and Jazz Class 3:00-4:00

Cost: 1 Credit

1st-4th Gr.

Ballet

Introduction to ballet positions, vocabulary, body placement, rhythm, and movement. Dancers will learn basic ballet jumps, turns, strengthening and coordination exercises. Each class is danced to classical music.

Jazz

This class is an introduction to rudiments of Jazz dance for absolute beginners. Dancers will learn basic Jazz steps and vocabulary to contemporary and popular music.

***Limit 20 Students**

****Ballet shoes and leotards required during class**

Instructor: Meredith Garrison

Tabata 3:00-4:00

1 Credit plus \$10 equipment fee

6th-8th Gr. AND ADULTS

Tuesday 3:00-4:00, Wednesday 3:00-4:00

This one is for the adults. Tabata is an interval-based training model utilizing body weight and cardiovascular mechanics. Tabata is a growing in popularity and is used by many athletes, yet the beauty of it is that it is extremely scalable and accessible. Newcomers can modify workouts within the group dynamic so as to adjust to their own preferences while still being engaged in the group work. The workout consists of 3 parts: warmup, intervals, and cooldown stretching. Ben VandenBerg is a certified group fitness instructor and has been teaching Tabata classes for 5 years out of Tremont, and he's ready to take it to PA.

***Limit 9 students**

Instructor: Ben Vandenberg



TUESDAY CLASSES



Mini Masters

Cost: 2 Credits

2nd-8th Gr.

All new artists! All new projects! Join us for this continuation of our exciting summer camp class! Students will learn brief histories of several renowned artists and become familiar with their works. Afterward, they will create their own unique masterpieces inspired by the artist and their technique. This class will help promote your student's love of art and expand/review their knowledge of art history.

***Limit 12 Students**

Instructor: Diana Janda

Guitar or Banjo Lessons: Individual 3:30-4:00, 4:00-4:30, 4:30-5:00

Cost: 2 Credits

1st-8th Gr. Monday: 3:30-5:00, Tuesday: 3:30-5:00, Wednesday 3:30-5:00, Thursday: 3:30-5:00

These guitar or banjo lessons are open to students of all levels from beginner to advanced. Basic music theory is incorporated into each lesson with an emphasis on proper technique. Both acoustic and bass guitar lessons available.

***This class will be offered in half hour increments.**

Instructor: Wesley Sedrel

Piano Lessons: Individual

PLEASE SIGN UP MANUALLY OUTSIDE PIANO ROOM

Cost: 2 Credits

K-8th Gr. Monday, Tuesday, Wednesday, Thursday, or Friday: 3:00-6:00

Throughout this course, students are introduced to the piano keyboard, become acquainted with the theory behind how and why music works as it does. At the appropriate grade level, students are encouraged to participate in the IESA Solo and Ensemble Contest. Most of all, the student is encouraged to let the music they have learned flow from their heart where true music is expressed and comes to life.

***This class will be offered in half hour increments.**

Instructor: Gloria Busman

Design It! 4:00-5:00

Cost: 1 Credit plus \$10 materials fee

4th-6th Gr.

Do you like to design and construct? Join us this semester where we design a variety of projects like a playground, a monster that moves, and even cookies. Let's get creative!

Instructor: Julie Gianessi



WEDNESDAY CLASSES



Middle School Ceramics 3:00-5:00

Cost: 2 Credits plus \$30 Studio Fee

5th-8th Gr.

This middle school ceramics class will focus on hand building functional ceramics as well as ceramics for the sake of artistic expression. Students will have different techniques demonstrated to them to use as their creativity takes them. There will be instructor guidance with a generous allowance for creative freedom. Because of the longer class time, students will have ample time to explore their projects. If time allows we will plan a group project to be auctioned at the annual Gala in the spring. Studio fee of \$30 to cover clay and glaze costs.

Instructor: Katie Vandenberg

Yoga For You! 3:00-4:00

Cost: 1 Credit

3yr olds-3rd Gr.

Come and learn about yoga for kids. Yoga has many benefits. It enhances flexibility, strength, and coordination. In addition, it helps with concentration, calmness, focus and relaxation. We will learn poses, partner poses and group poses. Fun themes will be implemented each week. Themes will be based on books, movies or characters.

Namaste!!

Instructor: Joanie Rankin

Tae Kwon Do 3:00-4:00 AND 4:00-5:00

Cost: 1 Credit

K-8th Gr. and Parents

Tae Kwon Do teaches basic self-defense. All forms of martial arts are utilized during instruction. This course is open to both students and parents. Dennis Zehr has been at Peoria Academy as the Tae Kwon Do Instructor for 15 years and received his 1st Degree Black Belt in 1987 and 6th Degree Masters in 2006.

***TKD is available to 4 year old students pending a screening per Master Zehr**

****Limit 22 Students**

***** PLEASE NOTE: THERE WILL BE A CHARGE WHEN TESTED TO MOVE UP A BELT*****

Instructor: Dennis Zehr

Guitar or Banjo Lessons: Individual 3:30-4:00, 4:00-4:30, 4:30-5:00

Cost: 2 Credits

1st-8th Gr. Monday: 3:30-5:00, Tuesday: 3:30-5:00, Wednesday 3:30-5:00, Thursday: 3:30-5:00

These guitar or banjo lessons are open to students of all levels from beginner to advanced. Basic music theory is incorporated into each lesson with an emphasis on proper technique. Both acoustic and bass guitar lessons available.

***This class will be offered in half hour increments.**

Instructor: Wesley Sedrel



WEDNESDAY CLASSES



Piano Lessons: Individual

PLEASE SIGN UP MANUALLY OUTSIDE PIANO ROOM

Cost: 2 Credits

K-8th Gr. Monday, Tuesday, Wednesday, Thursday, or Friday: 3:00-6:00

Throughout this course, students are introduced to the piano keyboard, become acquainted with the theory behind how and why music works as it does. At the appropriate grade level, students are encouraged to participate in the IESA Solo and Ensemble Contest. Most of all, the student is encouraged to let the music they have learned flow from their heart where true music is expressed and comes to life.

***This class will be offered in half hour increments.**

Instructor: Gloria Busman



THURSDAY CLASSES



Storytime Art 3:00-4:00

1 Credit plus \$10 Studio fee

3 yr. olds-1st Gr.

If your student likes hearing stories and doing fun art projects, then this is the class for you! Each week, we will listen to a story as we have a snack and then do an art project that pertains to the story in some way. Why not develop or nurture a love of reading and art and work on fine motor skills all at the same time?

***Limit 10 Students**

Instructor: Diana Janda

Bulldog Cheerleading 3:00-4:00

1 Credit

3 yr. olds-5th Gr.

Do you have school spirit? Would you like to learn the fundamentals of cheerleading and dance? Come join Bulldog Cheerleading! Learn jumps, stunts, dance and cheers. We will perform a cheer/dance routine at the end of the semester. Go Bulldogs!!!

Instructor: Joanie Rankin

STEAMworks 3:00-4:00

Cost: 1 Credit plus \$20 materials fee

2nd Gr. And up

Join us once a week for a unique class that includes all aspects of STEAM. In this course, students will learn basic programming, work with circuits, and do many more projects that get kids thinking like engineers. Classes will have a focus STEM while also incorporating art, as art is becoming ever more present in STEM fields. There will be new projects every week with fun STEAM stuff that kids will be able to take home. Sign up today!

***Limit 20 Students**

Instructor: Kaelyn Tuttle

Drama Club 3:00-4:00

Cost: 1 Credit

4th-8th Gr.

Do you have a love for, or are interested in theatre? We will learn the basics of drama while learning fun techniques to develop confidence in front of an audience with Mrs. Wilke. The group will also practice and perform short plays for the school community. Sign up for this exciting new club quick!

Instructor: Jenny Wilke

Guitar or Banjo Lessons: Individual 3:30-4:00, 4:00-4:30, 4:30-5:00

Cost: 2 Credits

1st-8th Gr. Monday: 3:30-5:00, Tuesday: 3:30-5:00, Wednesday 3:30-5:00, Thursday: 3:30-5:00

These guitar or banjo lessons are open to students of all levels from beginner to advanced. Basic music theory is incorporated into each lesson with an emphasis on proper technique. Both acoustic and bass guitar lessons available.

***This class will be offered in half hour increments.**

Instructor: Wesley Sedrel



THURSDAY CLASSES



Tabata 3:00-4:00

1 Credit plus \$10 equipment fee

6th-8th Gr. AND ADULTS

Tabata is an interval-based training model utilizing body weight and cardiovascular mechanics. Tabata is growing in popularity and is used by many athletes, yet the beauty of it is that it is extremely scalable and accessible. Newcomers can modify workouts within the group dynamic so as to adjust to their own preferences while still being engaged in the group work. The workout consists of 3 parts: warmup, intervals, and cooldown stretching. Ben Vandenberg is a certified group fitness instructor and has been teaching Tabata classes for 5 years out of Tremont. Now he's ready to take it to PA.

***Limit 9 Students**

WOW! Art 4:00-5:00

1 Credit plus \$10 Studio fee

5th-8th Gr.

Join Mrs. Janda for a whirlwind ride through the world of the coolest new art techniques and try some of the newer, exciting projects to hit the art scene. The results of each project are guaranteed to make you say, "Wow!" Students will have fun while learning new art techniques that will give their creativity a boost.

Instructor: Diana Janda

Piano Lessons: Individual

PLEASE SIGN UP MANUALLY OUTSIDE PIANO ROOM

Cost: 2 Credits

K-8th Gr. Monday, Tuesday, Wednesday, Thursday, or Friday: 3:00-6:00

Throughout this course, students are introduced to the piano keyboard, become acquainted with the theory behind how and why music works as it does. At the appropriate grade level, students are encouraged to participate in the IESA Solo and Ensemble Contest. Most of all, the student is encouraged to let the music they have learned flow from their heart where true music is expressed and comes to life.

***This class will be offered in half hour increments.**

Instructor: Gloria Busman



FRIDAY CLASSES



Bulldog Strength & Conditioning 3:00-4:00

1 Credit

4th-8th Gr.

Join Mr. Adam for an interactive workout program designed for teens! In this course students will focus on physical skills such as strength, power, speed, agility, and stamina. This program is guaranteed to help establish healthy lifestyle habits, increase dedication to fitness, and foster self-confidence! Have fun and get fit today!

***Limit 20 students**

Instructor: Adam Arenas

Chess 3:00-4:00

1 Credit

1st-8th Gr.

Chess is a classic game that develops spatial thinking and strategies to build focused concentration. This class is geared for all levels of chess players. Beginners learn basic game rules and opening tactic moves. Intermediate and advanced players learn sophisticated combinations and strategies and advanced opening moves. Learn From Murrel Rhodes, 2016 Illinois Chess Coach of the year.

***Limit 20 Students**

Instructor: Murrel Rhodes

Piano Lessons: Individual

PLEASE SIGN UP MANUALLY OUTSIDE PIANO ROOM

Cost: 2 Credits

K-8th Gr. Monday, Tuesday, Wednesday, Thursday, or Friday: 3:00-6:00

Throughout this course, students are introduced to the piano keyboard, become acquainted with the theory behind how and why music works as it does. At the appropriate grade level, students are encouraged to participate in the IESA Solo and Ensemble Contest. Most of all, the student is encouraged to let the music they have learned flow from their heart where true music is expressed and comes to life.

***This class will be offered in half hour increments.**

Instructor: Gloria Busman

Fun Fitness 3:00-4:00

Cost: 1 Credit

1st-3rd Gr.

Join Mr. Kissell for Fun Fitness Fridays! With Mr. Kissell's knowledge and love of athletics you can get your child excited about fitness! Students will learn different sporting activities, play games, and run obstacle courses. Each week will be something new and exciting to get your child moving. Sign up today!

***Limit 20 Students**

Instructor: Andrew Kissell