

DPS

Dalton High School

**International**  
Week A - August 7-10

**Southern Chow**

**Hot & Spicy**

**Grill**

**Wednesday**  
Spaghetti  
Garlic Toast  
Steamed Corn

**Wednesday**  
Chicken Gen. TSO  
Rice  
Vegetable Blend

**Wednesday**  
Chili Cheese Nachos  
Steamed Corn  
Fresh Pico  
Shredded Lettuce

**Wednesday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Steamed Broccoli  
Yogurt Box Choice

**Thursday**  
Boneless BBQ Wings  
Fresh Broccoli w/ Ranch  
Celery/Carrot Sticks  
Baked Beans

**Thursday**  
Boneless BBQ Wings  
Fresh Broccoli w/ Ranch  
Celery/Carrot Sticks  
Baked Beans

**Thursday**  
Cheese Nachos  
Pico de Gallo  
Pinto Beans  
Shredded Lettuce

**Thursday**  
Pizza  
Marinara Sauce  
Leafy Green Salad  
Rosted Garbanzo Beans  
Yogurt Box

**Friday**  
Chicken Tenders  
Roll  
Steamed Broccoli  
Tater Tots

**Friday**  
Chicken Tenders  
Roll  
Steamed Broccoli  
Tater Tots

**Friday**  
Beef Nachos  
Shredded Lettuce/Cheese  
Fresh Pico  
Pinto Beans

**Friday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Carrot Stick w/ Dip

Week B - August 12-16

**Monday**  
Quesadilla  
Spanish Rice  
Pico de Gallo  
Steamed Corn

**Monday**  
Chili Fries  
Garlic Toast  
Pico de Gallo  
Steamed Broccoli

**Monday**  
Quesadilla  
Spanish Rice  
Pico de Gallo  
Pinto Beans

**Monday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Sweet Potato Fries  
Yogurt Box Choice

**Tuesday**  
Walking Taco  
Shredded Lettuce/Cheese  
Pico de Gallo  
Refried Beans

**Tuesday**  
BBQ Plate w/ Roll  
Chips  
Slaw  
Baked Beans

**Tuesday**  
Chili Cheese Nachos  
Pinto Beans  
Fresh Pico  
Shredded Lettuce

**Tuesday**  
Pizza  
Marinara Sauce  
Steamed Broccoli  
Leafy Green Salad  
Yogurt Box Choice

**Wednesday**  
Corn dog  
Potato Fries  
Green Beans

**Wednesday**  
Country Fried Steak  
Biscuits & Gravy  
Mashed Potato  
Green Beans

**Wednesday**  
Fajita Nachos  
Rice, Salsa  
Sauteed Pepper & Onion  
Pinto Beans

**Wednesday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/onion/Pickles  
Yogurt Box Choice

**Thursday**  
Hamburger Patty w/ Gravy

**Thursday**  
Meatball Subs

**Thursday**  
BBQ Nachos

**Thursday**  
Pizza

Roll  
Mac & Cheese  
Green Beans

Oven Baked Fries  
Slaw

Pico de Gallo  
Steamed Corn

Marinara Sauce  
Roasted Garbanzo Beans  
Leafy Green Salad  
Yogurt Box Choice

**Friday**  
Chicken Tenders  
Roll  
Roasted Squash  
Pinto Beans

**Friday**  
Chicken Tenders  
Roll  
Roasted Squash  
Vegetable Blend

**Friday**  
Beef Nachos  
Shredded Lettuce/Cheese  
Salsa  
Refried Beans

**Friday**  
Chicken Sandwich  
Cheeseburger  
Potato Fries  
Yogurt Box Choice

Week C -August 19-23

**Monday**  
Spaghetti w/ Meatballs  
Garlic Toast  
Steamed Corn

**Monday**  
Chicken Patty w/ Gravy  
Garlic Toast  
Steamed Broccoli  
Mashed Potato

**Monday**  
Steak Nachos w/ Cheese  
Pico de Gallo  
Steamed Corn  
Shredded Lettuce

**Monday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Glazed Carrot  
Yogurt Box Choice

**Tuesday**  
Boneless Hot Wings  
Fresh Broccoli w/ Ranch  
Celery/Carrot Sticks  
Baked Beans

**Tuesday**  
Boneless Hot Wings  
Fresh Broccoli w/ Ranch  
Celery/Carrot Sticks  
Baked Beans

**Tuesday**  
Walking Taco  
Shredded Lettuce/Cheese  
Pico de Gallo  
Black Bean Salad

**Tuesday**  
Pizza  
Marinara Sauce  
Sweet Potato Fries  
Leafy Green Salad  
Yogurt Box Choice

**Wednesday**  
Country Fried Steak  
Biscuits & Gravy  
Mashed Potato  
Glazed Carrots

**Wednesday**  
Country Fried Steak  
Biscuits & Gravy  
Mashed Potato  
Glazed Carrots

**Wednesday**  
Chicken Fajita  
Rice  
Sauteed Onion/Pepper  
Salsa

**Wednesday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Steamed Broccoli  
Yogurt Box Choice

**Thursday**  
BBQ Sandwich w/ Chips  
Slaw  
Baked Beans

**Thursday**  
Philly Beef & Cheese Subs  
Chips  
Sauteed Peppers/Onion  
Corn

**Thursday**  
Pork Carnita w/ Soft Tortilla  
Cilantro,Lime,Onion  
Pico de Gallo  
Shredded Lettuce

**Thursday**  
Pizza  
Marinara Sauce  
Steamed Corn  
Yogurt Box Choice

**Friday**  
Chicken Tender w/ Toast  
Vegetable Blend  
Sweet Potato Fries

**Friday**  
Chicken Tender w/ Toast  
Vegetable Blend  
Sweet Potato Fries

**Friday**  
Beef Nachos  
Fresh Pico  
Lettuce / Cheese

**Friday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle

**Week D- August 26-30**

**Monday**  
Quesadilla  
Spanish Rice  
Black Bean Salad  
Pico de Gallo

**Monday**  
Chicken & Waffles  
w/ Maple Gravy  
Seasoned Potatoes  
Green Peas

Pinto Beans

Carrot Stick w/ Dip  
Yogurt Box Choice

**Monday**  
Quesadilla  
Spanish Rice  
Pinto Beans  
Pico de Gallo

**Monday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Baked Beans  
Slaw  
Yogurt Box Choice

**Tuesday**  
Pork BBQ Plate w/ Chips  
Roll  
Baked Beans  
Slaw

**Tuesday**  
Roasted Chicken w/ Roll  
Mac & Cheese  
Steamed Broccoli

**Tuesday**  
Walking Taco  
Steamed Corn  
Pico de Gallo  
Shredded Lettuce

**Tuesday**  
Pizza  
Marinara Sauce  
Steamed Corn  
Yogurt Box Choice

**Wednesday**  
Cheese Sticks  
Marinara Sauce  
Steamed Corn  
Cucumber Salad

**Wednesday**  
Cheese Sticks  
Marinara Sauce  
Steamed Corn  
Cucumber Salad

**Wednesday**  
Fajita Nachos w/ Rice  
Salsa  
Sauteed Peppers & Onions  
Shredded Lettuce

**Wednesday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Cucumber Salad  
Yogurt Box Choice

**Thursday**  
Chili Fries  
Garlic Toast  
Pico de Gallo  
Steamed Broccoli

**Thursday**  
Hot Dogs  
Baked Beans  
Slaw  
Pickle Relish

**Thursday**  
Cheese Nachos  
Pico de Gallo  
Pinto Beans  
Shredded Lettuce

**Thursday**  
Pizza  
Marinara Sauce  
Steamed Broccoli  
Leafy Green Salad  
Yogurt Box Choice

**Friday**  
Chicken Tender w/ Toast  
Creamy Cole Slaw  
Potato Fries

**Friday**  
Chicken Tender w/ Toast  
Creamy Cole Slaw  
Potato Fries

**Friday**  
Beef Nachos  
Fresh Pico  
Lettuce / Cheese  
Pinto Beans

**Friday**  
Chicken Sandwich  
Cheeseburger  
Lettuce/Tomato/Onion/Pickle  
Carrot Stick w/ Dip  
Yogurt Box Choice

\*Leafy Green Salad and Fresh

Fruits serves everyday