

GO AMHERST COMETS!		AUGUST		AJH Lunch Menu	
		Menu subject to change		2019	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1	2	
OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK	<i>Lunch price of \$3.50 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>				
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
		CHATTERBOX LUNCH Popcorn chicken bowl CHicken Patty Mashed Potatoes w/gravy Corn	ITALIAN SUBS MACARONI & CHEESE W/A ROLL MOZARELLA STICKS W/MARINARA SAUCE	Cheeseburger HOT DOG BAKED BEANS SMILES MILK	
26	27	28	29	30	
CHATTERBOX LUNCH Mexican sampler Beefy Cheesy Nachos or FIESTA Rice w/Refried Beans	CHATTERBOX LUNCH BBQ Riblet CHICKEN RINGS Baked Tater Tots	SUB SANDWICHES Chicken Patty Baked Potato Smiles	ITALIAN SUBS LASAGNA OR CHEESE RAVIOLI W/A BREAD STICK DESSERT	Cheeseburger BBQ PULLED PORK TOASTED CHEESE Baked Beans Tri Taters	
This institution is an equal opportunity provider					
Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:					
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