



Marin Academy PE INDEPENDENT STUDY COMPLETION FORM



PE Independent Study credit is intended for students who wish to undertake specialized physical activities outside of offered Marin Academy interscholastic sports. The amount of time required for an independent PE activity may not be less than 20 hours per academic year to earn a half (1/2) PE point. Students may not receive PE points for Independent Study in increments smaller than a half point. Three-and-a-half (3.5) PE points must be earned prior to the end of the senior year to fulfill one's graduation requirement. (See Student Handbook for further explanation of PE graduation requirements). Students must work with a sponsor (other than a parent) who will verify with a signature that the independent study has been completed. PLEASE SEE DIRECTIONS ON REVERSE.

Student: _____

Grade: (circle one) **FR** **SO** **JR** **SR**

For Academic Year: (Date) _____

PART I: *Please describe the activity you have completed for credit.*

PART II – Hours

- a. **Total hours completed** _____
- b. **PE points earned** _____

PART III – Sponsor (not parent)

- a. **Name** (required) _____
- b. **Signature** (required) _____
- c. **Phone number** (required) _____

Part IV – Parent Signature (required) _____

APPROVAL (signatures must be obtained in order)

- a. Advisor _____ **Date:** _____
- b. Class Dean _____ **Date:** _____
- c. Asst. Athletic Director _____ **Date:** _____

Directions for the PE Independent Study Completion Form

1. When should I use this form?

When you have completed at least 20 hours of physical activity outside of offered Marin Academy interscholastic sports or classes such as Aikido or dance.

2. When is the PE Independent Study Completion Form due?

The Independent Study Completion Form is due AFTER you have completed your activity and BEFORE the following deadlines:

- PE Independent Study done over summer break: Completion Form is due by the final day of the 1st quarter of the following academic year. NO CREDIT WILL BE GRANTED FOR SUMMER ACTIVITY IF THE COMPLETION FORM IS NOT SUBMITTED BY THE END OF THE 1ST QUARTER. (Please note that students may earn a maximum of one PE point for summer work and may earn PE independent study credit in one summer only.)
- PE Independent Study done during the academic year: Completion Form is due by the final day of the 4th quarter of that academic year. NO CREDIT WILL BE GRANTED FOR ACTIVITY DURING THE ACADEMIC YEAR IF THE COMPLETION FORM IS NOT SUBMITTED BY THE END OF THE 4TH QUARTER OF THAT ACADEMIC YEAR.

3. All those signatures—do I really need them?

Yes. Please fill out the form completely and obtain the sponsor and parent signatures before bringing it to your advisor.

4. When will my PE Credit show up on my records?

At the end of the 1st and 3rd quarters a letter detailing all PE points earned to that point will be mailed home with quarter grades and comments. PE points earned as a result of participation on an interscholastic team or completion of an independent study will be logged promptly but not instantly. Check the letter to see if any points are missing.

5. How are points earned?

For each 20 hours of physical activity logged, you earn a half (1/2) PE point. You may NOT earn PE points for independent study in increments smaller than a half-point. For example:

- 20 hours equals a half-point,
- 30 hours also equals a half-point,
- 40 hours equals one point,
- 60 hours equals one-and-a-half points, etc.

6. Who can answer my questions about PE Independent Study?

Stop by to see Josh Kalkstein in his office in the Fitness Center or contact him via telephone (415-453-3616, ext. 237) or e-mail (jkalkstein@ma.org).