

### **Jack M. Barrack Hebrew Academy Return to Learn Policy**

\*Note: ALL students diagnosed with a concussion must follow the Return to Learn Protocol as stated below. If the student is an athlete, he or she must complete the Return to Learn Process before beginning the Return to Play protocol.

1. JBHA will send an “Accommodation Sheet” with the student to to be filled out by the physician. The “Accommodation Sheet” is a checklist of classroom accommodations including workload management, testing accommodations, and re-evaluation decisions. JBHA will follow the direct recommendations of the physician based on the completion of the “Accommodation Sheet.”
2. Once students return to school, they must check in with the athletic trainer or nurse twice per week, every Monday and Friday. During this meeting, the athletic trainer/nurse will give the student the symptom checklist to complete. This symptom checklist will be used to track progress. The symptom checklist includes an academic accommodations assessment.
3. If a student reports to the nurse due to the symptoms they are experiencing outside of the check-in days, they must complete a symptom checklist. If the total number of symptoms or symptom severity score is equal to or greater than what the physician noted, the student will be sent home.
4. Once the student indicates that they are completely asymptomatic (score a “0” on the symptom checklist), the student will return to regular classroom activity.
5. If after 3 weeks the student is still symptomatic, the student will be re-evaluated by a physician in order to reassess accommodations as required by the school.
6. After 6 weeks, if the student is still symptomatic, a staffing will be held to determine the best academic plan for the student. Options may include but are not limited to: take-home assignments/assessments only, and grading of a pass/fail during the trimester.
7. Student-athletes must be completely accommodation-free in the classroom before they can begin the sports Return to Play protocol.

## Academic Accommodations for Concussion

**Student Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Attendance:**

- No school until \_\_\_\_\_
- Half days as tolerated
- Full days as tolerated

Student should be sent home if he/she has:

(based on SCAT5 Symptom Checklist):

- \_\_\_\_\_ of 22 symptoms
- \_\_\_\_\_ of 132 symptom severity score

**Academic Accommodations:**

**Testing:**

- Testing permitted
- No testing
- Extended time \_\_\_\_\_
- Oral Testing
- Take Home tests

\*If no testing permitted, please indicate when student may resume testing (when asymptomatic, after re-evaluation, on a date etc.):

\_\_\_\_\_

**Note-Taking:**

- Student can take own notes
  - Student is allowed to obtain notes from a classmate
  - Student is provided with teacher notes
  - Other:
- \_\_\_\_\_

**Workload:**

- Reduce workload by \_\_\_\_\_%
  - Essential work only
  - Should not carry double workload of new work and make-up work
  - Other:
- \_\_\_\_\_

**In-Class:**

- Can participate in class as tolerated
  - Can participate in class using screen-based learning (computer, tablet, etc.) as tolerated
  - Listening Only
  - Other:
- \_\_\_\_\_

**Medication:**

- Student may take Tylenol/Ibuprofen as needed during the school day

**PE:**

Does the student need to be re-evaluated before returning to PE class?

- Yes
- No

*\*Please note: all student-athletes must be  
re-evaluated in order to return to sport and begin  
RTP*

**Physician Name:**

\_\_\_\_\_ **Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_