

COMPREHENSIVE HEALTH EDUCATION

The Governing Board perceives health education as part of a comprehensive district program to promote the health and well-being of students and staff. As part of this program, the Board is committed to providing for physical education, health services, nutrition services, psychological and counseling services, a safe and healthy school environment, health promotion for staff, and parent/guardian/community involvement.

The Board believes that health education should foster the knowledge, skills and behaviors that students will need in order to lead healthy, productive lives. Besides understanding the process of growth and development, students should know how to obtain and use health-related information, products and services. They should learn to accept personal responsibility for their own lifelong health and to respect and promote the health of others.

The district shall provide instruction related to the following:

1. Personal health
2. Consumer and community health
3. Injury prevention and safety
4. Alcohol, tobacco and other drugs
5. Nutrition
6. Environmental health
7. Family living
8. Individual growth and development
9. Communicable and chronic diseases

The above content areas shall be addressed in a planned, sequential curriculum for students in kindergarten through twelfth grade. Concepts related to mental and emotional health shall be woven throughout the content areas.

Legal Reference:

EDUCATION CODE

8850.5	Family relationships and parenting education
39876	Sale of specified food items
44806	Duty concerning instruction of students
49413	First aid training
49490	Child nutrition needs
49500	Meals for students
49530	Legislative intent
51201.5	Instruction on AIDS and AIDS prevention
51202	Instruction in personal and public health and safety

COMPREHENSIVE HEALTH EDUCATION (Continued)

51203	Instruction on alcohol, narcotics and dangerous drugs
51210	Area of study
51220.5	Parenting skills; areas of instruction
51240	Excuse from instruction due to religious beliefs
51260	Appropriately trained instructors
51265	Gang violence and drug and alcohol abuse prevention in-service
51513	Personal beliefs
51550	Sex education courses
51553	Sex education classes; course criteria
51820	Venereal disease instruction; notifications; inspection of materials
51890	Comprehensive health education programs

Management Resources:

CDE PUBLICATIONS

Health Framework for California Public Schools, 1994