## Instruction AR 6143

#### **COURSES OF STUDY**

### **Grades K-6**

Courses of study for grades 1 through 6 shall include the following:

- 1. English: speaking, reading, listening, spelling, handwriting, composition; knowledge and appreciation of language and literature. (Education Code 51210).
- 2. Mathematics: concepts, operational skills, problem solving. (Education Code 51210).
- 3. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51210).
  - a. The history, resources, development and government of California and the United States, including:
    - (1) Early California history.
    - (2) The role and contributions of both men and women, black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California groups in contemporary society. (Education Code 51204.5).
  - b. The development of the American economic system, including the role of the entrepreneur and labor.
  - c. The individual's relation to human and natural environments.
  - d. Eastern and western cultures and civilizations.
  - e. Contemporary issues.
  - f. The protection, conservation and wise use of natural resources, including the necessity for protecting the environment.

Instruction AR 6143 (a)

### **COURSES OF STUDY (Continued)**

- 4. Science, including biological and physical sciences, with emphasis on experimental inquiry and humanity's place in ecological systems. (Education Code 51210).
- 5. Fine arts, including art and music, with emphasis on creative expression and the development of aesthetic appreciation. (Education Code 51210).
- 6. Health: Individual, family and community health principles and practices, including. (Education Code 51210).
  - a. Personal and public safety and accident prevention, with instruction in emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation when appropriate equipment is available. (Education Code 51202).
  - b. Fire prevention. (Education Code 51202).
  - c. Venereal disease. (Education Code 51202).
  - d. The effects of alcohol, narcotics, drugs and tobacco upon the human body. (Education Code 51203).
- 7. Physical education, with emphasis on activities conducive to health and vigor of body and mind. (Education Code 51210).
- 8. Career awareness exploration.

### **Grades 7-12**

Courses of study for grades 7 through 12 shall include the following:

1. English: speaking, reading, listening, knowledge and appreciation of literature, language and composition. (Education Code 51220).

Instruction AR 6143 (b)

### **COURSES OF STUDY (Continued)**

- 2. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51220).
  - a. The history, resources, development and government of California and the United States, including:
    - (1) Early California history.
    - (2) The role and contributions of both men and women, black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society. (Education Code 51204.5).
  - b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions.
  - c. The development of the American economic system, including the role of the entrepreneur and labor.
  - d. The individual's relations to human and natural environments, including the protection, conservation and wise use of resources and the necessity for protecting the environment.
  - e. Eastern and western cultures and civilizations.
  - f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust.
  - g. Contemporary issues.
- 3. Foreign language(s): understanding, reading and writing. (Education Code 51220).
- 4. Physical education, with emphasis on activities conducive to health and vigor of body and mind. (Education Code 51220).

Instruction AR 6143 (c)

### **COURSES OF STUDY (Continued)**

- 5. Science, including physical and biological sciences, with emphasis on basic concepts, theories and processes of scientific investigation and on humanity's place in ecological systems, and with appropriate applications of the interrelation and interdependence of the sciences. (Education Code 51220).
- 6. Mathematics, including instruction designed to develop mathematical understandings, operational skills and insight into problem-solving procedures. (Education Code 51220).
- 7. Fine arts, including art, music or drama, with emphasis upon development of aesthetic appreciation and the skills of creative expression. (Education Code 51220).
- 8. Applied arts, including instruction in consumer and homemaking education, industrial arts, general business education or general agriculture. (Education Code 51220).
- 9. Vocational-technical education designed to prepare youth for gainful employment and/or further acquisition of technical skills in institutions of higher education. (Education Code 51220).
- 10. Automobile driver education, including instruction in. (Education Code 51220):
  - a. Vehicle Code provisions and other relevant state laws.
  - b. Proper acceptance of personal responsibility in traffic.
  - c. Appreciation of the causes, seriousness and consequences of traffic accidents.
  - d. Knowledge and attitudes necessary for the safe operation of motor vehicles.
  - e. The safe operation of motorcycles.
  - f. The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle. (Education Code 51220.1).
- 11. Personal and public safety and accident prevention, including instruction in:
  - a. Emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques: and cardiopulmonary resuscitation when appropriate equipment is available. (Education Code 51202).

# Instruction AR 6143 (d)

## **COURSES OF STUDY (Continued)**

- b. Fire prevention. (Education Code 51202).
- c. Venereal disease. (Education Code 51202.
- d. AIDS AND AIDS prevention. (51201.5).
- e. The effects of alcohol, narcotics, drugs and tobacco upon the human body and upon prenatal development. (Education Code 51203).