

PHYSICAL EDUCATION

The Governing Board desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

The Board shall approve the components of the physical education program.

Physical education staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal or designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.

Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.

The Superintendent or designee may excuse any student in grade 10, 11 or 12 who attends a regional occupational center or program from attending physical education courses if such attendance results in hardship because of the travel time involved.

Legal Reference:

EDUCATION CODE

49066	Grades; physical education class
51241	Temporary or permanent exemption from physical education
51242	Exemption from physical education for athletic program participants
52316	Excuse from attending physical education classes
60800	Physical performance test

CODE OF REGULATIONS, TITLE 5

3051.5	Adapted Physical Education for Individuals with Exceptional Needs
10060	Criteria for Physical Education Program

PHYSICAL EDUCATION (Continued)

UNITED STATES CODE, TITLE 29

794	Rehabilitation Act of 1973, Section 504
53	Ops. Atty. Gen 230 (1970)

Management Resources:

CDE PROGRAM ADVISORIES

418.89	Physical Education, April 18, 1989
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