

Summer Food Program

MENU

August Mobile Meals 2019

PRICES:

Age 18 & Younger
Adult Lunch

Free
\$4.05

Lunch

Milk choice option available daily.

Mobile Meals Locations:

There is no pork served in the Summer Food Program.

Don't Forget!

Applications for Free or Reduced priced meals need to be filled out YEARLY if you would like to receive or continue benefits. New applications for the 2019-2020 school year will be available in August.

For information on allergies or menu questions, please contact:

Kayla Timmerman, RD
Student Nutrition Services Dietitian
Edison Administration Building
Phone: (507) 328-4250
katimmerman@rochester.k12.mn.us

~ Average gram (g) of carbohydrate
Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Allergy Information: This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.			1 Soybutter and Jelly Sandwich Cheese Stick Fruit Selection Vegetable Selection	2
5 Yogurt String Cheese Muffin Top Fruit Selection Vegetable Selection	6 Munchable Deli Pack Fruit Selection Vegetable Selection	7 Deli Sandwich Fruit Selection Vegetable Selection	8 Sunflower Seeds Cheese Stick Crackers Fruit Selection Vegetable Selection	9
12 Tortilla Chips and Salsa Cheese Dip Squeezable Yogurt Fruit Selection	13 Crispy Chicken Ranch Wrap Fruit Selection Vegetable Selection	14 Pizzable Fruit Selection Vegetable Selection	15 Soybutter and Jelly Sandwich Cheese Stick Fruit Selection Vegetable Selection	16
19	20	21	22	23
26	27	28	29	30