August 4 - Day Trip Outline

**Important Dates**

**Friday 8/23**
5 p.m./Trip Orientation in Studio B with parents and students

**Tuesday 8/27**
7:30 a.m./Students arrive on campus
8:00 a.m./leave for canoeing or hiking
(7:30-8:30 a.m./9th grade parent breakfast)

**Thursday 8/29**
4:00 p.m./Groups arrive at Catoctin Quaker Camp

**Friday 8/30**
12:00 p.m./leave Catoctin
1:30 p.m./arrive back at SSFS

**Sample of Hiking/Canoeing route**

Each Group will either Canoe Day 1 and then Hike Day 2 and Day 3, or Hike Day 1 and Day 2 and then Canoe Day 3

**Tuesday:** Canoe from Sorrel Ridge to Little Orleans  
**Wednesday:** Hike 6 miles of Appalachian Trail (camp on Appalachian Trail)

**Thursday:** Hike 6 miles of Appalachian Trail and leave for Catoctin Quaker Camp

**Sample of Activities at Catoctin Quaker Camp** (4 new small groups rotate)

**Thursday Evening:** pizza dinner, Minute To Win It, Captains Calling, and fire circle

**Friday:** Breakfast, Rotating Activities, Lunch, & Clean-up