



Freshmen Retreat Packing List
"2019...Uncommon"

Special Note:

- Please arrive at school with your small duffle bag (no large suitcase!, bedding, lunch and wear school uniform for the day. **LEAVE YOUR CELL PHONE AT HOME.**
- When you arrive, head to the HS Commons (large "cafeteria") to store these items in the designated area until time to depart.
- When classes are over, please meet in the HS Commons. You will have time to change clothes, eat your sack lunch and then depart for the retreat.

WHAT TO BRING

- Bible and pencil/pen
- Bedding – pillow, sheet and light blanket or sleeping bag (cabins have no sheets or blankets; but are air conditioned!)
- Personal Toiletries
- Sunscreen and insect repellent
- Hat and sunglasses (suggested)
- *Water bottle with your name on it*
- Towels/washcloths
- Swimwear and towel (if desired for freetime swim). See below
- Tennis shoes (or other comfortable **closed-toed** shoes; flip flops/chacos optional)
- Comfortable clothes for 3 days. These will get dirty and wet!

Trip Dress Code: Dress should always be in accordance with the school's dress code in that it should be, at all times, modest, appropriate for the situation, not distracting, and not bring undue attention to the wearer. Special attention to the following areas is necessary to help promote a positive trip experience:

- **Shorts** should be at least fingertip length. Nike shorts (unrolled) or similar are acceptable; however, Softe or similar shorts are unacceptable.
- **T-shirts:** must not display inappropriate messages or symbols. No sleeveless shirts permitted.
- **Swimwear**
 - **Swimwear for men:** trunks are acceptable that fit at the waste and do not sag (even when wet) nor should they be too tight. No *Speedos* or form-fitting shorts (boardshorts type suits are best). A shirt must be worn to and from the swimming areas.
 - **Swimwear for ladies:** one-piece bathing suits only. *No bikinis or strapless suits.* No low cut, low back, and suits with cut-outs (which includes crochet or mesh). An appropriate cover-up must be worn to and from the swimming areas.

It is suggested to pack as light as possible, but bring what you need!

WHAT NOT TO BRING

- *Cell phones.* Please leave these at home as they do cause distractions. These may also be left in the office on Wednesday locked up until Friday. Parents may reach Mr. Salman for emergencies (Phone number provided in letter)
- Music devices or other electronic devices
- Anything prohibited from school. Please read the student handbook if you are unclear.

For by grace you have been saved through faith, and this is NOT your own doing; it is the gift of God, not a result of works so that no man may boast! Ephesians 2:8-9