

AUGUST | 2019

SAM HOUSTON ELEMENTARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
5	6 Powdered Donuts & Sausage Links Chicken Fillet /Bun, Broccoli, Potato PBJ Uncrustable	7 Cereal & Yogurt Mini Corndogs, Carrots, Potato Fish, Cornbread, Pinto beans	8 Chicken Fillet Biscuit Hamburger/Bun/Toppings, Potato, Vegetable Ham & Cheese Sandwich	9 Sausage, Biscuit & Gravy Cheese Sticks, Marinara Sauce & Green beans Chicken Salad Croissant
12 Muffin & Yogurt Popcorn chicken, Vegetable, Roll Turkey & Cheese Sandwich	13 Pancakes & Sausage Links Spaghetti, Meatballs, Sauce, Garlic Bread Baked Potato Bar	14 Cereal & Yogurt Chicken Fillet/Bun, Broccoli, Potato PBJ Uncrustable	15 Chicken Fillet Biscuit BBQ Riblette/Bun, Baked beans, Potato Ham & Cheese Sandwich	16 Sausage, Biscuit & Gravy Pizza, Corn, Baked Okra Quesadilla, Corn
19 Muffin & Yogurt Hot dog/ Bun, Chili, Potato Grilled Chicken/ Pretzel Bun	20 Pancake Sausage on a stick Taco meat, Soft shell, Toppings, Rice Baked Potato Bar	21 Cereal & Yogurt Chicken, Broccoli, Mac & Cheese, Roll PBJ Uncrustable	22 Chicken Fillet Biscuit Hamburger/Bun Toppings Vegetable, Potato Turkey & Cheese Sandwich	23 Sausage, Biscuit and Gravy Cheese Sticks, Marinara Sauce & Green beans Chicken Salad Croissant
26 Muffin & Yogurt Chicken, Vegetables, Roll Turkey & Cheese Sandwich	27 Powdered Donuts & Sausage Links Steak and Gravy, Mashed Potatoes, Peas, Roll PBJ Uncrustable	28 Cereal & Yogurt Chicken Patty/ Bun, Scalloped Potatoes Ham & Cheese Sandwich	29 Chicken Fillet Biscuit Corndog, Broccoli, Potato Baked Potato Bar	30 Sausage, Biscuit and Gravy Pizza, Corn, Baked Okra Quesadilla, Corn

News

Offered daily with all meals: Veggie Salad, Fresh and Canned Fruit.
MILK: 1%, Low Fat Chocolate, and Skim.

Cereal offered daily at Breakfast.

Menu subject to change.

USDA is an equal opportunity provider and employer.

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