## Dear Stoughton health care providers and Stoughton High School parents,

We hope all is going well. The purpose of this letter is to clarify the practices and procedures at Stoughton High School surrounding health concerns. We will outline the procedures involved if a student becomes ill and point out strategies that will aid our students when they are ill. Please note that collaboration is the main theme throughout the Stoughton High School process.

When a student is not feeling well, the first step of action is for the student to report to the main office. In the main office, the school health assistant or designee will have the student sit or rest on a cot. The health assistant or designee will check the student's temperature, make observations, and ask the student about symptoms. This information will be documented. The parent is contacted and informed of the observations and reported symptoms and is then able to make a decision about having the student go home. The school and parent are able to collaborate to discuss both what is seen at school and what is happening at home.

For illnesses of a longer duration, Stoughton High School encourages parents to seek out medical care. The parent is able to sign a release of information form allowing the school and the health care provider to collaborate. This provides the health care provider with information about the observations and reported symptoms that may aid in diagnosis and/or interventions. Furthermore, collaboration may help the school implement on site plans and interventions, which often leads to the student missing less school. In addition, when a medical excuse note if requested or required, we encourage health care providers to be as specific as possible in terms of dates to be medically excused.

Helping the child/student/patient is a team effort. Parents, school staff, and health care providers need to work together to find success. Thank you in advance for your support.

Together we can make a difference.

Eitan Benzaquen Laurel Gretebeck SHS Associate Principal District Nurse