

Standing Orders for Anaphylaxis

Stoughton Area School District (9/2014)

In the event of an anaphylactic reaction of a student or staff member and the person does not have their own prescribed Epi-Pen/Epi-Pen Jr.®, an “unassigned” Epi-Pen/Epi-Pen Jr.® may be administered by a staff member who has been adequately trained.

Definition: Anaphylaxis is a severe allergic reaction which can be life threatening. It may occur within minutes after a triggering event or up to hours later.

Common Triggers/Allergens: Extreme sensitivity to one or more of the following:

1. Food-peanuts, tree nuts, eggs, cow’s milk, fish, shellfish, soy and wheat
2. Pollen
3. Insect sting, usually bee or wasp
4. Medication
5. Asthma triggers
6. Latex
7. Exercise

Signs of Anaphylaxis: Person may experience localized hives (involve one area of the body like a cheek) and itching. Serious signs and symptoms include:

Neurological: paleness, weakness, sweating, dizziness, mental confusion, fainting or loss of consciousness

Respiratory: difficulty breathing, talking or swallowing; tight chest, continuous cough, stridor (noisy breathing), wheezing

Skin: generalized hives, flushing, swelling, itching, tingling sensation around the mouth or face

Gastrointestinal (GI): nausea, abdominal cramps, vomiting and diarrhea

Eyes: itchy, watery, swelling around the eyes

Nose and mouth: sneezing, runny, swelling of tongue, and metallic taste

Procedure: Trained staff will follow the attached flowchart.

Training: Designated staff will be trained to administer epinephrine auto-injector according to protocol. The training will be provided by the district nurse on an annual basis according to DPI medication training guidelines.

Location of EpiPen:

Physician Signature

Date

District Nurse Signature

Date

****Other symptoms (anaphylaxis)**

include:

- itching, tingling or swelling of lips, tongue, mouth; sneezing/runny nose, metallic taste
- generalized hives, itchy rash, swelling of the face or extremities; flushing
- nausea, abdominal cramps, vomiting, diarrhea;
- tightening of throat/chest, hoarseness, hacking cough;
- difficulty talking or swallowing
- shortness of breath, repetitive coughing, wheezing;
- weak or thready pulse, fainting, pale, blueness
- fainting, weakness, sweating, dizziness, confusion

*** Localized hives**

are hives in only one area of the body, i.e. on one cheek

Life Threatening Allergic Reaction suspected

What are the symptoms?

Localized hives*

Any other symptoms**

NO

Continue to monitor and call parents

Give Epi-Pen:

If wt. > 60 lbs. (~ 8 years old or >), Give Epi-Pen (0.3 mg)
If wt. ~30-60 lbs., give Epi-Pen Jr. (0.15 mg)

Call Parents

Call 911 and parents state that a life threatening allergic reaction is occurring and additional epinephrine may be needed

Are parents available?

NO

Maintain airway; monitor circulation - perform CPR if indicated
EMS transport to hospital

YES

Follow parent instruction/wait for arrival

Any other symptoms?

NO

YES

