



The Social Emotional Side of Learning Differently



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This Morning's Gameplan

- Who is in the room?
 - Warm up Activity
 - We want Questions!
- Framing The Challenge
 - A brief understanding of why we have jobs and why you gave up your morning
- Deeper Dive: Anxiety, Attention/EF, Spectrum of Self Perception
 - Share our Lens & Language
 - How to skill build
- Pocketed Question Time!



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Who is in the Room?

Ages



I Agree



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Questions?!?!?!?



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Framing the Challenge



Deeper Dive: What's On The Plate?



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Strengths Shout Out!



How We Look at Each Plate



3 1/2 Guiding
Principles for
how we look at
challenging
behavior



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Guiding Principle #1

IT'S ~~NOT~~
ABOUT YOU

INNOVATIVE

Guiding Principle #2

SUPPORTIVE

Remember:

Behavior = Communication!

www.chartnc.com

Guiding Principle #3



**Kids do well
if they can**

• DR. STUART ABLON, THINK-KIDS •

Children do
well if they

CAN

- Ross W. Greene



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Guiding Principle #3.5



"What do you say you let me do a little gathering for a while."



Humans (especially kids) aren't naturally **lazy**. It is an adaptive trait!

Meaty Item #1: Anxiety

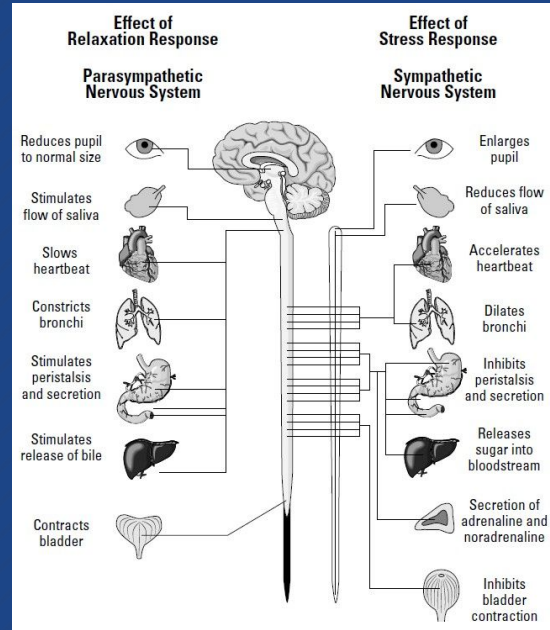
What does this look like?



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Meaty Item #1: Anxiety

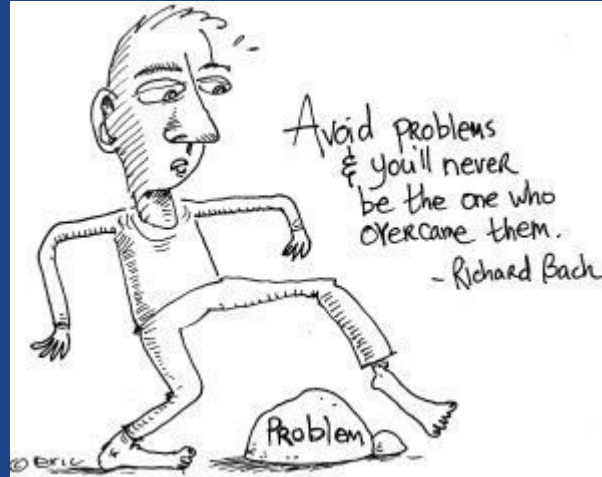
Skill Development & Resources



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Meaty Item #1: Anxiety

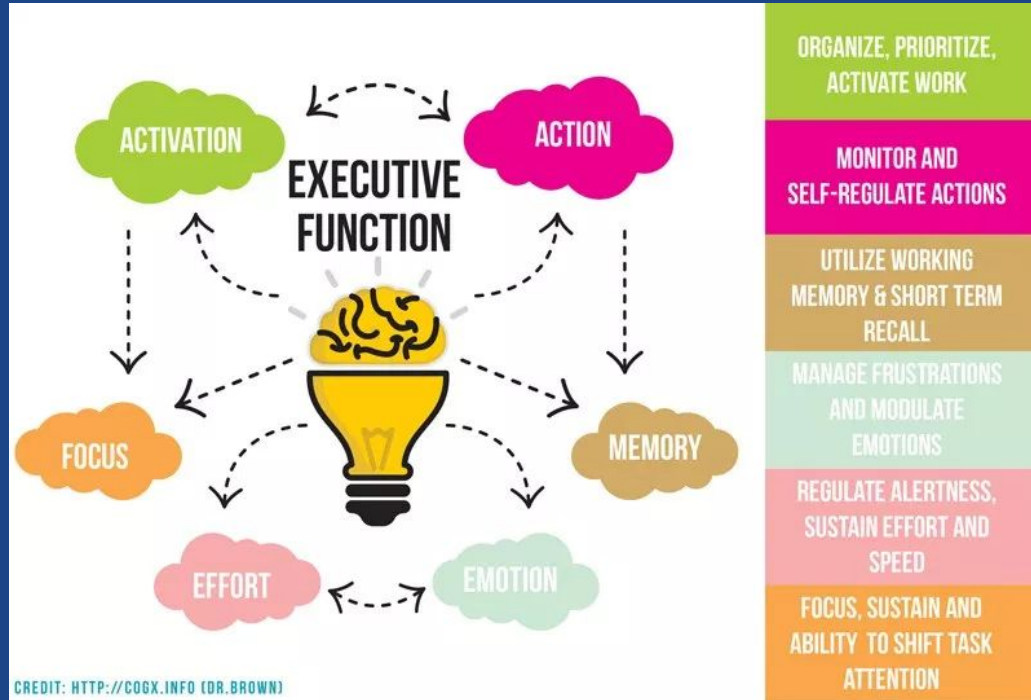
Interventions



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Meaty Item #2: Attentional/ Executive Function

What does this look like?



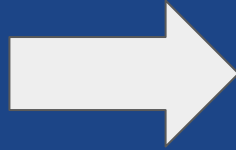
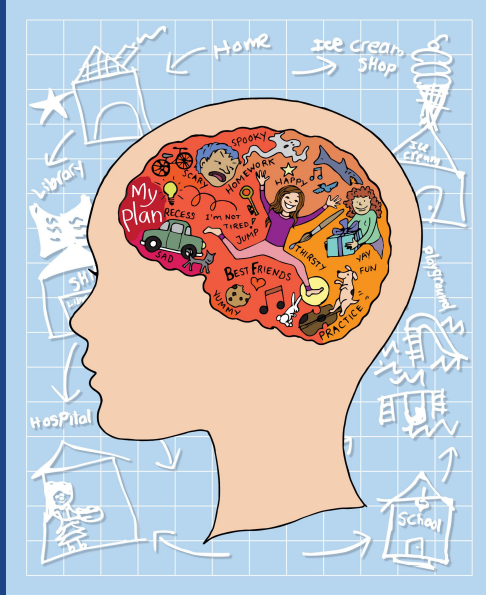
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Meaty Item #2: Attentional/ Executive Function

Skill Development & Resources



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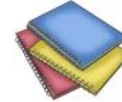
Meaty Item #2: Attentional/ Executive Function Interventions



Executive Functioning Skills



Planning is the ability to figure out how to accomplish our goals.



Organization is the ability to develop and maintain a system that keeps materials and plans orderly.

Time Management is having an accurate understanding of how long tasks will take and using time wisely and effectively to accomplish tasks.



Task Initiation is the ability to independently start tasks when needed. It is the process that allows you to just begin something even when you don't really want to.



Working Memory is the mental processes that allow us to hold information in our minds while working with it.



Metacognition is being aware of what you know and using that information to help you learn.

Pathway
2 SUCCESS

Self-Control is the ability to regulate yourself, including your thoughts, actions, and emotions.



Attention is being able to focus on a person or task for a period of time and shifting that attention when needed.



Perseverance is the ability to stick with a task and not give up, even when it becomes challenging.



Flexibility is the ability to adapt to new situations and deal with change.

www.thepathway2success.com



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Meaty Item #3: Spectrum of Self Perception

What does this look like?



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Meaty Item #3: Spectrum of Self Image

Skill Development, Resources & Intervention



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Pocketed Question Time!



Resources



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- **Growth Mindset/Resilience:** Carol Dweck
 - Mindset
- **Self Perception:** David Fink
 - Thinking Differently
- **Challenge Behavior:** Jessica Minahan
 - Behavior Code
- **Challenging Behavior:** Think Kids
- **Anxiety:** Lynn Lyons
 - Anxious Kids, Anxious Parents
- **Motivating Struggling Students:** Melissa Orkin
- **New Narrative/Strength Based:** Dyslexic Advantage