

## 3.6 STUDENT HEALTH

### 3.61 ON-CAMPUS HEALTH CENTER

#### **Mission Statement for the LAS Health Center:**

The Health Center's mission is to provide holistic healthcare to the students of LAS, including preventative measures, treatment of illnesses, accidents, and mental health issues. The Health Center staff strive to promote continuity of care as well as cultural sensitivity, collaborating with all departments within the school as well as local healthcare providers to achieve an optimum standard of care for each and every student, while striving to minimize the disruption to academics and after-school activities.

There are health centers on both the Savoy and Belle Époque Campuses. The Health Center staff consists of 3 full-time nurses, 2 counselors, a Health Center Director and a Health Center Assistant. The staff are experienced, trained medical professionals and we request that parents support the Health Center's decisions.

#### 3.611 Contacting the LAS Health Center

Students are encouraged to visit the Health Center during scheduled clinic hours. If a student becomes ill outside of clinic hours, they must first talk to their teacher, dorm staff or other adult who will assist them in accessing medical care, which may include calling the school nurse on call or writing a note to allow them to leave class.

Parents wishing to contact the Health Center staff should call **+41 24 493 4833** during school hours or email nursing staff at [nurses@las.ch](mailto:nurses@las.ch). In the case of an emergency, parents should call the Administrator-on-Call at **+41 79 386 9305**.

#### 3.612 Clinic Hours and Doctor Clinic

Our Health Center operates clinics every school day before school and during lunch (except during ski season when there is only a morning clinic). A nurse and counselor are on call 24 hours, 7 days a week. Once a week, the town doctor visits LAS to see students by appointment. If a student needs to see a doctor outside of this period, Health Center staff can schedule that appointment. The school's health insurance plan covers the cost of medical care approved by the insurance provider. If students or their families choose to seek care independent of the LAS plan, they will be responsible for the cost of this treatment.

## 3.62 SCHOOL HEALTH PLAN

Legally required LAS Accident and Health insurance is included in tuition fees and covers students throughout the annual calendar year. Students are also covered for personal liability insurance, household theft and breakage, subject to insurance terms and conditions.

Accident and Health insurance covers 100% of hospitalization and ambulatory treatment expenses within Switzerland in a general ward. Dental care and eye care are excluded, except in the case of an accident. For all students, there is a CHF 200 health insurance participation, per semester, that is charged to the personal account. Worldwide cover for emergency treatment only outside Switzerland.

### 3.621 Medical Records

LAS uses Magnus Health SMR (Student Medical Record) to manage medical records. There are many benefits to this system, including less paperwork for parents to complete each year. The system allows for more accurate information that is accessible to parents and the appropriate employees at our school. As this is a web-based system, you have continuous access to health records as well as the ability to make updates when needed. All medical records are confidential and hard copy files are housed in a locked storage area in the Health Center. When a student visits the Health Center to see a nurse, a treatment note is logged and an email will automatically be sent to the parent/guardian on file, notifying them that the student has been seen for a health issue and that they must log in to Magnus Health to view the details of the student's visit.

When enrolling in **Magnus Health**, parents are prompted to read and acknowledge the Parent Health Center Policy and Procedure Manual which provides further detailed information on all Health Center related matters.

### 3.622 Confidentiality

All information shared with the Health Center staff is confidential. This confidentiality includes sexual health details. Information may be shared between the nursing staff or counselor on a professional level so they may perform their responsibilities. Faculty are also bound by codes of confidentiality and agree to exercise professional discretion in the sharing of information. Health Center staff make every effort to keep parents informed about routine medical care via email notifications from Magnus Health. While we respect the student's right to confidentiality, parents will be contacted in case of an emergency, or if there is an imminent threat to a student's physical or mental health.

### 3.63 OFF-CAMPUS MEDICAL CARE

All off-campus medical care is coordinated through the Health Center team. The Health Center must receive a student's request through Boardingware. Requests for off-campus care can include dental, medical, and counseling appointments. If a student's need is non-urgent, the Health Center staff will make arrangements with student's parents that do not interfere with the student's academic commitments. These arrangements may include having the student see a specialist in their home country while on break, or having a parent present in Switzerland in cases involving complex care. We ask parents who have arranged a private medical appointment for their student to inform the Health Center staff. This information will give us a full picture of the student's health and avoid duplication of services.

Health Center staff will arrange student transportation to non-urgent medical appointments. Students may be accompanied by a nurse, another responsible adult at the school, or by a driver, depending on the medical issue and needs of the student. Payment for staff escort and driver fees for off-mountain appointments will be charged to the student's personal account.

Health Center staff will schedule initial appointments for students with outside providers such as dentists, physiotherapists, orthodontists and opticians. However, the student is responsible for attending these appointments and, at times, scheduling follow-up visits. Appointments that are cancelled less than 24 hours before the appointed time are subject to a cancellation fee as are missed/forgotten appointments. If a student routinely misses scheduled appointments, the Health Center will contact the student's parents and may decline to schedule further appointments. In these cases, students should arrange for follow-up visits themselves.

### 3.64 ILLNESS ON A SCHOOL DAY

Students who are ill should attend the morning clinic at their respective campus, in dress code, for assessment. If students become sick during the school day, they must ask for a pass from their class teachers to visit the Health Center.

### 3.65 EXCUSED FROM CLASSES

Beds are available during the school day for students who are too ill to attend classes. Unwell students rest in the Health Center where they can be monitored. Only in special circumstances may a student be permitted to stay in the dorm with the approval of the nurse and residential staff.

Health Center staff will determine whether a student is too ill to attend classes on any given day. If students are too ill to attend classes, it is assumed that they also cannot participate in afterschool activities, socializing and weekend travel opportunities. Students who rest during the school day are assigned a Health Promotion early check-in for that evening to encourage their rest and recovery.

#### 3.651 Health Promotion

If a student has rested in the Health Center for the day they are expected to check-in at 19:00 (early check-in time) in the dorm. If they rest in the Health Center on a Thursday or Friday before a Pass weekend their Pass privileges will be suspended to promote their recovery. When a student is ill and resting during the school day, they are not allowed to go off campus for lunch.

### 3.66 ILLNESS AT NIGHT OR ON THE WEEKEND

Students who become ill after hours should first contact the dormitory duty supervisor or the weekend faculty rover by calling the duty phone. Each dormitory has a first aid kit that contains a supply of basic medicines to treat minor problems like headache, fever or minor cuts. If medical care is necessary the adult on duty will contact the Nurse on Call.

### 3.67 MEDICATIONS

The Nursing staff check all medicines that students bring to LAS. All over the counter, homeopathic and prescription medication must be registered with the Health Center. Students may not keep any medications in their dorm rooms unless they are approved by the Nursing staff.

- Nursing staff will manage dispensing of regular medications.
- Students must hand in to the Nursing staff any controlled medications, which will be kept in the Health Center.
- Students should never share medications.
- All prescription medicines MUST be clearly labeled with the prescribing physician's name and full name of recipient.
- All medication administered by the school must be accompanied by valid prescriptions from licensed physicians.

### 3.68 MEDICAL CONDITIONS REQUIRING ADVANCED CARE

If a student cannot walk to or attend class due to a more serious injury or illness, the Health Center staff will formulate a plan with the student's parents and dorm head. While the Health Center is able to provide some added assistance, the school cannot provide regular one-to-one care and transportation between buildings or care in the dorms outside of normal duty hours. Care plan options may include having the student return home until they are well enough to attend class, having the parents come to Leysin and temporarily care for the student, or having the parents pay for additional assistance.

If parents come to Leysin to care for their child, or if a parent is visiting their child in the hospital, the school asks that the parent take responsibility for the child's medical care. While the Health Center is happy to assist with information or navigating the Swiss healthcare system, in this scenario the student's parents will be considered legally responsible until the student returns to school.

### 3.69 PERSONAL, SOCIAL AND EMOTIONAL COUNSELING

School counselors assist with academic, careers, and personal/social development. Professional school counselors are trained in both education and counseling, allowing them to function as a facilitator between parents, teachers, and the student in matters concerning the student's goals, abilities and any areas needing improvement. School counselors provide services (both preventative and responsive) not only to students in need, but to all students. School counseling services include, but are not limited to, 1:1 counseling, small group counseling, faculty consultation and joint planning and/or classroom lessons. Students with ongoing issues who require regular counseling may be referred to an outside therapist. Parents will be contacted in these cases to provide consent for treatment and to authorize the fees to be charged to the student account. Students may make an appointment with a counselor themselves or may be referred by a parent, teacher or staff member. The counselor is responsible for referring students to the services of outside health professionals. If a student needs more intensive treatment, the Counselor, in conjunction with the school physician, will refer students to a psychiatrist or inpatient facility. Any student who harms or threatens to harm themselves or others may be asked to withdraw from school.