

THE
FRENCH
AMERICAN
SCHOOL *opening minds*



Afterschool Clubs
Fall/Winter 2019

Welcome to the Fall/Winter 2019 Clubs brochure.

This term's program is packed with exciting new activities, taught by a group of enthusiastic, motivated community members. Between art and sports and STEM-based learning, there is sure to be something for everyone.

Looking for specific skill-builders? We've got you covered.

Each after-school activity builds skills in one or more important areas: critical thinking, technological literacy, French, and many more.

After-school clubs take up the first session of Garderie and the session following is used as homework (etude) time.

For the 2019-2020 School Year, we have a **NEW** snack policy for Garderie. Children in Garderie **MUST** come with their own NUT FREE snack, the school will no longer provide snack.

Fall/Winter 2019 Club Guidelines

- Club costs and schedules vary. Please see the descriptions that follow for details.
- **Registration for clubs is confirmed upon full payment. Payment online will now be available. Registration will be on the first day of school Tuesday September 3rd in the office until Friday September 6th 2019.**
- Maximum enrollment for most clubs is between eight and ten children.
- Club costs **do not** include Garderie.
- Checks should be made payable to FASRI
- Clubs without sufficient enrollment may be cancelled.
- **Fall/winter clubs will begin the week of September 9 and end the week of January 17th**

Virginie Gherardi , Director of Extracurricular Programs

FALL/WINTER 2019 CLUBS

LA MATERNELLE (Activities for Pre-School, Pre-K, and K)

Cuisine Française – Grades K-3 (Grande-CE2)

Wednesdays or Thursdays 3:15 – 4:45 PM

Instructor: Lamia Benadouda

Language: French

Cost: \$300

Learn the art of French cooking in its original language! Work with your fellow chefs to create delicious treats while learning more about the culture of food in France. *Bon appétit!* Lamia has been teaching this class over a year now and she excels in everything she makes with the children.

Art Class – PS, PK & K (Petite, Moyenne, et Grande Sections)

Mondays, 3:15 – 4:15 PM

Instructor: Eleonore Ecorcheville

Language: French

Cost: \$300

Get your hands dirty and make something beautiful! In this class you will use your imagination to transform a ball of clay into a work of art, while learning different sculpting and art techniques as they go. The children will learn to work on their creativity through art! Eleonore has a wide range of projects planned for the kids that they will take home at the end of the club session in January.

NEW! BEGINNERS Spanish Club – MS&GS (Moyenne & Grande Section)

Mondays, 3:15 – 4:15 PM

Instructor: TBD

Language: Spanish

Cost: \$280

This club will be an introduction to Spanish language and culture. Throughout the semester we will be speaking, reading, and writing Spanish, as well as listening to Spanish music and games. Our goal is to have fun learning Spanish!

Ballet / Creative Movements – Grade PK & K (Moyenne & Grande Section)

Mondays, 3:15 – 4:15 PM

Instructor: Shirley Kayne

Language: English

Cost: \$280

This class will encourage balance, focus, flexibility, and strength. Students are introduced to dance terminology. They learn how to stabilize their bodies and perform fluid dance moves. A great way for children to express themselves through dance and creativity. The students will perform a small dance choreography that they learned in class, at the end of the fall club session in January.

Arabic Class – Grades PreK – 2 (Moyenne Section – CE1)

Thursdays, 3:15 – 4:15 PM

Instructor: Abdallah Benadouda

Language: Arabic

Cost: \$280

About the class: This class will beginners and intermediate how to speak in Arabic, taught by a native Arabic speaker.

Soccer – Grade K-2 (Grande section – CE1)

Wednesdays, 3:15 - 4:15 PM

Instructor: One on One Company

Language: English

Cost: \$260

Students will learn how to play as a team and build on their soccer skills and terminology. It's a great way for children to get some energy out, after a long day at school. Come enjoy France's favorite sport!

NEW! Zumba – Grades MS & GS (PRE/K & K)

Tuesdays, 3:15 – 4:15 PM

Instructor: Anick Kone

Language: English/ French

Cost: \$280

About the class: Dance which involves a combination of elements of West African, Latin, and Caribbean music and folkloric dance. Children will let out their energy through fun, high energy dance choreography. So you think you can dance!

Zoo Program – K(Grande section)

Tuesdays 3:15 – 4:15 PM

Instructor: Andrea Stein (Roger Williams Park Zoo)

Language: English

Cost: \$300

Every week professionals from Roger Williams Park Zoo will bring an animal and they will study the different animals' habitats and traits. The children will have activities to learn more about their new Friend. A great program for young developing minds!

NEW! ADVANCED German Club – K (Grande Section)

Tuesdays, 3:15 – 4:15 PM

Instructor: Kareen Asmus

Language: German

Cost: \$280

This club is a continuation from last year's German club, for kids who speak some German or are exposed to German at home. German instruction will continue to be offered in a social and fun environment, allowing kids to practice German with their peers. Language acquisition occurs through stories, songs, and hands-on art projects that reinforce the reading and writing skills we will learn and practice.

NEW! BEGINNERS German Club – K (Grande Section)

Wednesdays, 3:15 – 4:15 PM

Instructor: Kareen Asmus

Language: German

Cost: \$280

This club will be an introduction to German language and culture, through lots of hands-on art projects. Throughout the semester we will be speaking, reading, and writing German, as well as listening to German music. We love to go outside to practice vocabulary and have scavenger hunts indoors. Our goal is to have fun learning German!

NEW! Yoga Class – K (Grande Section)

Tuesdays, 3:15 – 4:15 PM

Instructor: Elyse (OM Kids Yoga)

Language: English

Cost: \$320

We will focus on yoga poses, group and partner poses, breathing exercises, flexibility, self-expression, and laughter. The children will be at the end of the class laying on mats and listening to music so they leave our class calm and relaxed.

NEW! Lego STEM Challenge K (Grande section)

Fridays, 3:15-4:45 pm

Instructor: Play Well (10 weeks program)

Language: English

Cost: \$320

Master your engineering skills with Play-Well TECKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

NEW! Karate – K (Grande Section)

Thursdays, 3:15 – 4:15 PM (6 Week Program, may be extended)

Instructor: Adam Osetek (World Martial Arts Federation)

Language: English

Cost: \$250

The children will learn the art of self-defense and focus on their ability to practice self-control. KARATE!

L'ELEMENTAIRE (Activities for Grades 1 – 5)

NEW! BEGINNERS German Club – 1-5(CP-CM2)

Wednesdays, 3:15 – 4:15 PM

Instructor: Kareen Asmus

Language: German

Cost: \$280

This club will be an introduction to German language and culture, through lots of hands-on art projects. Throughout the semester we will be speaking, reading, and writing German, as well as listening to German music. We love to go outside to practice vocabulary and have scavenger hunts indoors. Our goal is to have fun learning German!

NEW! ADVANCED German Club – 1-5 (CP-CM2)

Tuesdays, 3:15 – 4:15 PM

Instructor: Kareen Asmus

Language: German

Cost: \$280

This club is a continuation from last year's German club, for kids who speak some German or are exposed to German at home. German instruction will continue to be offered in a social and fun environment, allowing kids to practice German with their peers. Language acquisition occurs through stories, songs, and hands-on art projects that reinforce the reading and writing skills we will learn and practice.

Cuisine Française – Grades 1 – 3 (CP-CE2)

Wednesdays & Thursdays, 3:15 – 4:45 PM

Instructor: Lamia Benadouda

Language: French

Cost: \$300

Learn the art of French cooking in its original language! Work with your fellow chefs to create delicious treats while learning more about the culture of food in France. Bon appétit! Lamia has been teaching this class over a year now and she excels in everything she makes with the children.

NEW! Lego STEM Challenge – Grades 1-4

Fridays, 3:15-4:45 pm

Instructor: Play Well (10 weeks program)

Language: English

Cost: \$320

Master your engineering skills with Play-Well TECKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

NEW! Karate – Grades 1-5 (CP-CM2)

Thursdays, 3:15 – 4:15 PM (6 Week Program, may be extended)

Instructor: Adam Osetek (World Martial Arts Federation)

Language: English

Cost: \$250

The children will learn the art of self-defense and focus on their ability to practice self-control. KARATE!

NEW! Violin – Grades 1-5 (CP-CM2)

Wednesdays, 3:15 – 4:15 PM

Instructor: Bethanie Beaulieu

Language: English & French

Cost: \$280

Bring your violin and learn the fundamentals of violin techniques. Music is another language kids love to learn and practice. The earlier, the better!

NEW! Badminton - Grades 1 – 5 (CP – CM2)

Mondays, 3:15 – 4:15 PM

Instructor: Jean-Christoph Clerc

Language: French

Cost: \$280

Badminton is an excellent way for students to work on hand eye coordination and work as a team. This is a very popular sport in Europe. All equipment will be provided by the school.

NEW! BEGINNERS Spanish Club – 1-5 (CP-CM2)

Mondays, 3:15 – 4:15 PM

Instructor: TBD

Language: Spanish

Cost: \$280

This club will be an introduction to Spanish language and culture. Throughout the semester we will be speaking, reading, and writing Spanish, as well as listening to Spanish music and games. Our goal is to have fun learning Spanish!

NEW! Zoo Program – 1 - 3 (CP -CE2)

Tuesdays, 3:15 – 4:15 PM

Instructor: Andrea Stein (Roger Williams Park Zoo)

Language: English

Cost: \$300

Every week professionals from Roger Williams Park Zoo will bring an animal and they will study the different animals' habitats and traits. The children will have activities to learn more about their new Friend. A great program for young developing minds!

NEW! Yoga Class – 1-5 (CP-CM2)

Tuesdays, 3:15 – 4:15 PM

Instructor: Elyse (OM Kids Yoga)

Language: English

Cost: \$320

We will focus on yoga poses, group and partner poses, breathing exercises, flexibility, self-expression, and laughter. The children will be at the end of the class laying on mats and listening to music so they leave our class calm and relaxed.

La Couture (Fashion Design) – Grades 2 - 5 (CE2 – CM2)

Thursdays, 3:15 – 4:15 PM

Instructor: TBD

Language: English

Cost: \$300

Sewing is a valuable skill for any child to learn. Create simple, hand-sewn projects at first, and then more elaborate works with the help of machines. Put your taste and imagination to work, and see what happens!

Ballet / Creative Movements – Grades 1-3 (CP-CE2)

Mondays, 3:15 – 4:15 PM

Instructor: Shirley Kayne

Language: English

Cost: \$280

This class will encourage balance, focus, flexibility, and strength. Students are introduced to dance terminology. They learn how to stabilize their bodies and perform fluid dance moves. A great way for children to express themselves through dance and creativity. The students will perform a small dance choreography that they learned in class, at the end of the fall club session in January.

NEW! Art Class – Grades 1- 5 (CP- CM2)

Thursdays, 3:15 – 4:15 PM

Instructor: Eleonore Ecorcheville

Language: French

Cost: \$300

Get your hands dirty and make something beautiful! In this class you will use your imagination to transform a ball of clay into a work of art, while learning different sculpting and art techniques as they go. The children will learn to work on their creativity through art!

NEW! Zumba – Grades 1-5 (CP-CM2)

Tuesdays, 3:15 – 4:15 PM

Instructor: Anick Kone

Language: English/ French

Cost: \$280

About the class: Dance which involves a combination of elements of West African, Latin, and Caribbean music and folkloric dance. Children will let out their energy through fun, high energy dance choreography. So you think you can dance!

Piano Lessons – Grades 1-5 (CP-CM2)

Tuesdays, Wednesdays, or Thursdays, 3:00-5:00PM (20 minute lessons once a week)

Instructor: Kari Tieger

Language: English/French

Cost: \$320

Kari Tieger has been teaching piano to the students at the French American School for many years!

NEW! Gymnastics – Grades 1-5 (CP-CM2)

Wednesdays, 3:15 - 4:15 PM

Instructor: Audrey Michaels

Language: English/French

Cost: \$240

A fun-filled program that builds students' self-confidence and physical strength. Balance, coordination, flexibility and strength grow as students participate in basic gymnastics. Emphasis will be put on each student's growth and development at their own pace. Instruction will be individually tailored to each student's experience and abilities.

Chess Club – Grades 1 - 5 (CP - CM2)

Tuesdays, 3:15 – 5:00 PM (players will be divided by experience & skill level if possible)(two 45 minute sessions)

Instructor: Victor Batista

Language: English

Cost: \$280

Give your brain a workout! Chess players are natural strategists who can anticipate obstacles and think critically about the different outcomes of their actions: rare and valuable skills. Come learn this intense game! If you already know how to play, come and challenge your friends.

NEW! Coding – Grades 3 - 5 (CE2 - CM2)

Fridays, 3:15 – 4:15 PM

Instructor: Rishi Wagle from Brown University

Language: English

Cost: \$300

Amateur computer nerds wanted! Explore the different languages of code and a variety of programming software. This class will be led by a Brown-trained computer engineer.

NEW! Basketball/ Dodgeball - Grades 1 – 5 (CP – CM2)

Tuesdays, 3:15 – 4:15 PM

Instructor: One on One Company

Language: English

Cost: \$260

Basketball and dodgeball are an excellent way for students to work on hand eye coordination and work as a team. All equipment will be provided by the school. Your child will enjoy spending time with friends after school participating in sports

Science – Grades 3-5 (CE2-CM2)

Mondays, 3:15 – 4:15 PM

Instructor: Brian Pruvost

Language: English

Cost: \$280

Your child will learn science through fun activities and **science** experiments. We have a whole list of **fun ways** to learn and explore science with your little scientists.

NEW! Soap, Bath and Beyond – Grades 2-5 (CE1-CM2)

Fridays, 3:15 – 4:15 PM

Instructor: TBD

Language: English

Cost: \$280

The students will learn the art and science of soap making. They will also make scrubs, bath bombs, and organic lotions.

NEW! Fencing – Grades 2 - 5 (CE1- CM2)

Fridays, 3:15 – 4:15 PM (6 Week Program)

Instructor: Jill Ripa, RI Fencing Academy

Cost: \$220

En garde! This course will teach students the rules, techniques, and sportsmanship required to master the sport. Work on physical fitness, discipline, sportsmanship, and gross motor skills. Fencing groupings depend on enrollment numbers, age range, and student experience.

Guitar Lessons – Grades 3 – 5 (CE1 – CM2)

Wednesdays, 3:15 – 5:15 PM (30-minute lessons)

Instructor: Victor Batista

Cost: \$280. Families will provide a guitar for their child.

Bring your guitar and learn the fundamentals of classical guitar techniques: finger picking and strumming, scales, chords, and some light music theory. Music is another language kids love to learn and practice. The earlier, the better!

Soccer – Grade 1 -3 (CP – CE2)

Tuesdays, 3:15 - 4:15 PM

Instructor: One on One Company

Language: English

Cost: \$260

Students will learn how to play as a team and build on their soccer skills and terminology. It's a great way for children to get some energy out, after a long day at school. Come enjoy France's favorite sport!

NEW! Arabic Class – Grades 1 & 2 (CP & CE1)

Thursdays, 3:15 – 4:15PM

Instructor: Abdallah Benadouda

Language: Arabic

About the class: This class will teach beginners how to speak in Arabic, taught by a native Arabic speaker from Algeria.

LES COLLEGIENS (Activities for Grades 6 – 8)

NEW! Band – Grades 6-8

Mondays, 3:15 – 4:15PM

Instructor: Thomas Keohane

Language: English/French

Cost: \$260

Each term, students will work on performing one (or more, if time allows) song or instrumental piece of the students' choice (with guidance from Mr. Keohane). Each piece will be chosen/arranged to be level-appropriate.

Chess Club

Tuesdays, 3:15-5:00 PM (players divided by experience & skill level if possible)

Instructor: Victor Batista

Cost: \$280

Give your brain a workout! Chess players are natural strategists who can anticipate obstacles and think critically about the different outcomes of their actions: rare and valuable skills. Come learn this intense game! If you already know how to play, come and challenge your friends.

Coding – Grades 6,7,8 (6eme, 5eme, 4eme)

Fridays, 3:15 – 4:15 PM

Instructor: Rishi Wagle from Brown University

Language: English

Cost: \$300

Amateur computer nerds wanted! Explore the different languages of code and a variety of programming software. This class will be led by a Brown-trained computer engineer.

NEW! Guitar Lessons

Wednesdays, 3:15 – 5:15 PM (30-minute sessions)

Instructor: Victor Batista

Cost: \$280. Families will provide a guitar for their child.

Bring your guitar and learn the fundamentals of classical guitar techniques: finger picking and strumming, scales, chords, and some light music theory. Music is another language kids love to learn and practice. The earlier, the better!

Piano Lessons – Grades 6-8

Tuesdays, Wednesdays, Thursdays, 3:00-5:00PM (20 minute lessons)

Instructor: Kari Tieger

Language: English/French

Cost: \$320

Kari Tieger has been teaching piano to the students at the French American School for many years!

NEW! Fencing

Fridays, 3:15 – 4:15 PM (6 Week Program)

Instructor: Jill Ripa, RI Fencing Academy

Cost: \$220

En garde! This course will teach students the rules, techniques, and sportsmanship required to master the sport. Work on physical fitness, discipline, sportsmanship, and gross motor skills. Fencing groupings depend on enrollment numbers, age range, and student experience.

NEW! ADVANCED Spanish Club

Mondays, 3:15 – 4:15 PM

Instructor: TBD

Language: Spanish

Cost: \$280

This club will be an introduction to Spanish language and culture. Throughout the semester we will be speaking, reading, and writing Spanish, as well as listening to Spanish music and games. Our goal is to have fun learning Spanish!