

USE OF PERFORMANCE-ENHANCEMENT SUBSTANCES BY ATHLETES

Background

The Mt. Lebanon School District has long been committed to the maintenance of an academic environment free from all forms of drug abuse, including the potential use, possession or distribution of anabolic steroids and other substances that are taken for the purposes of muscle enhancement or enhancement of athletic ability.

Objective

It is the objective of this policy to provide education regarding the abuse of drugs, such as anabolic steroids in conjunction with its overall drug and alcohol abuse curriculum and programs and to prohibit the use of anabolic steroids and substances that are taken for the purposes of muscle enhancement or enhancement of athletic ability including but not limited to creatine, human growth hormone and amphetamines by students involved in athletics, and to provide penalties for the unauthorized use of anabolic steroids by such students in compliance with Act No. 93 of 1989 of the Pennsylvania legislature.

Policy

It shall be the policy of the School Board to:

1. Prohibit the use of anabolic steroids, creatine, human growth hormone, amphetamines and other performance-enhancing substances that are taken, except for a valid medical purpose, by any student involved in school-related athletics. Body building, muscle enhancement, increasing muscle bulk or strength, or the enhancement of athletic ability is not a valid medical purpose.
2. Provide education regarding the dangers of anabolic steroids with any other drug and alcohol program required by law.
3. Prescribe the following minimum penalties for any student found in violation of the policy which may be cumulative or concurrent with any disciplinary action imposed by violation of other policies, rules or regulations of the District:
 - a. For a first violation, suspension from school athletics for the remainder of the season.
 - b. For a second violation, suspension from school athletics for the remainder of the season and for the following season.
 - c. For a third violation, permanent suspension from school athletics.
4. Violators will also be subject to Policy JFCI, Student Drug and Alcohol Offenses.

5. Limit eligibility for participation in school athletics. No student shall be eligible to resume participation in school athletics unless there has been a medical determination that no residual evidence of steroids exists. The District may require participation in drug counseling, rehabilitation, testing or other program as a condition of reinstatement into a school athletic program.

Administrative Responsibility

It is the responsibility of the Administration to implement and enforce this policy, and to develop Administrative Procedures for implementation or enforcement where necessary.

Communication

This Policy shall be communicated to:

1. All District personnel
2. All students
3. The Mt. Lebanon community

Adopted November 19, 1990
Revised November 15, 2004
Reviewed May 08, 2017